

DEPARTMENT OF PHYSICAL EDUCATION
- MCGILL UNIVERSITY

EDKP 218

VOLLEYBALL

WINTER 2019

INSTRUCTOR: Rachèle Béliveau, MSc.
Office: Room G68 B
Phone: 398-7000 ext. 0509
E-mail: rachele.beliveau@mcgill.ca

RECOMMENDED TEXT:

Atomic Volleyball. (Instructors Manual) Volleyball Canada. (2007).
Volleyball Canada. (1994). Coaches Manual Level I.
Volleyball Canada. (1997). Coaches Manual Level II.

READING:

Bonnic Kenny. (2006). Volleyball Steps to Success. Sports Introduction Series.
Cindy Gregory. Published by Human Kinetics.
Bortoli Gilles. (2007). Manuel du Volley-ball, de l'initiation au perfectionnement.
Amphora.
Deary Joel. (2003). Volleyball Fundamentals. Published by Human Kinetics.
Fédération de Volleyball du Québec. (2010). La formation du joueur de volleyball.
Guide de l'entraîneur dans l'enseignement des savoir-faire et l'élaboration des
séances d'entraînement. Editeur Daniel Rivet.
Lenberg Kinda. (2005). Volleyball Skills & Drills, Volleyball Essentials for players
and coaches. American Volleyball Association. Published by Human Kinetics.
Shondell Donald S., Reynaud Cecile Ph.D. (2002). The Volleyball Coaching Bible.
USA Volleyball. Volleyball. Systems & Strategies.(2009). Published by Human
Kinetics.
Volleyball Canada. Atomic Volleyball. (2007)
Many other books are offered at: www.volleyball.ca, www.volleyball.qc.ca or
www.volleyball.com.

COURSE OBJECTIVE:

Demonstrate techniques and approaches suitable for teaching students at the elementary and high school levels.
Learn the fundamental skills and strategies of volleyball.
Improve general knowledge of the game (i.e. rules, skill analysis and content).
Learn game adaptations for teaching purposes.
Learn more advanced skills and strategies of volleyball.
To develop progressions in teaching skills and team play.
Improve the organization of a training session, and develop basic coaching skills.

COURSE CONTENT:

SKILLS:

Underhand pass, overhand pass, serving, hitting, blocking, court positions and basic strategies (including a variety of drills which aid in the learning of a skill). Increase knowledge of advanced skills: defense, serve receive and the setter.

METHODOLOGY IN TEACHING VOLLEYBALL:

Information regarding class organization and different types of teaching tools which can be used for effective teaching of volleyball.

TEAM PLAY:

Increase knowledge of team tactic: 6-0, 4-2, 6-2 and a 5-1 systems of play, 4 players serve receive formation, defense system 3-2-1. In order to learn the offensive and defensive systems and to improve technical skills level in the game you are encouraged to play in your own time.

COURSE REQUIREMENT:

1. Students are expected to participate in all sessions unless medically excused.
2. Students are expected to work on specific techniques outside the class time in order to improve personal skills.
3. Students are expected to complete all reading assignments and exams.
4. Students are expected to wear appropriate clothing in class.

EVALUATION:

SKILL EVALUATION -15%:

This is an evaluation based on the ability to execute the basic technical skills for underhand and overhand passes. **DATE: April 3-9, 2019.**

PEER TEACHING -15%:

Each student teaches a twenty (20) minutes lesson. The lesson should include the teaching of a skill and activities emphasizing that skill. A written lesson plan must be submitted the day of lesson. **DATE: March 13-April 4, 2019.**

PLANNING ASSIGNMENT - 15%:

You have been asked to substitute at a high school (grades 9 or 10). You must create a unit of instruction and four (4) lesson plans. Each class is ninety (90) minutes long. The unit plan must include objectives, organization, learning activities and refinement cues. You will also

prepare a practice of 120 minutes for each of the cycles of the season in the same format as your lessons plans. (PPI, PPII and competition) (Assignment can be done in groups of 2).
DUE DATE: LAST DAY OF CLASS. (1 mark will be deducted each day the plan is late).

MID-TERM 1 –10%:

Written examination covering the rules of the sport. **DATE: January 30, 2019 (Section 1), January 31, 2019 (Section 2).**

MID-TERM 2 – 15%

Written examination covering content of the course from the beginning to date.
DATE: February 11, 2019 (Section 1), February 12, 2019 (Section 2).

FINAL – 20%:

Written examination covering everything in the course (lectures and reserve material)
DATE: April 10, 2019 (Section 1), April 11, 2019 (Section 2).

PARTICIPATION –10%:

You have to assist a university volleyball match and complete the statistics sheets along with one sheet report for your activity. (please join your ticket)

Right to submit in English or French written work that is to be graded.

In accord with McGill University's Chartes of Students' Rights, students in this course have the right to submit in English or French any written work that is to be graded.

The right applies to all written work that is to be graded, form one-word answers to dissertations.

Academic Integrity Statement.

McGill University values academic integrity. Therefore all students must understand the meaning and consequences of cheating, plagiarism, and other academic offences under the code of student conduct and disciplinary procedures. (See www.mcgill.ca/integrity for more information).

L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le Code de conduite de l'étudiant et des procédures disciplinaires (pour de plus amples renseignements, veuillez consulter le site <http://www.mcgill.ca/integrity>).

In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.

N.B. There is no supplemental exam offered for this course.