LET’S GET INVOLVED!

@McGill
WHERE TO START?

There are so many ways to get involved at McGill! Here are a few places to start, but in no means is a comprehensive list.

Activities Night
Discover over 250 student clubs, services, and independent student groups that McGill has to offer in September and January – see ssmu.ca/student-life/clubs-services-isp/

Get Engaged
Check out Engage McGill to guide and give you an overview of opportunities and events across campus! You can also find a full list of clubs and student groups here, and leadership workshops here. You can also join a Peer Program, such as the First Friend program.

ACCE Team
Attended these workshops and wanting to do more? Join the ACCE Team to enrich your leadership skills while facilitating these workshops!


MyInvolvement
MyInvolvement is your online portal for student involvement and skills building. Find workshops, events, student organizations, McGill-based volunteer opportunities, and other meaningful learning opportunities all in one place! This is where your Co-Curricular Record is housed – reflecting your learning opportunities outside the classroom.

https://involvement.mcgill.ca/

SKILLS21
Here’s the link to a skills development program designed to teach you valuable skills outside of the classroom – skills for the 21st century!

www.mcgill.ca/skills21/

McGill Athletics & Recreation
Something for everyone! Stay active, meet new friends and try something new at the McGill Sports Complex.

Some activities include:
- Club Sports
- Fitness Groups
- Intramurals
- Varsity Sports

mcgillathletics.ca

CaPS (Career Planning Services)
Plan your career path. CaPS office can help you find a career related job or internship. Workshops, CV Review, LinkedIn Review and more!

mcgill.ca/caps

McGill Scholarships & Student Aid
Information and advice about paying for tuition, financial aid, government aid, scholarships, WorkStudy program and more.

Find out more about managing your money with the Frugal Scholar Program!

mcgill.ca/studentaid

RESOURCES

Student Wellness Hub
Here to support you. Providing access to basic physical and mental services, health promotion and peer support programs.

Services available such as:
- General Practitioners
- Nurses
- Dietitians
- Access Advisors
- Counsellors
- Psychiatrists

mcgill.ca/wellness-hub

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# Getting Involved

**In your first year**

**SUGGESTED ASSOCIATIONS FOR FIRST YEARS**

Click [here](#) for a complete list.

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<tr>
<th>Association</th>
<th>Description</th>
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<td>EUSJC</td>
<td>EUS Junior Council Engineering Undergraduate Society</td>
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<td>FASC</td>
<td>First-Year Events, Academics &amp; Representative Council Student’s Society of McGill University</td>
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<td>FYRE</td>
<td>First-Year Representatives of Education Education Undergraduate Society (EdUS)</td>
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<td>FYC</td>
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