

EDKP 213 (001 & 002)
Winter 2020

Course Outline

Instructor:	Bradley Crocker, B.Sc, M.A. bradley.crocker@mail.mcgill.ca
Office:	Currie Gymnasium Room E235; Office hours by appointment
Class Schedule:	Tuesdays and Thursdays January 7th to March 12th; March 31st to April 9th <u>Section 001</u> : 9:35am – 10:25am; <u>Section 002</u> : 10:35am – 11:25am
Classroom:	Memorial Pool; Room G12 in Currie Gymnasium
Pre-Requisites:	None
Restrictions:	Must be enrolled in B.Ed Kin., B.Ed Phys-Ed., B.Ed Phys-Ed with minor.

Course Description and Requirements:

This will be a 1-credit course consisting of two one-hour weekly sessions in the pool. This course provides instruction in water safety and the fundamental skills of swimming and related aquatics activities. It is designed to teach the fundamental progression of the four competitive strokes: freestyle (front crawl), backstroke, breaststroke, and butterfly, as well as other aquatic skills and games. This course will also teach how to modify and adapt activities to fit many swimming levels and populations, and will teach the planning and implementation of a swimming program or activity.

Any student that misses more than four hours of class will automatically fail this course.

Exit Teaching Competencies:

- Competency 1: To act as a professional inheritor, critic, and interpreter of knowledge or culture when teaching students.
- Competency 2: To communicate clearly in the language of instruction, both orally and in writing, using correct grammar, in various contexts related to teaching.
- Competency 3: To develop teaching/learning situations that are appropriate to the students concerned and the subject content with a view to developing the competencies targeted in the programs of study.
- Competency 4: To pilot teaching/learning situations that are appropriate to the students concerned and to the subject content with a view to developing the competencies targeted in the programs of study.

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- Competency 5: To evaluate student progress in learning the subject content and mastering the related competencies.
- Competency 6: To plan, organize, and supervise a class in such a way as to promote students' learning and social development.

Course Learning Objectives:

Students will:

1. Develop their swimming abilities and knowledge of swimming skills.
2. Be able to plan, instruct, and evaluate an aquatics program to various populations.
3. Be exposed to a range of aquatics activities.
4. Learn how swimming and related activities can contribute to a healthy lifestyle.

Course Schedule:

Week #	Dates	Description
1	January 7 th , 9 th	Water Safety & Basic Swimming Skills
2	January 14 th , 16 th	Freestyle (Front Crawl)
3	January 21 st , 23 rd	Backstroke & Breaststroke Kick
4	January 28 th , 30 th	Breaststroke & Butterfly
5	February 4 th , 6 th	Starts & Turns
6	February 11 th , 13 th	Swimming for Fitness, Designing a Program
7	February 18 th , 20 th	Guest instructors: Water Polo, Artistic Swimming
8	February 25 th , 27 th	Peer Evaluations (Due Feb. 27 th)
9	March 3 rd , 5 th	<i>*READING WEEK</i> (No Classes)
10	March 10 th , 12 th	Teaching Demonstrations
11	March 17 th , 19 th	McGill Closed
12	March 24 th , 26 th	McGill Closed
13	March 31 st , April 2 nd	Online Classes
14	April 7 th , 9 th	Online Classes

ACADEMIC INTEGRITY & MCGILL POLICIES

In accordance with McGill University's Charter of Students' Rights, students in this course have the right to submit written work in English or in French.

McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offenses under the Code of Student Conduct and Disciplinary Procedures. Please visit www.mcgill.ca/integrity/ for more information.

As the instructor of this course I endeavor to provide an inclusive learning environment. If you have a disability, please contact the instructor to arrange a time to discuss your situation. I ask that you also contact the Office for Students with Disabilities at 514-398-6009 or visit <https://www.mcgill.ca/osd/>

McGill University is on land which has long served as a site of meeting and exchange amongst Indigenous peoples, including the Haudenosaunee and Anishinabeg nations. We acknowledge and thank the diverse Indigenous people whose footsteps have marked this territory on which peoples of the world now gather.

Additional policies governing academic issues which affect students can be found in the McGill Charter of Students' Rights.

ONLINE CLASSES

In line with directives to reduce the spread of COVID-19, we will be switching to a virtual classroom for the last two weeks of classes this term (March 31st – April 9th). These lectures will use a video conferencing application called Zoom, instructions for using which will be disseminated as they become available.

Course Evaluation for those who presented their teaching demonstration:

Method	Weight of Final Grade	Teaching Competencies
Participation	10%	-
Teaching Demonstration	30%	1, 2, 3, 4, 5, 6
Peer Evaluation	25%	1, 2, 3, 4
Aquatics Program Plan	35%	1, 2, 6

Those who presented their teaching presentations may choose to alternatively be evaluated using the breakdown below. This selection must be communicated to the course instructor via email prior to Tuesday March 31st.

Course Evaluation for those unable to present their teaching demonstration:

Method	Weight of Final Grade	Teaching Competencies
Participation	10%	-
Teaching Demonstration	15%	1, 2, 3, 4, 5, 6
Peer Evaluation	25%	1, 2, 3, 4
Aquatics Program Plan	50%	1, 2, 6

COURSE WORK GUIDELINES: Participation

Students are expected to:

- Wear functional swim attire: bathing suits, goggles, and optionally bathing caps.
- Show up on time and ready to participate.
- Be proactive; discuss all concerns with the course instructor as they arise.

Students are expected to attend all classes. One (1/10) participation mark will be deducted for each hour of class missed. **This deduction will not apply to online classes. Any student that misses more than four hours of in-person class will automatically fail the course.**

COURSE WORK GUIDELINES: Peer Evaluation

On February 25th, you will work in pairs, taking turns being an instructor and swimmer. You are required to evaluate two of the four competitive strokes performed by your swimmer. You will evaluate strengths/weaknesses in your swimmers' strokes, and prescribe appropriate cues or drills to correct the swimmer's deficiencies or technical weaknesses. You must prepare a rubric/checklist for each competitive stroke in advance to evaluate and give proper feedback to your swimmer. This document, along with an explanation of specific drills targeting your partner's weaknesses, is to be submitted in the following class on Feb. 27th.

You will be evaluated on:

- The quality of your rubric/checklist in evaluating all elements of the strokes.
- The appropriateness of your prescribed cues / drills
- The quality of your verbal / written feedback
- The appropriate use of your given time (20 minutes for both strokes)

COURSE WORK GUIDELINES: Teaching Demonstration

In groups of 3 or 4, you will teach a skill or activity related to aquatics to the class, geared towards a population of elementary or secondary school students. Teaching days will be selected in class on Thursday February 13th.

In the 50-minute class, you are expected to:

- Provide a printed lesson plan outlining your activity, following the McGill P.E. lesson plan standards.
- Execute the lesson plan, ensure participation of the entire class

- Provide feedback to participants throughout the lesson
- Submit a reflection to the course instructor within 24 hours of the lesson, outlining your experience of the class and lessons learned through teaching.

You will need to confirm with the course instructor what equipment is available in the pool facilities prior to the day of your lesson. Should you require additional equipment from what is already available, it is your responsibility to provide it.

You will be evaluated on:

- The quality and appropriateness of the skill/activity.
- The progression of your lesson plan.
- The conciseness and clarity of your explanations.
- The quality and appropriateness of your feedback to participants.
- Your ability to instruct as a team.

If your teaching demonstration did not occur:

You will be responsible only for handing in the printed lesson plan, following the McGill P.E. lesson plan standards. Your evaluation will be solely based on the quality of this lesson plan. For all groups in this situation, this lesson plan will be due electronically by March 31st.

COURSE WORK GUIDELINES: Aquatics Program Plan

You will create a four-week learn-to-swim aquatics program plan directed towards an elementary or secondary school population. This program must include specific program objectives as well as lesson plans for eight 45-minute sessions, which should include learning objectives, planned drills/activities, and methods of evaluation. This assignment will be introduced in class on February 13th, **discussed further during online teaching sessions**, and will be due electronically (submitted via email to the course instructor) on the last day of classes (April 14th).

You will be evaluated on:

- The comprehensiveness and detail of your lesson plans.
- The appropriateness of drills and activities to accomplish the learning objectives.
- The appropriateness of the learning objectives for your selected population.
- The progression of drills and activities between lessons
- Clear descriptions and appropriate formatting for each element

~~COURSE WORK GUIDELINES: Olympic Trials Reflection~~

~~You will watch one finals session of the 2020 Canadian Olympic Swimming Trials, held March 30th—April 5th. The event will be streamed for free online at cbc.ca, a direct link will be distributed to the class via email once available. You will write a one-page reflection that touches on the following:~~

- ~~• What did you learn about Olympic swimming?~~
- ~~• What did you learn about a Canadian athlete, or the Olympic swimming team as a whole?~~
- ~~• What impact could early exposure to events like this have on youth sport participation?~~

~~This will be due electronically, emailed to the course instructor, on April 7th.~~

~~You will be evaluated on:~~

- ~~• Quality of writing (grammar, sentence structure)~~
- ~~• Depth and detail of reflection~~
- ~~• Appropriate formatting (Size 12 Times New Roman)~~

***As Canadian Olympic Swimming Trials has been postponed indefinitely, this assignment is no longer viable.**

****In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.**