



# Kinesiology Career Fair

Are you interested in a career as a  
**human movement specialist?**

Monday, November 14, 2016      10am-2pm  
Tomlinson Hall, Currie Gym



**McGill CaPS**

Career Planning Service  
Service de planification de carrière



**SAPEK**  
STUDENT ASSOCIATION OF  
PHYS. ED. & KINESIOLOGY

## List of Participants

- Adaptive Sports Foundation
- Canadian Forces Morale and Welfare Services
- Canadian Memorial Chiropractic College
- Canadian Society for Exercise Physiology
- Concordia University - Exercise Science
- Dalhousie University - Rowe School of Business
- Fédération des kinésiologues du Québec
- KIPPON
- Le Fitness Loft inc.
- McGill Athletics & Recreation
- McGill Department of Kinesiology and Physical Education
- McGill School of Physical & Occupational Therapy
- Nautilus Plus
- Pedorthic Association of Canada
- Randstad Canada
- Sportball Rive-Nord
- Sutherland-Chan School of Massage Therapy
- YM-YWHA - Ben Weider JCC
- Youth Stars Foundation

## Adaptive Sports Foundation



**Website:** <http://www.adaptivesports.ca/>

The Adaptive Sports Foundation (ASF) was established in 1995 by Peter M. Treacy, a disabled skier from Knowlton, Quebec. Following an accident that left him an amputee, Peter's dream was to start a ski school for children and adults with physical disabilities. His mission was clear: to establish, operate and maintain educational programs that encourage individuals with physical disabilities to discover new abilities through winter and summer sports. Our mission is to offer educational sports programs to individuals with physical disabilities in order to encourage them to develop new skills through outdoor sports. We are committed to helping individuals develop self-confidence, personal motivation and greater physical strength.

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Internship, Volunteer

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## Canadian Forces Morale and Welfare Services



**Website:** <https://www.cfmws.com/Pages/splash.aspx>

We work at St-Jean garrison in St-Jean-sur-Richelieu.

Our main job is to train and teach fitness related classes to the recruits and

officer cadets of the Canadian Armed Forces.

We also take care of the military staff posted to St-Jean Garrison through unit (group) classes, personal programs and various sports events and training clinics.

Our mission is to enhance the morale and welfare of the military community, thus contributing to the operational readiness and effectiveness of the Canadian Armed Forces (CAF).

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time

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## Canadian Memorial Chiropractic College



**Website:** <http://www.admissions.cmcc.ca>

CMCC celebrates a tradition of excellence in chiropractic education, research and patient care. With expert faculty, a rigorous curriculum, extraordinary facilities, and outstanding clinical experiences for students, our commitment to building a strong future for the profession ensures that graduates of CMCC are among the best educated and most skilled chiropractors in the world. CMCC offers a four-year Doctor of Chiropractic degree program as well as the opportunity for advanced post-graduate studies in Clinical Sciences, Radiology, and Sports Sciences.

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time, Internship

## Canadian Society for Exercise Physiology



**Website:** <http://www.csep.ca>

The Canadian Society for Exercise Physiology is a voluntary organization composed of professionals interested and involved in the scientific study of exercise physiology, exercise biochemistry, fitness and health.

The CSEP Professional Standards Program® (CSEP PSP) reinforces CSEP as the Gold Standard in exercise science and personal training. The PSP raises the bar on the certification of health and fitness professionals and establishes nationwide standards in this largely self-regulated industry.

Certifications are the core of the CSEP PSP: the CSEP Certified Exercise Physiologist® (CSEP-CEP) and the CSEP Certified Personal Trainer® (CSEP-CPT). The program, its certifications, policies and education are developed with the most recent, up to date evidence based research.

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time, Part-Time

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## Concordia University - Exercise Science



**Website:** <https://www.concordia.ca/artsci/exercise-science.html>

Our MSc and PhD programs at Concordia are geared towards students wanting to conduct a research project under the guidance of one of our faculty members. Research in the department probes interventions, assessments, and functional mechanisms from the molecular level to whole systems, including:

- 1) nutrition, hormones, body composition, and bariatric care
- 2) behavioral medicine (exercise, diet, stress, sleep) and chronic illnesses (respiratory disease, cancer, and cardiovascular disease)
- 3) clinical and fundamental research on pain
- 4) injury prevention through neuromuscular control, bracing, and flexibility
- 5) physiological mechanisms of blood flow control and body temperature.
- 6) movement and balance control in neuromuscular disorders.
- 7) neural control of movement

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology

### Dalhousie University - Rowe School of Business



**Website:** <http://dalmba.ca>

Whether you've NEVER considered an MBA or if you're simply checking out other post-graduate opportunities, representatives from Dalhousie University's Corporate Residency MBA program would love to meet you!

A little more about Dalhousie's Corporate Residency MBA:

We are seeking high-achieving, self-motivated students from ALL undergraduate degrees who are looking to fast-track their career. The Corporate Residency MBA requires NO work experience and includes an 8-month paid residency. Students benefit from an innovative curriculum, exposure to an extensive employer network as well as personalized leadership development throughout their 22-month program.

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time

### Fédération des kinésiologues du Québec



**Website:** <http://www.kinesiologue.com>

The Quebec Kinesiologist Federation is a non-profit organization of more than 950 accredited members.

Its mission is to promote the interests of its members, while monitoring their competence in order to protect the public.

A kinesiologist accredited by the QKF:

Possesses a university diploma in kinesiology

Has successfully passed the accreditation examination

Signs a code of ethics

Must constantly engage in up to date training

Has a professional liability insurance

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology

**Position Types:** Full-Time, Part-Time

### KIPPON



**Website:** <http://www.kipponstore.com>

KIPPON is a lifestyle apparel brand based on the balance between physical activity and a healthy environment. Derived from the word 木一本 (ki-ippou):

one tree) and pronounced 'keep on', we believe that as athletes, one can grow and thrive the same way a tree can with the proper environment and nutrition. KIPPON's operates under the principle of 一枚一本 (ichi-mai-ippon), meaning for every article purchased a tree is planted. Currently our efforts are focused in Brazil where many trees have been cut down over the years. This allows us to raise general awareness of the situation and support local communities. Since 2013, we have participated in dozens of sporting, martial arts, and fashion events all across the world to promote KIPPON. We also provide coaching services within in martial art of Kendo.

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Volunteer

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### Le Fitness Loft inc.



**Website:** <http://www.lefitnessloft.com>

Le Fitness Loft is a kinesiology clinic located in Dorval. The three owners (all kinesiologists), Laura, Linda and Mathieu, opened doors in April of 2012 and have been thriving ever since. We pride ourselves on having a loyal clientele who benefit from our many service, which include complete health/fitness evaluations (including cardio test, skin folds, musculoskeletal tests by CSEP standards), one-on-one training, nutrition/dietetics, MAT (Muscle Activation Techniques), groups classes and outside events such as our own obstacle race name Blackout Race.

Throughout our four years in business we have grown as a business and a community that all clients love to walk into and feel comfortable, no matter what age, gender or fitness level they are.

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology

**Position Types:** Internship, Part-Time, Summer, Volunteer

### McGill Athletics & Recreation



**Website:** <http://www.nirsa.net>

Will discuss graduate internship opportunities in the United States and Canada that available to individuals interested in pursuing a career in sports administration.

**Degree Levels Recruited:** Graduate (Masters/Doctorate)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Internship

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### McGill Department of Kinesiology and Physical Education



**Website:** <https://www.mcgill.ca/gradapplicants/kinesiology-and-physical-education-0>

The Department of Kinesiology and Physical Education provides a large variety of research opportunities in a number of areas related to human health and physical activity.

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time

## McGill School of Physical & Occupational Therapy



**Website:** <https://www.mcgill.ca/spot/fr/node/7/>

Physical therapists use exercise, physical modalities, manual therapy approaches, assistive devices and lifestyle management to help individuals obtain maximal functional potential. The physical therapist is a health professional who contributes to the multidisciplinary team through patient evaluation, treatment planning and delivery, education, research and consultation in clinics, industry and the community. The academic/clinical program in physical therapy consists of seven consecutive semesters over 18 months, following a qualifying year consisting of professional and interprofessional education courses in physical therapy. Clinical experience is provided in the teaching hospitals of the Faculty of Medicine, McGill University, and other affiliated centers.

**Degree Levels Recruited:** Undergraduate (Bachelor), Graduate (Masters/Doctorate)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time

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## Nautilus Plus



**Website:** <http://www.nautilusplus.com>

Founded and operated by French Quebecers since 1978, Nautilus Plus Inc. specializes in the management of fitness facilities. The company has, over the years, developed unparalleled expertise in the programming and leadership

of fitness.

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time, Internship, Part-Time

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## Pedorthic Association of Canada



**Website:** <http://www.pedorthic.ca/>

Canadian Certified Pedorthists – C. Ped (C) – are foot orthotic and orthopaedic footwear experts. They are one of the few healthcare professionals trained in the assessment of lower limb anatomy and muscle and joint function. With specialized education and training in foot orthotics and footwear, Canadian Certified Pedorthists help to alleviate pain, abnormalities and debilitating conditions of the lower limbs and feet.

As proud members of patients' healthcare teams, Canadian Certified Pedorthists work with physicians, nurse practitioners and other healthcare providers. The goal of every Canadian Certified Pedorthist is to help patients achieve and maintain proper foot care and lower limb health so they can live healthy, active lives.

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time, Internship, Part-Time, Summer, Volunteer

## Randstad Canada



**Website:** <http://www.randstad.ca/>

Randstad Canada is the Canadian leader for staffing, recruitment and HR Services. A key player in the recruitment and staffing market, Randstad Canada provides unrivalled expertise in matching Canada's top talent with the most sought after Canadian employers.

With our insightful knowledge of local markets, employment trends and global network of recruitment experts, we are shaping the Canadian world of work.

Through our network of over 80 branches across 7 provinces, we offer fully bilingual solutions and operational excellence by meeting the unique needs of our clients and candidates across the country. We have helped employers fill more than 65,000 positions in diverse industries.

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology

**Position Types:** Full-Time

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## Sportball Rive-Nord



**Website:** <http://www.sportballrecrutement.com>

Depuis 1995, Sportball s'est forgé une position de chef de file dans l'enseignement sportif chez les jeunes et ce, à l'échelle mondiale. Chaque semaine, Sportball permet à plus de 25 000 enfants de pratiquer le sport dans un environnement sain et non-compétitif. Ce sont des jeunes de 16 mois à 12 ans qui seront initiés à 8 sports différents à chaque saison Sportball. Nous cherchons des personnes dynamiques qui adorent le sport et les enfants. Joignez vous à notre équipe de 40 coachs à Laval et sur la Rive-Nord de Montréal!

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Part-Time

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## Sutherland-Chan School of Massage Therapy



**Website:** <http://www.sutherland-chan.com>

We offer a unique 1-Year Accelerated Massage Therapy diploma program for Kinesiology and Health Science grads.

Founded in 1978 the Sutherland-Chan School of Massage Therapy is a career college with longevity in the massage therapy profession and a solid reputation as one of the best schools in North America. We view massage therapy as a health care profession (as opposed to an aesthetics or service occupation) with historic roots and a modern foundation in evidence and effectiveness. We are proud to see that our graduates are preferentially hired by employers and that there is a notable prominence of leaders and educators in our profession who are Sutherland-Chan alumni.

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Full-Time

## YM-YWHA - Ben Weider JCC



**Website:** <http://www.ymywha.com>

The YM-YWHA is a large community center located in the Snowdon area of Montreal, near the Cote Sainte Catherine and Snowdon metro stations. The YMHA has a large fitness center that includes 2 full-size gymnasiums, an 8-lane swimming pool, a fully-equipped weight room, cardiovascular training center, Indoor Cycling studio, Pilates Reformer studio, wrestling training center and much more. Our programming includes 85 group exercise classes a week (Boot Camp, Zumba, Tabata training, Yoga, Pilates, Tai Chi, circuit training, indoor cycling, aquafitness, etc....) small group athletic training ( TRX, kettlebell, ropes, ladders, etc...) competitive youth basketball, adults recreational basketball & badminton, squash, running club, therapeutic exercise and cardiac rehab, swimming lessons, etc....

**Degree Levels Recruited:** Graduate (Masters/Doctorate), Undergraduate (Bachelor)

**Majors Recruited:** Kinesiology, Physical Education

**Position Types:** Part-Time

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## Youth Stars Foundation



**Website:** <https://youthstarsfoundation.org/>

The Youth Stars Foundation is a Montreal run, non profit organization, serving

a diversely linguistic and cultural youth population. We use the arts, sports, dance & music to motivate youth and convey positive learning messages, supporting healthy living habits and team work, in ways which evoke and sustain participant interest and involvement.

We are committed to fostering life skills, self-esteem and strengthening interpersonal skills through a variety of youth programs and workshops. Our board, staff and volunteers are dedicated to offering equal opportunity and inclusion to all.

**Degree Levels Recruited:** Undergraduate (Bachelor)

**Majors Recruited:** Physical Education

**Position Types:** Internship, Part-Time



## About McGill Career Planning Service (CaPS)

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Some of the services we offer to students are:

### **myFuture**

myFuture is our job search and career tool suite - an efficient way to search for full-time, part-time and internship positions.

### **Individual Appointments & Mock Interviews**

Our qualified and experienced Career Advisors are available to assist you in your career choices, help you prepare for an interview, and look over your C.V. CaPS is here to make your job search and career planning less stressful.

### **Career Development Workshops**

These workshops are offered throughout the academic year on many topics, including interviewing, C.V. writing and networking. They are designed to increase your employability and job search savviness.

### **Career Fairs**

Career fairs are organized throughout the year with student associations and provide excellent opportunities for you to meet company representatives from a variety of industries.

### **Professionals on Campus**

Professionals from all over come to campus to participate in panel discussions and deliver company info sessions. These networking events are a great resource for exploring your career options and increasing your knowledge and contacts in your field.

### **C.V./Advising Drop-In**

You can drop by the CaPS office to have your C.V. reviewed or to speak with a Career Advisor for a quick question during a daily designated time.

### **Career Resource Centre**

The Resource Centre offers a wide array of print and electronic resources on career planning, industry reports, scholarships, graduate programs and more.

### **Job Finding Club**

This two-week program for newly-graduated students is designed to teach job seekers the most effective means of finding work in the field in which they want to be employed. The program is offered in May and August every year.

### **McGill Mentor Program**

The McGill Mentor Program connects students with working McGill alumni who can offer valuable advice about career alternatives, job requirements and career-life balance.

#### **Downtown Campus**

3600 McTavish Street, Suite 2200  
514.398.3304; careers.caps@mcgill.ca  
www.mcgill.ca/caps

#### **Macdonald Campus**

21111 Lakeshore Road, Ste-Anne-de-Bellevue  
514-398-7582; caps.macdonald@mcgill.ca  
www.mcgill.ca/caps/



**McGill CaPS**

Career Planning Service  
Service de planification de carrière



## **McGill Career Planning Service (CaPS)**

Brown Student Services Building

3600 McTavish Street

email: careers.caps@mcgill.ca

Telephone: (514) 398 3304



**McGill CaPS**

Career Planning Service  
Service de planification de carrière

