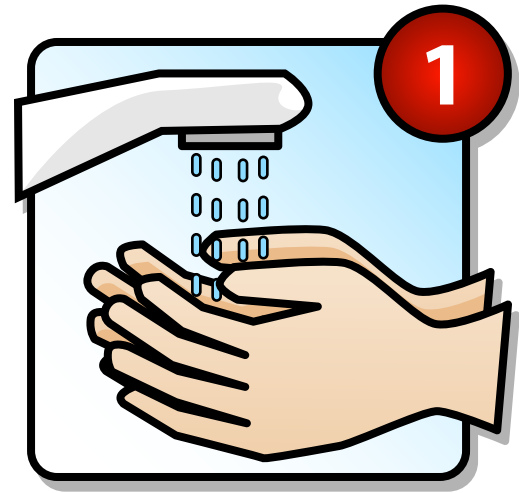


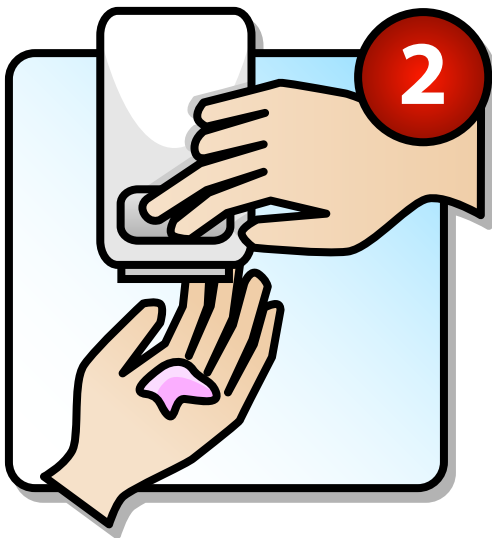


EFFECTIVE HANDWASHING

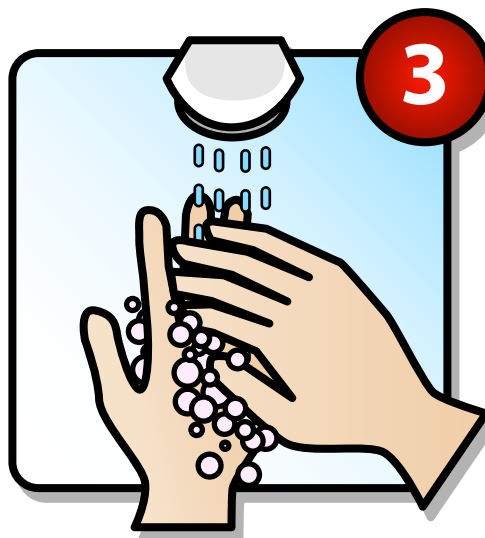
7 Steps to Prevent the Spread of Germs



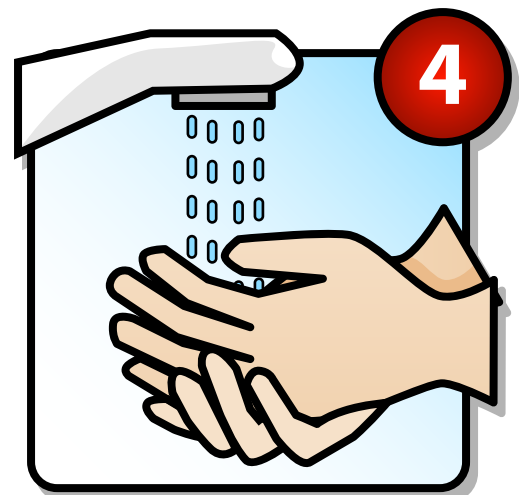
Turn on water to a comfortable temperature and moisten hands and wrists.



Apply a generous portion of liquid soap.



Generate a heavy lather and wash well for approx. 15 seconds. Clean between fingers, nail beds, under fingernails and backs of hands



Rinse well under running water.



Hold hands so that water flows from the wrist to fingertips.



Dry hands completely with clean paper towels or air dryer.



Turn off the faucet using a paper towel, if available.