

McGill University - Health and Safety
Quarterly First-Aid Kit Inspection Form
Inspection Dates: January, April, July, October

First-aid Kit Information: Location (Lab/Room Number): _____ Department: _____

The reference manualⁱ used for the supplies is: "Secourisme en milieu de travail", 9^e édition, CNESST, Publication du Québec, published in 2022-07-14, p.203-212; ⁱⁱ

ACNOR (CAN/CSA Z1220-17) Standards For Workplace First Aid Kits ⁱ	Low			Higher			Isolate worker	Date (DD/MM/YYYY)					
	2-25 worke	26-50 worker	51- 100	2-25 worker	26-50 worker	51- 100							
Equipment													
Lister bandage scissors 14cm	1	1	1	1	1	1	-						
Splinter Forceps, Fine Point, 11.4 cm	1	1	1	1	1	1	1						
Face shield valve and filter	1	1	1	1	1	1	-						
Mylar Survival Wrap 132 x 213 cm	1	1	1	1	2	2	-						
Triangular Bandage, 40" side	2	4	8	2	4	8	1						
12 safety pins	1	1	2	1	1	2	1						
Nitrile, Medical examination glove, large, 1 pair	4	8	16	4	8	16	2						
Instant cold pack, small (4" X 6")	-	-	-	1	2	4	-						
Gauze pad sterile, 3x3 in., 12 ply, 1 / env.	12	24	48	12	24	48	6						
Gauze pad sterile, 4X4 in., 12 ply 1 / env.	-	-	-	6	12	24	-						
Roll omniform gauze sterile 2 in	1	2	4	1	2	4	1						
Roll omniform gauze sterile 3 in.	1	2	4	1	2	4	-						
Compression sterile bandage 4 x 4 in.	2	4	8	1	2	4	2						
Compression bandage sterile 6 x 6	-	-	-	1	2	4	-						
Tape adhesive , clear, 1in. X 10 y.	1	1	1	1	1	1	1						
BZK antiseptic towelette	25	50	100	25	50	100	6						
Plastic regular bandage (3 / 4 X 3 in)	10	25	50	10	25	50	10						
Plastic bandages 1"X3"	3	6	12	3	6	12	1						
Fabric bandage for knuckle	4	6	12	4	6	12	1						
Fabric bandage for fingertips, large	4	6	12	4	6	12	1						
Fabric bandage (2 X 3 in)	4	7	14	4	7	14	2						
Sterile Eye Pad, woven	-	-	-	2	2	4	-						
Eye sheild, plastic	-	-	-	2	2	4	-						
Gauze pads, non adherant, 2 X 3 in.	-	-	-	4	8	16	-						
12 x 24 in, Biohazard clear bag	1	2	2	2	4	8	1						
Black tourniquet	-	-	-	1	1	1	-						
Splint flexible aluminium and foam 4-1 / 4 X 36 in.	-	-	-	1	1	2	-						
Abdominal Pad 5 X 9in.	1	2	2	1	2	4	-						
Elastic Bandage 3 in.	-	-	-	1	2	2	-						
Bacitracin Zinc, First Aid Antibiotic Ointment, 0.9 g	6	12	24	6	12	24	2						
Hand Cleansing Moist Towelette	6	12	24	6	12	24	4						
Dex 4, Glucose Tablets, Orange, 10's	-	-	-	1	2	2	-						
Initials													

Additional Items Recommended by EHS	
McGill Un. Accident Report Form ⁱⁱⁱ	
Fiche “What to do in the case of exposure to blood?” ^{iv} [French only]	
Fiche “What to do in case of an allergic reaction?” ^v [French only]	
First Aid App ^{vi}	
Buy a Pocket guide ^{vii}	

Others links:

https://www.mcgill.ca/ehs/files/ehs/first_aid_in_the_workplace_6th_ed_csst_dc4007024a.pdf ;

F: [La formation des secouristes en milieu de travail – 9e édition \(mcgill.ca\)](#)

<https://www.cnesst.gouv.qc.ca/fr/prevention-securite/secourisme-en-milieu-travail/materiel-premiers-secours>

<https://www.santeautravail.qc.ca/web/rspat/dossiers/pfps>

<https://www.santeautravail.qc.ca/web/rspat/dossiers>

Tool to evaluate the risk:

- <https://risquesdelesions.cnesst.gouv.qc.ca/Pages/selectionsecteur.aspx>
- <https://www.cnesst.gouv.qc.ca/fr/prevention-securite/organiser-prevention/faire-un-programme-prevention/identifier-risques-dans-milieu-travail>

ⁱ https://www.mcgill.ca/ehs/files/ehs/first_aid_in_the_workplace_6th_ed_csst_dc4007024a.pdf ; **F:** [La formation des secouristes en milieu de travail – 9e édition \(mcgill.ca\)](#)

ⁱⁱ <https://www.cnesst.gouv.qc.ca/fr/prevention-securite/secourisme-en-milieu-travail/materiel-premiers-secours>

ⁱⁱⁱ https://www.mcgill.ca/ehs/files/ehs/ehs-form-001_v.2.3_accident_and_incident_reporting_form.pdf

^{iv} [Que faire lors d'une exposition au sang ? print pdf from CNESTT web site: Que faire lors d'une exposition au sang? | Commission des normes de l'équité de la santé et de la sécurité du travail - CNESTT \(gouv.qc.ca\)](#)

^v [Protocol pour l'administration d'adrénaline ; print pdf form : Epinephrine Administration Protocol | Commission des normes, de l'équité, de la santé et de la sécurité du travail - CNESTT \(gouv.qc.ca\)](#)

^{vi} <https://www.cnesst.gouv.qc.ca/fr/service-clientele/applications-outils/application-secourisme-en-milieu-travail>

^{vii} Call Medic, 514-631-9466 [most recent version], **French:** [La formation des secouristes en milieu de travail 3e édition \(gouv.qc.ca\)](#)

For Drug Overdose: Naloxone (also called Narcan) is a medication that is used as an antidote for opioid overdose. In Québec, naloxone is available free of charge and without a prescription at any pharmacy and in some health care settings. More Information available at :

<https://www.quebec.ca/sante/conseils-et-prevention/alcool-drogues-jeu/secourir-une-personne-en-possible-surdose-d-opioides#c6019>

<https://www.ramq.gouv.qc.ca/SiteCollectionDocuments/professionnels/infolettres/2018/info046-8.pdf>

To find a resource near you that always stocks naloxone: <https://sante.gouv.qc.ca/en/repertoire-ressources/naloxone/>

What do on camps at McGill for a suspected drug overdose?

<https://www.mcgill.ca/channels/channels/news/montreal-public-health-issues-warning-after-fatal-fentanyl-overdose-283966>

		Supplier			
ACNOR (CAN/CSA Z1220-17) Standards For Workplace First Aid KitsI	Atout Plus Part No.	First Aid Canada https://www.firstaidcanada.com/	Canadian Red Cross e-shop https://shop.redcross.ca/	First Aid Plus https://firstaidplus.ca/	Others (Miscellaneous)
Equipment		Links			
Lister bandage scissors 14cm	CIS6	https://www.firstaidcanada.com/product/bandage-scissors/	https://products.redcross.ca/products/stainless-steel-bandage-scissor?_pos=1&_sid=182ccba9d&_ss=r	https://firstaidplus.ca/products/lister-bandage-scissors-5-1-2?_pos=2&_sid=379ff236c&_ss=r	
Splinter Forceps, Fine Point, 11.4 cm	19156	https://www.firstaidcanada.com/product/splinter-forceps-fine-point/	https://products.redcross.ca/products/stainless-steel-splinter-forceps?_pos=1&_sid=dd734e720&_ss=r	https://firstaidplus.ca/products/splinter-forceps-tweezers-fine-point-4-5?_pos=1&_sid=e7d212601&_ss=r	
Face shield valve and filter	GK3050	https://www.firstaidcanada.com/product/cpr-face-shield-w-one-way-filtered-valve/		https://firstaidplus.ca/products/cpr-face-shield-with-one-way-valve-filter	
Mylar Survival Wrap 132 x 213 cm	DUKAL721	https://www.firstaidcanada.com/product/emergency-blanket-foil-mylar/	https://products.redcross.ca/products/mylar-blanket	https://firstaidplus.ca/products/emergency-rescue-blanket-silver-mylar-with-reflective-surface-disposable?_pos=1&_psq=blanket&_ss=e&_v=1.0	
Triangular Bandage, 40" side	TRIANGULAIRE	https://www.firstaidcanada.com/product/triangular-bandage-compressed/	https://products.redcross.ca/products/triangular-bandage?_pos=1&_sid=1f74ff26f&_ss=r	https://firstaidplus.ca/products/triangular-bandage-40-x-40-x-56-sterile-without-safety-pins?_pos=2&_sid=6bb09ab43&_ss=r	https://shop.cardinalhealth.ca/chc/medpro-triangular-bandage
12 safety pins	EPSU-12	https://www.firstaidcanada.com/product/safety-pins-assorted-sizes-12-pack/	https://products.redcross.ca/products/safety-pins?_pos=1&_sid=e977b50a6&_ss=r		
Nitrile, Medical examination glove, large, 1 pair	18765	https://www.firstaidcanada.com/product/nitrile-medical-examination-gloves-large-2-pack/	https://products.redcross.ca/products/nitrile-gloves?variant=46882202288422		
Instant cold pack, small (4" X 6")	14190	https://www.firstaidcanada.com/product/instant-cold-pack-small/	https://products.redcross.ca/products/instant-cold-pack-small?_pos=1&_sid=88e3011cb&_ss=r&variant=46882174304550	https://firstaidplus.ca/products/instant-cold-compress-4-x-5?_pos=1&_sid=e4387beea&_ss=r	

Gauze pad sterile, 3x3 in., 12 ply, 1 / env.	CS3-1	https://www.firstaidcanada.com/product/gauze-pads-7-6-x-7-6cm/	https://products.redcross.ca/products/sterile-square-gauze?variant=46882279522598	https://firstaidplus.ca/products/gauze-pad-12-ply-3-x-3?pr_prod_strat=e5_desc&pr_rec_id=4b21c2804&pr_rec_pid=8164770250984&pr_ref_pid=8164771954920&pr_seq=uniform	
Gauze pad sterile, 4X4 in.,12 ply 1 / env.	CS4-1	https://www.firstaidcanada.com/product/gauze-pads-10-2-x-10-2cm/	https://products.redcross.ca/products/sterile-square-gauze?variant=46882279522598	https://firstaidplus.ca/products/gauze-pad-12-ply-4-x-4?pr_prod_strat=e5_desc&pr_rec_id=c78fce29c&pr_rec_pid=8164771954920&pr_ref_pid=8164764549352&pr_seq=uniform	
Roll omniform gauze sterile 2 in	GAZ2-S	https://www.firstaidcanada.com/product/gauze-bandage-roll-5-1cm/	https://products.redcross.ca/products/sterile-roller-gauze?variant=46882279391526		
Roll omniform gauze sterile 3 in.	GAZ3-S	https://www.firstaidcanada.com/product/gauze-bandage-roll-7-6cm/	https://products.redcross.ca/products/sterile-roller-gauze?variant=46882279424294		
Compression sterile bandage 4 x 4 in.	PCS4	https://www.firstaidcanada.com/product/compress-bandage-10-2-x-10-2cm/		https://firstaidplus.ca/products/compress-bandage-4-x-4?_pos=1&_sid=b3345b421&_ss=r	
Compression bandage sterile 6 x 6	PCS6	https://www.firstaidcanada.com/product/compress-bandage-15-2-x-15-2cm/			
Tape adhesive , clear, 1in. X 10 y.	RAT1	https://www.firstaidcanada.com/product/clear-plastic-waterproof-tape/	https://products.redcross.ca/products/clear-surgical-tape?variant=46882095497510		
BZK antiseptic towelette	BZK-1	https://www.firstaidcanada.com/product/benzalkonium-chloride-bzk-antiseptic-towelettes/	https://products.redcross.ca/products/bzk-wipe?_pos=1&_sid=03d2272f0&_ss=r		
Plastic regular bandage (3 / 4 X 3 in)	PRP	https://www.firstaidcanada.com/product/plastic-bandages-1-9-x-7-6cm/	https://products.redcross.ca/products/plastic-bandages-0-75-x-3?_pos=1&_sid=22212fb26&_ss=r	https://firstaidplus.ca/products/plastic-adhesive-bandage-3-x-3-4-standard-strip?_pos=1&_sid=bf901472&_ss=r	
Plastic bandages 1"X3"	03040-1	https://www.firstaidcanada.com/product/plastic-bandages-2-5-x-7-6-cm/	https://products.redcross.ca/products/fabric-bandage-1-x-3?_pos=2&_sid=22212fb26&_ss=r	https://firstaidplus.ca/products/plastic-adhesive-bandage-3-x-1-standard-strip?_pos=2&_sid=bf901472&_ss=r	
Fabric bandage for knuckle	PJT	https://www.firstaidcanada.com/product/knuckle-bandages-3-8-x-7-6cm/	https://products.redcross.ca/products/fabric-bandage-knuckle-food-grade?_pos=1&_sid=2767a6d7a&_ss=r		
Fabric bandage for fingertips, large	PBD	https://www.firstaidcanada.com/product/fingertip-bandages-large-4-4-x-7-6cm/	https://products.redcross.ca/products/fabric-bandage-large-fingertip?_pos=1&_sid=1801bf7e2&_ss=r		
Fabric bandage (2 X 3 in)	PT23	https://www.firstaidcanada.com/product/fabric-bandages-large-patch-5-1-x-7-6cm/	https://products.redcross.ca/products/fabric-bandage-2-x-3-patch?_pos=1&_sid=167af456d&_ss=r		

Sterile Eye Pad, woven	04273-1		https://products.redcross.ca/products/eye-pad-dressing?_pos=1&_sid=2b923e198&_ss=r	https://firstaidplus.ca/products/eye-pad-dressing-sterile?_pos=1&_sid=d15a6dec9&_ss=r	
Eye sheild, plastic	04210	https://www.firstaidcanada.com/product/plastic-eye-shield/		https://firstaidplus.ca/products/plastic-eye-shield?_pos=1&_sid=9a5823e53&_ss=r	
Gauze pads, non adherant, 2 X 3 in.	03172-1	https://www.firstaidcanada.com/product/gauze-pads-7-6-x-7-6cm/			
12 x 24 in, Biohazard clear bag	2351				https://shop.cardinalhealth.ca/chc/cardinal-health-autoclavable-medical-waste-bag-clear-3ml-thick-12-x-24in
Black tourniquet	PS159	https://www.firstaidcanada.com/product/sam-xt-tourniquet/			
Splint flexible aluminium and foam 4-1 / 4 X 36 in.	230564F	https://www.firstaidcanada.com/product/sam-splint-36-inch/	https://products.redcross.ca/products/sam-splint?_pos=2&_sid=8a546c3c0&_ss=r&variant=46882264645926	https://firstaidplus.ca/products/padded-aluminum-malleable-foam-splint-36-rolled	
Abdominal Pad 5 X 9in.	03505	https://www.firstaidcanada.com/product/abdominal-combine-pad-sterile-12-7-x-22-9cm/	https://products.redcross.ca/products/sterile-abd-dressing?_pos=3&_sid=09de61fc7&_ss=r&variant=46882278113574	https://firstaidplus.ca/products/combine-pad-5-x-9-abdominal-pad-sterile?_pos=1&_sid=83304bc01&_ss=r	
Elastic Bandage 3 in.	BE3	https://firstaidplus.ca/products/elastic-tensor-wrap-bandage-3-x-5-yd?_pos=12&_sid=a9eca16b3&_ss=r	https://products.redcross.ca/products/elastic-bandage?_pos=1&_sid=fb18b05b5&_ss=r&variant=46882123743526		
Bacitracin Zinc, First Aid Antibiotic Ointment, 0.9 g	05796-1	www.firstaidcanada.com/product/bacitracin-zinc-first-aid-antibiotic-ointment-0-9-g/	https://products.redcross.ca/products/safecross-antibiotic-ointment-bacitracin-zinc-box-of-6?_pos=1&_sid=dc67ae4e4&_ss=r		
Hand Cleansing Moist Towelette	02454-1	https://www.firstaidcanada.com/product/wet-nap-moist-towelettes/	https://products.redcross.ca/products/hand-cleaning-wipe?_pos=1&_sid=d9a275965&_ss=r		
Dex 4, Glucose Tablets, Orange, 10's	14428	https://www.firstaidcanada.com/product/dex4-glucose-tablets-orange-10-pack/			

	Atout Plus Codes (For replenishment Kit and boxes) P = Plastic Box (01467); M = Metal Box (01503) ; N = Nylon fabric bag (TNI-VIDE) ; N*= paramedic nylon bag PS65(*); CPM = Medium size plastic case (01680) ; CPG = Large size plastic case (01791); TPV= 2 litres waterproof jar; MAT : materiel only, no container	Replenishment Kit (Note: It is possible to order material only no case or a full new kit (box + material) under the “choose an option” on the website	Links to buy only a Box (Plastic/ Metal) or a Paramedic Nylon Bag
Single Isolated worker	ZF01P in 01464 ZF01M in 01500 ZF01N in TCE-S-VIDE ZF01TPV ZF01-MAT	https://www.firstaidcanada.com/product/csa-type-1-personal-kit/	Plastic: https://www.firstaidcanada.com/product/plastic-box-10-unit/ Metal: https://www.firstaidcanada.com/product/metal-cabinet-w-gasket-10-unit/ Nylon: https://www.firstaidcanada.com/product/nylon-soft-pack-no-10/
Low Risk			
Small	ZF25P ZF25M ZF25N ZF25-MAT	Type 2 first aid kit small (2-25 workers) https://www.firstaidcanada.com/product/csa-type-2-basic-kit-small-2-25-workers/	Plastic: https://www.firstaidcanada.com/product/plastic-box-16-unit/ Metal: https://www.firstaidcanada.com/product/metal-cabinet-w-gasket-16-unit/ Nylon: https://www.firstaidcanada.com/product/nylon-soft-pack-no-16/
Medium	ZF50P ZF50M ZF50N ZF50CPM ZF50-MAT	Type 2 Basic Kit – Medium (26-50 Workers) https://www.firstaidcanada.com/product/csa-type-2-basic-kit-medium-26-50-workers/	Plastic: https://www.firstaidcanada.com/product/plastic-box-36-unit/ https://www.firstaidcanada.com/product/plastic-utility-box-medium/ Metal: https://www.firstaidcanada.com/product/metal-cabinet-36-unit-plus/ Nylon: https://www.firstaidcanada.com/product/nylon-soft-pack-no-24/
Large	ZF100P ZF100M ZF100N * ZF100CPG ZF100-MAT	Type 2 Basic Kit – Large (51-100 Workers) https://www.firstaidcanada.com/product/csa-type-2-basic-kit-large-51-100-workers/	Plastic: https://www.firstaidcanada.com/product/plastic-box-2/ https://www.firstaidcanada.com/product/plastic-utility-box-large/ Metal: https://www.firstaidcanada.com/product/metal-cabinet-36-unit-plus/ Nylon: https://www.firstaidcanada.com/product/nylon-trauma-bag-small/
High Risk			
Small	ZE25P ZE25M ZE25N ZE25CPM ZE25-MAT	Type 3 Intermediate First Aid Kit – Small (2-25 Workers) https://www.firstaidcanada.com/product/csa-type-3-intermediate-kit-small-2-25-workers/	Plastic: https://www.firstaidcanada.com/product/plastic-box-36-unit/ https://www.firstaidcanada.com/product/plastic-utility-box-medium/ Metal: https://www.firstaidcanada.com/product/metal-cabinet-36-unit-plus/ Nylon: https://www.firstaidcanada.com/product/nylon-trauma-bag-small/
Medium	ZE50P ZE50M ZE50N * ZE50CPG ZE50-MAT	Type 3 Intermediate First Aid Kit - Medium (26-50 Workers) https://www.firstaidcanada.com/product/csa-type-3-intermediate-kit-medium-26-50-workers/	Plastic: https://www.firstaidcanada.com/product/plastic-box-2/ https://www.firstaidcanada.com/product/plastic-utility-box-large/ Metal: https://www.firstaidcanada.com/product/metal-cabinet-36-unit-plus/ Nylon: https://www.firstaidcanada.com/product/nylon-trauma-bag-small/
Large	ZE100P ZE100M ZE100N * ZE100CPG ZE100-MAT	Type 3 Intermediate First Aid Kit - Large (51-100 Workers) https://www.firstaidcanada.com/product/csa-type-3-intermediate-kit-large-51-100-workers/	Plastic: https://www.firstaidcanada.com/product/plastic-utility-box-large/ Metal: https://www.firstaidcanada.com/product/metal-cabinet-3/ Nylon: https://www.firstaidcanada.com/product/nylon-trauma-bag-small/

Note: Please note that the above links provided for the products may change periodically due to updates by the supplier/manufacturer. We are committed to ensuring access to the most current information, should you encounter any discrepancies or have a new finding, please notify us promptly at ehs@mcgill.ca .