



B.Ed. Physical and Health Education

Newly Admitted Students

Advising Handbook

2024-2025

Department of Kinesiology and Physical Education

Departmental Information:

Location: Currie Gym (475 Pine Avenue West)

Undergraduate Program Director: Dr. Celena Scheede-Bergdahl

Email: celena.scheede@mcgill.ca

Student Advisor: TBA

Advising Location: **Currie Gym** - 475 Pine Avenue West – Room A201

Email:

Student Advisor Availability: <https://www.mcgill.ca/edu-kpe/programs/ug/advising>

Administrative and Student Affairs Coordinator: Ms. Sonia Masi

Location: **Currie Gym** - 475 Pine Avenue West – Room A216

Email: studentaffairs.kpe@mcgill.ca

Frequently Asked Questions: <https://www.mcgill.ca/edu-kpe/programs/ug/frequently-asked-questions>

Program Overview:

This four year 120-credit (150-credit for out of province students) specialist program prepares students to teach physical and health education in both **elementary and secondary** schools. Due to the sequential nature of the program, candidates accepted with **advanced standing** may require more time to complete their program than the minimum required credits may suggest and are encouraged to contact the Student Advisor **upon acceptance of the offer of admission**.

Students are reminded that the Physical and Health Education program cannot be followed on a part-time basis. Students must enroll in **a minimum of 12 credits** per semester to be considered full-time and eligible for scholarships, awards, financial aid, and most other types of funding. The usual credit load is 15 credits per term.

Course Registration:

You should refer to the following website to determine when registration opens for you: <https://www.mcgill.ca/accepted/nextsteps/register/dates>

The following page contains a list of the required courses for the first year of study in the B.Ed. Physical and Health Education program. You should register for both **Fall 2024 and Winter 2025** semesters on MINERVA (McGill's registration website for students) when registration opens. When preparing your schedule, be sure to include both the lecture time and the appropriate lab/conference/tutorial times, where applicable.

Please refer to the [2024-2025 Program Profile](#) containing the full 4-year (U1) or 5-year (U0) overview including the sequence of courses. downloadable from: <https://www.mcgill.ca/edu-kpe/programs/ug/advising> → **NEW STUDENTS** tab.

McGill Pre-Registration Orientation (PRO): an email with links to these virtual sessions will be sent to all students in May 2024

U0 Foundation Year BEd PHE (students admitted from HS or outside of Quebec): TBA

U1 BEd PHE (CEGEP Admits): TBA

Year 1 (U1) – 2024-2025

Term	Course Subject & Number	Section	Title	Credit
FALL 2024 <i>Lectures begin on August 28th and end on December 4th 2024</i>	EDEC 215	001 *complete details will be communicated by the ISA in the fall	Engl. Language Requirement	0
	EDKP 100 Lecture & Lab	001 with (+) 002	Intro to PHE in Quebec	3
	EDKP 223	001 or 002	Games 1: Elementary Physical Education	3
	EDKP 261 Lecture & Lab	001 with (+) one of the following Lab sections: 003 or 004	Motor Development	3
	EDKP 293	001	Anatomy and Physiology	3
	EDKP 330	001	Physical Activity & Health	3
WINTER 2025 <i>Lectures begin on January 6th and end on April 11th 2025</i>	EDKP 342 Lecture & Lab	001 with 002 or with 003	P.E. Methods	3
	EDKP 253	001 or 002	Movement Education	3
	EDKP 394	001	Historical Perspectives	
	EDKP 391	001	Physiology in Sport and Exercise	3
	EDPE 300	001	Educational Psychology	3
Summer 2025 <i>TBA</i>	EDFE 246	001 *complete details will be communicated by the ISA Office in the fall	1st Year Field Experience (Elem.)	3

**There might be schedule changes over the summer, therefore, please check MINERVA again before coming to class on August 28th.*

Out-of-Province Students

Foundation Year (U0)

2024-2025

Freshman students are required to complete 30 credits of introductory level courses. You will not be granted permission to take first year (U1) courses if a minimum of 24 credits from the freshmen year have not been obtained.

It is not recommended that you enroll in courses greater than 200-level in your Freshman Year.

If you are considering a second teachable, the following are suggested subject areas:

- History
- Geography
- English
- Mathematics
- French

Suggested courses in first year of study:

- First Year Seminar (FYS in title with 199 course number)

For further suggestions, it is recommended you refer to

<https://www.mcgill.ca/oasis/students/new/freshmanfoundation-u0/first-year-seminars>

Information and Departmental Policies

ATTENDANCE: The pattern of attendance necessary to satisfy the requirements of course work will vary according to the nature of different subjects and the professors' approaches to them. Attendance is required in all physical activity courses. The instructor has the right to exclude from further participation and evaluation, students who miss more than one-sixth of a physical activity course (6.5 hours) or the first few sessions of a condensed course.

FIELD EXPERIENCE AND PRACTICUM: Students of the Department of Kinesiology and Physical Education are accountable for the image they portray when on field experiences and practica. Guidelines will be presented in appropriate courses.

DRESS REGULATIONS AND EQUIPMENT: All students in the Department of Kinesiology and Physical Education are required to wear appropriate clothing for physical activity courses, as approved by the instructor. Students may also be responsible for providing some items of personal equipment; e.g. skates.

LOCKERS: Students may obtain a locker, with proof of full time registration in one of our programs, by presenting themselves at Client Services Office (Currie G20) and requesting a locker in the Phys. Ed. section at the Athletics Facilities Equipment Room/Counter.

A.S. Lamb Learning Centre/Computer Lab: Students enrolled in the B.Ed. Physical and Health Education and B.Sc. Kinesiology programs have access to their very own computer lab in the Currie Gymnasium, located in Room A207. Access is McGill ID Card accessible.

HOURS OF OPERATION: 8am–5pm, Monday to Friday

FIRST AID/CPR/AED level C: Proof of certification in Emergency First Aid, and Level C in Cardiopulmonary Resuscitation/AED, or equivalencies, are required and must be submitted to the Department *at least 2 months before graduation*. Certification must be current at time of graduation.

SAPEK: Student Association of Physical Education and Kinesiology
This is a student-run organization concerned with both professional and social aspects of student life. Visit their website for information on how YOU can get involved:
www.sapekmcgill.com