

EDKP 213 (001 & 002)
Winter 2022

Course Outline

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| Instructor: | Bradley Crocker, B.Sc, M.A. bradley.crocker@mail.mcgill.ca |
| Office: | Office hours by appointment only. |
| Class Schedule: | Tuesdays and Thursdays January 6 th to April 12 th <u>Section 001</u> : 9:35am – 10:25am; <u>Section 002</u> : 10:35am – 11:25am |
| Classroom: | <u>Online</u> : Classes will be held using Zoom, accessible through MyCourses. <u>In-Person</u> : Memorial Pool; Room G12 in Currie Gymnasium |
| Pre-Requisites: | None |
| Restrictions: | Must be enrolled in B.Ed Kin., B.Ed Phys-Ed., B.Ed Phys-Ed with minor. |

Course Description and Requirements:

This will be a 1-credit course consisting of two 50-minute weekly sessions. Classes will be held either online using Zoom, or in-person at McGill's pool in the Currie Gymnasium. This course provides instruction in water safety and the fundamental skills of swimming and related aquatics activities. It is designed to teach the fundamental progression of the four competitive strokes: freestyle (front crawl), backstroke, breaststroke, and butterfly, as well as other aquatic skills and games. This course will also teach how to modify and adapt activities to fit many swimming levels and populations, and will teach the planning and implementation of a swimming program or activity.

Any student that misses more than three hours of class will automatically fail this course.

Exit Teaching Competencies:

- Competency 1: To act as a professional inheritor, critic, and interpreter of knowledge or culture when teaching students.
- Competency 2: To communicate clearly in the language of instruction, both orally and in writing, using correct grammar, in various contexts related to teaching.
- Competency 3: To develop teaching/learning situations that are appropriate to the students concerned and the subject content with a view to developing the competencies targeted in the programs of study.

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- Competency 4: To pilot teaching/learning situations that are appropriate to the students concerned and to the subject content with a view to developing the competencies targeted in the programs of study.
- Competency 5: To evaluate student progress in learning the subject content and mastering the related competencies.
- Competency 6: To plan, organize, and supervise a class in such a way as to promote students' learning and social development.

Course Learning Objectives:

Students will:

1. Develop their swimming abilities and knowledge of swimming skills.
2. Be able to plan, instruct, and evaluate an aquatics program to various populations.
3. Be exposed to a range of aquatics activities.
4. Learn how swimming and related activities can contribute to a healthy lifestyle.

Course Schedule:

| Week # | Dates | Description |
|--------|--|---|
| 1 | January 6 th | Course Introduction |
| 2 | January 11 th , 13 th | Water Safety & Basic Swimming Skills |
| 3 | January 18 th , 20 th | Freestyle (Front Crawl) |
| 4 | January 25 th , 27 th | Backstroke |
| 5 | February 1 st , 3 rd | Teaching & Learning |
| 6 | February 8 th , 10 th | Breaststroke |
| 7 | February 15 th , 17 th | Starts & Turns; Butterfly |
| 8 | February 22 nd , 24 th | Artistic Swimming (Group Activity Lesson Plan Due Feb. 24th) |
| 9 | March 1 st , 3 rd | *READING WEEK (No Classes) |
| 10 | March 8 th , 10 th | Swimming for Health & Fitness |
| 11 | March 15 th , 17 th | Designing a Program (Remote Stroke Evaluation Due March 17th) |
| 12 | March 22 nd , 24 th | Water Polo |
| 13 | March 29 th , 31 st | Diving |
| 14 | April 5 th , 7 th | Semester Review (Aquatics Program Plan Due April 8th) |

ACADEMIC INTEGRITY & MCGILL POLICIES

In accordance with McGill University's Charter of Students' Rights, students in this course have the right to submit written work in English or in French.

McGill University values academic integrity. Therefore, all students must understand the meaning and consequences of cheating, plagiarism and other academic offenses under the Code of Student Conduct and Disciplinary Procedures. Please visit www.mcgill.ca/integrity/ for more information.

As the instructor of this course I endeavor to provide an inclusive learning environment. If you have a disability, please contact the instructor to arrange a time to discuss your situation. I ask that you also contact the Office for Students with Disabilities at 514-398-6009 or visit <https://www.mcgill.ca/osd/>

McGill University is on land which has long served as a site of meeting and exchange amongst Indigenous peoples, including the Haudenosaunee and Anishinabeg nations. We acknowledge and thank the diverse Indigenous people whose footsteps have marked this territory on which peoples of the world now gather.

Additional policies governing academic issues which affect students can be found in the McGill Charter of Students' Rights.

Course Evaluation:

| Method | Weight of Final Grade | Teaching Competencies |
|----------------------------|-----------------------|-----------------------|
| Participation | 10% | - |
| Group Activity Lesson Plan | 20% | 1, 2, 3, 4, 5, 6 |
| Remote Stroke Evaluation | 30% | 1, 2, 3, 4, 5 |
| Aquatics Program Plan | 40% | 1, 2, 6 |

COURSE WORK GUIDELINES: Participation

Students are expected to:

- Wear functional swim attire (when in-person): bathing suits, goggles, and optionally bathing caps.
- Show up on time and ready to participate; contribute to discussion.
- Be proactive; discuss all concerns with the course instructor as they arise.

Students are expected to attend all classes. One (1/10) participation mark will be deducted for each hour of class missed. **Any student that misses more than three hours of class will automatically fail this course.**

COURSE WORK GUIDELINES: Group Activity Lesson Plan (Due February 24th)

In groups of 3 or 4, you will create a lesson plan for a skill or activity related to aquatics (to take place at a swimming pool). It must be geared towards a group of 24 elementary or secondary school students. The lesson plan must incorporate an activity that uses cooperation between students to enhance learning.

You are expected to:

- Submit a lesson plan following the McGill P.E. lesson plan standards.
 - Outline key learning objectives / outcomes
 - Use descriptive language and/or diagrams to communicate activities
 - Be clear of each instructor's role for each activity.
 - Describe strategies to give feedback and ensure full participation.

You will be evaluated on:

- The quality and appropriateness of the skill/activity.
- The progression of your lesson plan.
- The conciseness and clarity of your explanations.
- Your plans to effectively utilize all instructors.

COURSE WORK GUIDELINES: Remote Stroke Evaluation (Due March 17th)

Four videos will be posted to MyCourses on February 24th. Each video will show a swimmer performing one of the four competitive strokes. You are required to evaluate two of the four videos. For these two strokes, you will first prepare a rubric/checklist that may be used to evaluate technical proficiency. Using this rubric/checklist, you will then evaluate strengths and weaknesses of the featured swimmer, and prescribe appropriate cues and drills to correct the swimmer's deficiencies or technical weaknesses. You are to submit the two checklists as well as a written summary of strengths/weaknesses and cues/drills to correct deficiencies. The summary can be in paragraph or bullet point form.

You will be evaluated on:

- The quality of your rubrics/checklists in evaluating all elements of the strokes.
- Your ability to recognize and describe strengths and weaknesses.
- The appropriateness of your prescribed cues / drills to correct deficiencies.
- The overall quality of your written feedback.

COURSE WORK GUIDELINES: Aquatics Program Plan (Due April 8th)

You will create a four-week learn-to-swim aquatics program plan directed towards an elementary or secondary school population. This program must include specific program objectives as well as lesson plans for eight 45-minute sessions, which should include learning objectives, planned drills/activities, and methods of evaluation. This assignment will be due on the last day of classes (April 8th).

You will be evaluated on:

- The comprehensiveness and detail of your lesson plans.
- The appropriateness of drills and activities to accomplish the learning objectives.
- The appropriateness of the learning objectives for your selected population.
- The progression of drills and activities within and between lessons

- Clear descriptions and appropriate formatting for each element

**In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change.