

Department of Kinesiology & Physical Education - EDKP-237-001/002

Outdoor Education (3 Credits)

General Information:

Instructor: Michael Creamer

Office # 211

E-mail: michael.creamer@mail.mcgill.ca

Office hours: Office hours: By appointment

Class meeting time: Section 001: Tuesday and Thursday 1:35-4:25

Course Materials:

Students should be dressed appropriately to be outside for extended periods of time.

Course Description and Topics:

Utilization of the outdoors in interdisciplinary lesson planning to engage students in alternative environments, using the Teaching Personal Social Responsibility Through Physical Activity model. Urban outdoor activities will also be included to meet the realities of teaching in large urban centers.

Special emphasis will be placed on 5 of the **13 Core Professional Competencies** required by the *Ministère de l'Éducation et de l'Enseignement supérieur*.

Topics will include; Risk management, trip planning, grant applications, and activities/teaching methods in a variety of outdoor activities, including skiing, snowshoeing, orienteering, disk golf, and winter play.

<u>Learning Outcomes:</u> At the completion of this course, students will be to:

- Perform and practice various Outdoor means of action
- Demonstrate and lead a meaningful outdoor teaching and learning opportunity that is fun, safe and equitable..
- Evaluate and integrate best instructional tools for practice that promote a safe and equitable learning environment.

- Reflect on how to achieve successful learning outcomes in outdoor settings while taking into consideration the barriers that exist for students to be active outdoors.
- Create a repertoire of outdoor activities and strategies that can be used in future practices and contexts.

<u>Instructional method:</u>

Class will take place the majority of time outdoors. Students will learn through activity, group assignments, peer teaching and lesson planning.

Means of Evaluation:

Peer Teaching Execution	10%
Peer Teaching Reflection	10%
<u>Portfolio</u>	
Portfolio Overall	5%
Activity Logbook	30%
Sample Grant Application	10%
Risk Management Plan	10%
Modified LES	15%
Resources List	10%

Course Specific Application of Professional Competencies



Department of Kinesiology and Physical Education

Methods of Evaluation and Learning Activities

Practical Peer Teaching: Individually, students will teach a specific activity or skill and apply appropriate progressions of learning.

Peer Teaching Reflection: Individually, Students will reflect on their peer teaching act. With the help of feedback from the instructor and the grading rubric, students produce a document identifying solutions to areas requiring improvement and identifies areas of mastery.

Portfolio: Students will work as a team to create a portfolio containing lessons and other resources that they may use in the future.

Learning and Evaluation Situation: Students will collaborate to plan a comprehensive LES for a chosen activity, demonstrating their knowledge of Outdoor Education.

	Targeted Professional Competencies within EDKP 237											
	X							2005	2000	% 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	^ · · ·	^- ^-
PC1	PC2	PC3	PC4	PC5	PC6	PC7	PC8	PC9	PC10	PCII	PC12	PC13
✓	/	✓	✓		✓	✓	✓			✓		\square

Professional Competency 1: Act as a cultured professional who is at once an interpreter, facilitator and critic of culture when carrying out duties;

Professional Competency 2: Communicate appropriately in the language of instruction, both orally and in writing, in all contexts associated with the performance of duties;

Professional Competency 3: Design and plan teaching and learning activities and situations that are appropriate for the students, the learning content and the education objectives;

Professional Competency 4: Implement and supervise teaching and learning situations appropriate to the students and the educational aims;

Professional Competency 6: Organize and manage a class in such a way as to maximize student development, learning and socialization;

Professional Competency 7: Implement, as part of an inclusive teaching approach, strategies for differentiating teaching practices so as to support the full participation and success of all students;

Professional Competency 8: Cultivate the students' natural desire to learn, their sense of discovery and their curiosity by bringing together the conditions required to help them all thrive; **Professional Competency 12**: Use digital technologies in order to benefit students and all education stakeholders:

Additional Information:

Policy Regarding Late Assignments:

- No assignments or reports will be accepted late without penalty.
- All late assignments and reports will be devalued by 10% per day late to a maximum of 5 days (including weekend days). Example: 1 day late = 80/100 10% = 70/100.
- Assignments will not usually be graded after the 5-day maximum, but they may be reviewed for the quality of the content.
- All assignments must be completed to pass this course.

Professionalism is paramount, requiring regular attendance, active participation, and punctuality during class. Students are permitted to miss a total of two unexcused classes. All subsequent absences require medical documentation. Medical documentation must be dated, signed, and provided to the instructor no more than 3 days after your absence. After two absences, we will meet in person to assess if additional work is needed to meet the course expectations. More than 2 unexcused absences may result in an "F" for the course.

Varsity Athletes: Varsity athletes must submit a formal letter of leave when traveling for a game. Documents must be signed, dated, and submitted before the absence.

<u>"Unless excused by a valid doctor's note or a signed attestation by a varsity coach for an exterior competition, ANY student absent from class during peer teaching will lose 5% from their peer teaching grade. Two absences during this time will result in a 10% loss etc..."</u>

Furthermore:

All written assignments should adhere to APA format and must be typed (Times New Roman, 12-point font, double-spaced, 1 -inch margins on all sides), be fully secured when submitted, have a title page, and be properly referenced (including Internet items).

Please consult the library website and content on MyCourses for guidance in literature searches, citation management software, and APA format:

https://flash1r.apa.org/apastyle/basics/index.htm

Caveat:

<u>Please note that each student will be always be assessed on content, grammar, coherency, clarity, and writing techniques as this evaluation procedure will assist you in the development of Exit Competency #2</u>

McGill University Policy on Academic Integrity & Written Work

- Language of submission
 - "In accord with McGill University's <u>Charter of Students' Rights</u>, students in this course have the right to submit in English or in French written work that is to be graded. This does not apply to courses in which acquiring proficiency in a language is one of the objectives."
 - « Conformément à <u>la Charte des droits de l'étudiant</u> de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté, sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue. » (Énoncé approuvé par le Sénat le 21 janvier 2009)
- Academic integrity
 - "McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the <u>Code of Student Conduct and Disciplinary Procedures</u>" (Approved by Senate on 29 January 2003) (See <u>McGill's guide to academic honesty</u> for more information).

WEEKLY TIMETABLE (Tentative-Weather Dependant) <u>EDKP 237 – Outdoor Education Winter 2024</u>

Tuesday 1:35-4:25	Thursday 1:35-4:25
	January 4 th Intro, Logistics, Course Outline, etc. (RM 152) Orienteering Intro #1 Equipment Preparation for Skating/Ski
January 9 th Class Work: Risk Management (RM 152) Outdoor: Orienteering	January 11 th Class Work: Grant Planning (RM 152) Outdoor: Disc Golf
January 16 th Outdoor: Disc Golf/Slackline Risk Management Plan Due: 10%	January 18 th Outdoor: Slackline/Archery Stations
January 23 rd Outdoor: TBD Sample Grant Application Due: 10%	January 25 th Outdoor: TBD
January 30 th Outdoor: TBD Slackline/Archery Stations	February 1 st Outdoor: TBD Resources List Due: 10%
February 6 th Peer Teaching 20% Groups 1-5 (20min each)	February 8 th Peer Teaching 20% Groups 2-10 (20min each)
February 13 th Outdoor: Student Choice XSki, Snowshoe, Mont-Royal Walk + Round Table Discussion/Question Period	February 15 th Outdoor: FE Briefing Portfolio Due-10% (Activities 30%) Feb 19th Peer Teaching Reflection Due: 10%