



McGill

Faculty of  
Medicine and  
Health Sciences

Faculté de  
médecine et des  
sciences de la santé



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#### MESSAGE FROM THE CHAIR OF EMERGENCY MEDICINE

Hi all,

I am happy to report that I have been reappointed for a second term as chair of the McGill Department of Emergency Medicine. The second term is for 5 years.

A major priority that the department has is to set up a strategic planning exercise that will start in the fall of 2023 together with Maria-Isabel Ramirez and our executive committee. We have already started to set up the preparation for this important exercise. We have two major goals, firstly the extensive, active participation of the faculty members and secondly the main objective of identifying the three priorities for the next three years that we will need to identify together through the strategic planning exercise.

You will be updated on a regular basis and your active participation is crucial to the success of this exercise,

I am sure we can count on your collaboration.

**DR. ROBERT PRIMAVESI, ASSOCIATE CHAIR EDUCATION**

Dr Jerman Chirgwin is this year's recipient of the **David S Kahn Award for Outstanding Teaching.**

Dr David S Kahn was a pathologist at St-Mary's Hospital. He was a highly esteemed exceptional physician and a renowned teacher. He was also a model of integrity, wisdom, and compassion. He was a wonderful mentor both in medicine and in life.

These are qualities that describe Jerman very well. Congratulations from the McGill Emergency Medicine community!

## WELLNESS CORNER

Thank you to all who have responded to the McGill ED Physician Wellness Initiative Review. We've collected over 70 responses from ED Physicians across our ADEM network.

Here are some early results from the survey which you may find interesting:

- It's clear that a sense of safety has a tremendous impact on our wellbeing. Survey results showed that 25% of respondents feel like their working environment is unsafe. Furthermore, over 50% reported that security staff in their hospital are inadequate or limited in number.
- The dangers of driving while tired are well known<sup>1</sup>, yet over 60% of ED physician respondents reported they do not have access to a room where they can sleep during or after a night shift.

Stay tuned for more survey results as we continue to analyze the responses.

If you haven't answered our survey, please help us out and head to:

[https://docs.google.com/forms/d/e/1FAIpQLSdl0zRTtJPAhLXqralcopZHL9CV81mKmlc94f0eBWGr04ydSg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdl0zRTtJPAhLXqralcopZHL9CV81mKmlc94f0eBWGr04ydSg/viewform?usp=sf_link)

Responses are fully anonymous.

<sup>1</sup> A recent study in *Proceedings of the National Academy of Sciences (PNAS)* evaluated the safety of night shift workers driving home immediately after an overnight shift. Not surprisingly, they found that participants had higher rates of lane excursions and self-reported drowsiness, as well as 37.5% of individuals that were involved in near-crashes, compared to 0% in those who had slept. (<https://www.pnas.org/doi/10.1073/pnas.1510383112>)

Your Wellness Team