



# McGill

Department of Kinesiology & Physical Education

**EDKP 214**

**BASKETBALL 1**

**Winter 2019**

**Instructor:** Andrew Persons

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Office Hours: Please contact the instructor to set up an appointment

## **INSTRUCTIONAL METHOD**

Two class sessions will be held per week. Each session will contain practical and theoretical material. Classes will run on Mondays and Fridays in gyms ½.

## **COURSE DESCRIPTION**

This two-credit skills course is offered exclusively to students studying within the physical education program at McGill University. Students will learn how to perform the basic skills/techniques involved in the sport of basketball and will be able to understand the key mechanics involved in each of these different skills/techniques. Students will also learn the rules and regulations of basketball and will be able to implement this knowledge into game situations. Students will also learn how to design sport-specific games and activities in order to meet the needs of both elementary and high school aged students. This course aims to instruct students on how to become better basketball teachers/coaches while also helping to develop fundamental basketball skills.

## COURSE MATERIALS & SUGGESTED READINGS

- Handouts will be distributed
- [www.fiba.com](http://www.fiba.com)
- [http://www.fiba.com/downloads/Rules/2014/Official\\_Basketball\\_Rules\\_2014\\_Y.pdf](http://www.fiba.com/downloads/Rules/2014/Official_Basketball_Rules_2014_Y.pdf)

## LEARNING OUTCOMES

1. Students will be able to develop the fundamental skills and techniques involved in the sport of basketball
2. Students will be able understand the correlation between basic drills presented in class and their relation to skill development
3. Students will be able to create progressions and drills designed towards teaching skills and team strategy
4. Students will be able to evaluate skill progression through peer analysis
5. Students will be able to demonstrate an understanding of the rules of the game

## CONTENT:

<b>Footwork and Dribbling</b> Footwork Offensive ready position The triple threat position Starting and stopping Pivoting Getting open Ball handling and dribbling	<b>Individual Offense</b> Passing Catching or receiving Faking Shooting One on One Play	<b>Team Offense</b> Concept of team offense Offensive maneuvers Introduction of a system
<b>Rebounding</b> Basic Jumping technique Technique for rebounding (offensive and defensive)	<b>Defense</b> The defensive ready position Defensive footwork Defending the ball Team defense	<b>Fast-break</b> Lanes and corridors Sidelines & middle breaks Introduction of a system
<b>Basic Rules of Officiating</b> Major officials Minor officials	<b>Basic Rules of the FIBA game</b> Overall regulations, dimensions Violations, fouls Scoring, timing	

**This course provides an opportunity for students to develop 7 of the 12 core competencies required in the teaching profession. A detailed explanation of each competency can be found on WebCT.**

COMPETENCY 1 - To act as a professional who is inheritor, critic and interpreter of knowledge or culture when teaching students.

COMPETENCY 2 - To communicate clearly in the language of instruction, both orally and in writing, using correct grammar, in various contexts related to teaching.

COMPETENCY 4 - To pilot teaching/learning situations that are appropriate to the students concerned and to the subject content with a view to developing the competencies targeted in the programs of study.

COMPETENCY 6- To plan, organize and supervise a class in such a way as to promote students' learning and social development.

COMPETENCY 8- To integrate information and communications technologies (ICT) in the preparation and delivery of teaching/learning activities and for instructional management and professional development purposes.

COMPETENCY 11- To engage in professional development individually and with others.

COMPETENCY 12- To demonstrate ethical and responsible professional behaviour in the performance of his or her duties.

## **EVALUATION**

- **10 % *Basketball Rules Quiz***. This written examination will cover the rules of basketball. (January 21<sup>st</sup>). Study Guide will be posted on myCourses. The quiz will be held in room 152
- **30 % *Basketball YouTube Assignment***. Details of this assignment will be posted on myCourses. (March 18<sup>th</sup>).
- **30 % *Team Teaching***. In groups of two **or potentially solo**, students will teach a 30-minute basketball lesson and provide a lesson plan highlighting the activities presented. Partners and topics will be assigned.
- **10 % *Theoretical Final***. This exam will cover all the theoretical information presented in the course. (April 12<sup>th</sup>). The final will be held in room 305.
- **15 % *Practical Final***. This evaluation is based on the student's ability to demonstrate technically sound basketball skills. Practical evaluation is not based on skill improvement. (April 1<sup>st</sup> and 5<sup>th</sup> )
- **5% *Leadership and Professionalism***. Students will be graded on their leadership capabilities, professionalism, and engagement in the class.

**COURSE CALENDAR:**

◀ Dec 2018		January 2019					Feb 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
6	7 <b>First Class</b> Skill Development	8	9	10	11 Skill Development	12	
13	14 Skill Development	15	16	17	18 <b>Review for Rules Quiz in 305</b>	19	
20	21 <b>Rules Quiz in 152</b>	22	23	24	25 Skill Development	26	
27	28 Skill Development	29	30	31			

◀ Jan 2019		February 2019					Mar 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1 Skill Development	2	
3	4 Skill Development	5	6	7	8 Skill Development	9	
10	11 Skill Development	12	13	14	15 Skill Development	16	
17	18 Skill Development	19	20	21	22 Sports Education	23	
24	25 Sports Education	26	27	28			

◀ Feb 2019		March 2019					Apr 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1 Sports Education	2	
3	4 <b>Study Break</b>	5 <b>Study Break</b>	6 <b>Study Break</b>	7 <b>Study Break</b>	8 <b>Study Break</b>	9	
10	11 Sports Education Or Filming Session	12	13	14	15 Sports Education Or Filming Session	16	
17	18 <b>Youtube Assignment</b> Sports Education	19	20	21	22 Sports Education	23	
24	25 Sports Education	26	27	28	29 Sports Education	30	

◀ Mar 2019		April 2019					May 2019 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
	1 <b>Practical Final</b>	2	3	4	5 <b>Practical Final</b>	6	
7	8 <b>Tournament</b>	9	10	11	12 <b>Final Exam in 305</b>	13	

## **UNIVERSITY POLICIES**

### **ATTENDANCE POLICY**

*If a student misses more than 1/6th of the classes of a full term skill and techniques course, the instructor has the right to exclude that student from further participation and evaluation in that course. You cannot miss more than four classes for EDKP 214.*

### **ACADEMIC INTEGRITY**

*McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the Code of Student Conduct and Disciplinary Procedures (see [www.mcgill.ca/students/srr/honest/](http://www.mcgill.ca/students/srr/honest/) for more information).(approved by Senate on 29 January 2003)*

*"L'université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le Code de conduite de l'étudiant et des procédures disciplinaires (pour de plus amples renseignements, veuillez consulter le site [www.mcgill.ca/students/srr/honest/](http://www.mcgill.ca/students/srr/honest/)).*

### **RIGHT TO BILINGUAL SUBMISSION**

*In accord with McGill University's Charter of Students' Rights, students in this course have the right to submit in English or in French any written work that is to be graded.*

*Conformément à la Charte des droits de l'étudiant de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté (sauf dans le cas des cours dont l'un des objets est la maîtrise d'une langue).*