

Bachelor of Education Physical and Health Education (150 credits) - Cumulative Record

Name _____ Student Number _____

Total credits required to complete _____ as of _____.

Physical and Health Education		Term	Credit	Grade	Physical and Health Education		Term	Credit	Grade				
	Course Number					Course Number							
Required:				(60 crs.)		Pedagogical Support				(6 crs.)			
English Language Requirement	EDEC 215		0		Indigenous Education OR Equity and Education OR Global Education and Social Justice	EDEC 233			3				
Intro to Physical and Health Education in Quebec	EDKP 100		3			EDEC 248							
Policy Issues in Quebec Education	EDEC 247		3			EDEC 249							
Philosophical Foundations of Education	EDEC 260		3		Media, Technology and Education OR Applications Software OR Educational Media I	EDEC 262			3				
Health Education	EDKP 204		3			EDPT 200							
Biomechanics and Motor Learning	EDKP 208		3			EDPT 204							
Motor Development	EDKP 261		3										
Nutrition and Wellness	EDKP 292		3		Field Experience						(20 crs.)		
Anatomy and Physiology	EDKP 293		3		First Year Field Experience (Elem.)	EDFE 246			3				
Evaluation in Physical education	EDKP 307		3		Second Year Field Experience (Sec.)	EDFE 373			3				
Physical Activity and Public Health	EDKP 330		3		Third Year Field Experience	EDFE 380			7				
Physical Education Methods	EDKP 342		3		Fourth Year Field Experience	EDFE 480			7				
Physiology in Sport and Exercise	EDKP 391		3		Elective						(12 crs.)		
Historical Perspectives	EDKP 394		3										
Adapted Physical Activity	EDKP 396		3										
Physical Education Pedagogy	EDKP 442		3										
Research Methods	EKDP 443		3										
Exercise and Health Psychology	EKDP 448		3										
Phys. Education Curriculum Development	EDKP 494		3										
Sport Psychology	EDKP 498		3										
Educational Psychology	EDPE 300		3										
Physical Activities				(22 crs.)		Out of Province Students						(30 crs.)	
Aquatics 1	EDKP 213		1										
Track and Field/Cross Country	EDKP 217		3										
Games I: Elementary Physical Education	EDKP 223		3										
Games II: Secondary Physical Education	EDKP 225		3										
Health-Related Fitness	EDKP 232		3										
Non-Traditional Physical Activities	EDKP 235		3										
Outdoor Education	EDKP 237		3										
Movement Education	EDKP 253		3										

•GRADUATION REQUIREMENT: Emergency First Aid and Level C CPR/AED

**B.ED. PHYSICAL AND HEALTH EDUCATION
4 YEARS AT A GLANCE - Program Overview
for students admitted in September 2022**

The following is the 4-year plan for the B.Ed. Physical and Health Education teacher preparation program which provides an overview of the entire program requirements.

Out-of-Province students must complete the 30 Freshman Credits in their first year of study at McGill, known as U0, thus completing their program in 2026-2027

U1 (2022 - 2023)

FALL	EDEC 215 Engl. Language Requirement 0	EDKP 100 Intro to PHE In Quebec 3	EDKP 293 Anatomy and Physiology 3	EDKP 261 Motor Development 3	EDKP 330 Physical Activity and Public Health 3	<u>Physical Activities</u> EDKP 223 Games I: Elementary Phys. Ed. 3
WINTER	EDEC 262 Media, Tech & Education <i>or other computer course (EDPT 200, EDPT 204)</i> 3	EDKP 342 P.E. Methods 3	<u>Physical Activities</u> EDKP 253 Movement Education 3		EDKP 394 Historical Perspectives 3	EDPE 300 Educational Psychology 3

SUMMER 2023 - EDFE 246 First Year Field Experience (Elementary) - 3 credits

U2 (2023 - 2024)

FALL	EDKP 204 Health Education 3	EDKP 396 Adapted Physical Activity 3	EDKP 391 Physiology in Sport and Exercise 3	Free Elective 3	<u>Physical Activities</u> EDKP 225 Games II: Secondary Phys. Ed. 3
WINTER	EDKP 208 Biomechanics and Motor Learning 3	EDKP 443 Research Methods 3	EDKP 448 Exercise and Health Psychology 3	Free Elective 3	<u>Physical Activities</u> EDKP 232 Health-Related Fitness 3

SUMMER 2024 - EDFE 373 Second Year Field Experience (Secondary) - 3 credits

U3 (2024 - 2025)

FALL (blocked)	<u>Physical Activities</u> EDKP 217 Track & Field 3	EDKP 307 Evaluation in Physical Education 3	EDFE 380 Third Year Field Experience 7		
WINTER	EDEC 260 Philosophical Foundations of Education 3	EDKP 494 Curriculum Development 3	<u>Physical Activities</u> EDKP 235 Non-Traditional Physical Activities 3	<u>Physical Activities</u> EDKP 213 Aquatics 1	Free Elective 3

U4 (2025 - 2026):

FALL	EDEC 247 Policy Issues in Quebec Education 3	EDEC 248 Equity and Education <i>or equivalent</i> EDEC 233 <i>or</i> EDEC 249 3	EDKP 292 Nutrition & Wellness 3	EDKP 498 Sport Psychology 3	Free Elective 3
WINTER (blocked)	<u>Physical Activities</u> Outdoor Education 3		EDKP 442 P.E. Pedagogy 3	EDFE 480 Fourth Year Field Experience 7	