



McGill UNIVERSITY
Department of Kinesiology and Physical Education

EDKP 332

Physical Education Curriculums and Instruction
Course Outline

Fall 2018

Lecturer: Johanne Vaillant, Room 202

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Office hours: 12-1pm Wed. am+ online

Phone: PEH office (514) 398-4184

Classroom: rm 152 and Currie gym 1-2

Lecture: Wed.1:35-4:25PM

General Information:

This course introduces the classroom teacher to basics of the Physical Education & Health Curriculum. The focus will be on principles, course content, management strategies and planning procedures. Students will be given the opportunity to practice teach and develop a Physical Education and Health Portfolio.

Course Objectives:

At the end of this course students will know:

- An overview of the physical education and health (PEH) curriculum for the elementary school: the MELS QEP- (Quebec Education Program).
- How to develop simple Learning Situations (LS) for each of the 3 PEH competencies.
- How to select and use basic instructional techniques including planning and management of Physical & Health Education classes for K , cycle 1,2,3. (k-grade 6)
- The philosophy of inclusive physical education and be able to adapt tasks based on needs
- Different ways to integrate daily physical activities in classroom subject areas in line with the new Quebec Education Program
- The health benefits associated with daily physical activity.
- The value of quality physical education and health program.

FOCUS will be on 3 competencies of the 12 Core Professional Competencies for teacher-training from the MEES:

Professional Competency

Teaching Act

3.To develop teaching/learning situations that are appropriate to the students concerned and the subject content with a view to developing the competencies targeted in the programs of study.

6. To plan, organize and supervise a class in such a way as to promote students' learning and social development.

Professional Identity

11. To engage in professional development individually and with others.

Course Content:

- The main theoretical concepts and information about the Physical Education and Health (PEH) curriculum will be given primarily in the early part of the course.
- The second half of the course will be devoted to peer teaching and instruction in physical activities (classroom , gym, field)- the observation and practice of appropriate teaching and learning strategies, and the collection of teaching materials.

Instructional Method:

- Lecture
- Active participation in PEH Learning Situations: i.e. warm up, running games, team sports
- Group Discussions
- Team work and peer teaching
- Peer and self- evaluation
- Portfolio preparation
- Personal PHYSICAL ACTIVITY Challenge

Evaluation:

- | | |
|--------------------------|-----|
| • Participation | 10% |
| • Assignment | 10% |
| • Peer Teaching | 25% |
| • Portfolio – PA Project | 25% |
| • Personal Challenge | 10% |
| • Final exam (in class) | 20% |

If you miss 2 classes –you are at risk of failing this course.

A short essay is required for a missed class.

Required Readings:

- EDKP 332 Course Pack, available *in the McGill Bookstore*.
- **THE QUEBEC EDUCATION PROGRAM** Preschool & Elementary Education
MELS 2001 <http://www.education.gouv.qc.ca/en/teachers/quebec-education-program/elementary/>

Course Requirements:

- Active participation in **all** classes, both practical and theory.
- Appropriate dress for participation in physical activities - including a whistle.
- Attendance is mandatory in this course; missing classes can be made up by writing a short essay.
- **Absences of more than 2 classes will be at risk of failure.**

Furthermore

In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.

This right applies to all written work that is to be graded, from one-word answers to dissertations.

Academic Integrity statement [approved by Senate on 29 January 2003]:

McGill University values academic integrity. Therefore all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the Code of Student Conduct and Disciplinary Procedures (see www.mcgill.ca/students/srr/honest/) for more information)

L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le Code de conduite de l'étudiant et des procédures disciplinaires (pour de plus amples renseignements, veuillez consulter le site www.mcgill.ca/students/srr/honest/).