



McGill

Faculty of  
Medicine and  
Health Sciences

Faculté de  
médecine et des  
sciences de la santé



August 2023

**MESSAGE FROM THE CHAIR OF EMERGENCY MEDICINE**

Dear Faculty,

The strategic planning event is a crucial exercise for our department. I would urge you to participate.

Your executive committee has decided to make our very successful Health Informatics committee a new pillar of our structure. The executive also agreed to make Innovation a new pillar on its own. I believe Innovation is an extremely important subject that is very promising in terms of crowding, quality of practice and quality of care. It regroups virtual care (teletriage, telemedicine), hospital at home, alternatives to hospitalisations, urgent care centers, AI (prediction tools, precision/personalized medicine), clinical decision support systems, and more.

Please email me if you're interested in participating in this very exciting, game changing initiative.

Take care and stay safe,

Marc

**\*\*\*REMINDER\*\*\* STRATEGIC PLANNING EVENT – PLEASE RSVP!**

A reminder to everyone to please [RSVP](#) for the *Department of Emergency Medicine's Strategic Planning event*, scheduled for October 23, 2023:

Also, please complete the survey:

<https://www.surveymonkey.com/r/EmergencyMedicineStrategicPlanningEvent2023>

**DEM CPD Committee / DMU Comité de développement professionnel continu (DPC)**

We are looking for representatives from the Lakeshore and Gatineau to join Joe Nemeth (Chair), Anali Maneshi (SMH) Mitch Shulman (MUHC), Jean Su (MUHC) and Willis Grad (JGH). This new committee

Distribute via listserv: [MCGILL\\_DEPT\\_EMERGENCY\\_MEDICINE@LISTS.MCGILL.CA](mailto:MCGILL_DEPT_EMERGENCY_MEDICINE@LISTS.MCGILL.CA)

will meet for the first time in the fall. The committee is responsible for promoting best practices in CPD. They will work in close collaboration with internal (McGill and partner institutions) and external education organizations to optimize and personalize delivery of CPD programs and initiatives for the DEM, across all clinical sites and to the emergency medicine community at large. If you are interested, please contact [admin.emergency@mcgill.ca](mailto:admin.emergency@mcgill.ca)

Nous recherchons des représentants du Lakeshore et de Gatineau pour se joindre à Joe Nemeth (président), Anali Maneshi (SMH), Mitch Shulman (CUSM) et Jean Su (CUSM). Ce nouveau comité se réunira pour la première fois à l'automne. Le comité est responsable de promouvoir les meilleures pratiques en DPC. Le comité travaillera en collaboration avec les organismes internes d'enseignement (McGill et établissements partenaires) et externes pour optimiser et personnaliser la prestation des programmes et des initiatives de DPC pour le DMU, dans tous les sites cliniques et pour la communauté de la médecine d'urgence dans son ensemble. Si vous êtes intéressé, veuillez contacter [admin.emergency@mcgill.ca](mailto:admin.emergency@mcgill.ca)

**It's not too late to sign up for CPD group email!**

*-highlight important contemporary lit' (EM/Trauma/Tox/PEM/etc)  
-discuss interesting cases/controversial treatment  
-heads up on upcoming CPD events (local/national/international)  
-introduce relevant FOAM*

If interested, please send an email to: [joe.nemeth@mcgill.ca](mailto:joe.nemeth@mcgill.ca)

## WELLNESS CORNER

During the summer months many of us take a well-deserved break from the ED – some time off, to rest, relax and reconnect with the people and activities that keep us sane and allow us to recharge our batteries so that we can continue to give our time, attention, and energies to others while at work. Whether you are kicking back on the beach, at the cottage or in your own backyard, here are a few links to some recent wellness rounds that you can peruse at your leisure.

- Joint JGH-MUHC Wellness Rounds (October 21, 2021) – “The Power of Resilience” with Dr. Mamta Gautam  
<https://www.dropbox.com/s/ytgir51o6m65158/MamtaGautamRoundsOct2021.mp4?dl=0>
- Inaugural DEM Annual Wellness Rounds (Feb 14, 2022) – Wellness with Dr. Rob Orman  
[https://www.dropbox.com/s/09jwmuhjmjit8ys/DEM%20Wellness%20Rounds\\_Dr.%20Orman\\_2022-02-14\\_F.mp4?dl=0](https://www.dropbox.com/s/09jwmuhjmjit8ys/DEM%20Wellness%20Rounds_Dr.%20Orman_2022-02-14_F.mp4?dl=0)
- DEM Annual Wellness Rounds (May 18, 2023) – “Money Matters” with Dr. Paul Healey  
<https://www.dropbox.com/s/3e9xmg9ymdhhb7w6/FinancialWellness.mp4?dl=0>

McGill offers webinars to Faculty throughout the year on a range of topics, including some that are wellness related. Below are links to the session information pages for 2 upcoming webinars offered through McGill's My Healthy Workplace, both in early August.

- Psychological Protection - One of the 13 Psychosocial Factors in the Workplace (August 8 @ 11a-12:15p)  
<https://www.mcgill.ca/myhealthyworkplace/channels/event/psychological-protection-one-13-psychosocial-factors-workplace-348820>
- Workspace Ergonomics (August 3 @ 10:30-12p)  
<https://www.mcgill.ca/myhealthyworkplace/channels/event/ergonomics-onsite-offsite-and-between-348817>

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Be safe, be well, be kind ... and enjoy what's left of summer!



[New simulation centre helps prepare Emergency staff for difficult real-life cases](#)

Submitted by Dr Errol Stern, JGH EM

***EM members are encouraged to send any items to share in the Newsletter! Kindly send submissions to: [admin.emergency@mcgill.ca](mailto:admin.emergency@mcgill.ca)***

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