



B.Sc. Kinesiology

Newly Admitted Students

Advising Handbook

2023 - 2024

Department of Kinesiology and Physical Education

Departmental Information:

Location: Currie Gym (475 Pine Avenue West)

Undergraduate Program Director: Dr. Celena Scheede-Bergdahl

Email: celena.scheede@mcgill.ca

Student Advisor: Ms. Nada Abu-Merhy

Advising Location: **Currie Gym** - 475 Pine Avenue West – Room A201

Email: nada.abu-merhy@mcgill.ca

Student Advisor Availability: <https://www.mcgill.ca/edu-kpe/programs/ug/advising>

Administrative and Student Affairs Coordinator: Ms. Catherine Klempa

Location: **Currie Gym** - 475 Pine Avenue West – Room A216

Email: studentaffairs.kpe@mcgill.ca

Frequently Asked Questions: <https://www.mcgill.ca/edu-kpe/programs/ug/frequently-asked-questions>

Program Overview:

This 90-credit (or 120-credit for out-of-province students) program prepares students for employment in Kinesiology fields such as exercise evaluation and prescription, wellness, rehabilitation, ergonomics, personal training, and coaching, or for advanced studies in medicine, physical and occupational therapy, and related fields. This program has two options, **Major** Kinesiology and **Honours** Kinesiology, each requiring a common core of courses, yet each is unique by degree of specialization and depth of learning.

Options:

Major Kinesiology - This is designed for students who wish a general focus in Kinesiology and maximum opportunity for elective courses.

Honours in Kinesiology - This is specifically designed for students wishing to pursue advanced studies in Kinesiology with a research perspective.

Transferring to the Kinesiology-Honours program will only be considered after the completion of year two (U2) of the B.Sc. (Kinesiology) with CGPA of 3.3 as a minimum.

Due to the sequential nature of the program, candidates accepted with **advanced standing** may require more time to complete their program than the minimum required credits may suggest and are encouraged to contact the Student Advisor **upon acceptance of the offer of admission**.

Students are reminded that the Kinesiology program cannot be followed on a part-time basis. Students must enroll in **a minimum of 12 credits** per semester to be considered full-time and eligible for scholarships, awards, financial aid, and most other types of funding. The usual credit load is 15 credits per term.

Course Registration:

You should refer to the following website to determine when registration opens for you:
<https://www.mcgill.ca/accepted/nextsteps/register/dates>

The following page contains a list of the required courses for the first year of study in the B.Sc. Kinesiology program. You should register for both **Fall 2022 and Winter 2023** semesters on MINERVA (McGill's registration website for students). When preparing your schedule, be sure to include both the lecture time and the appropriate lab/conference/tutorial times, where applicable.

Elective courses can be chosen anywhere within the University except for courses offered by the School of Continuing Studies such as professional development courses. Verify with the Student Advisor if not sure which courses could count towards the elective credits.

Please refer to [2023-2024 program profiles](#) for your specific profile containing the full 3-year (U1) or 4-year (U0) overview including the sequence of courses. The document may be downloaded from <https://www.mcgill.ca/edu-kpe/programs/ug/advising> → *NEW STUDENTS* tab (after June 1st).

McGill Pre-Registration Orientation (PRO): refer to class year group advising sessions dates/times/Zoom links communicated to you by email

Year 1 (U1) – 2023-2024

**There might be schedule changes over the summer, therefore, please check MINERVA again before coming to class in September.*

Term	Course Subject & Number	Section	Title	Credit
FALL 2023 <i>Lectures begin on August 30th and end on December 5th 2023</i>	ANAT 315	001 with 003	Region Anat/Limbs + Back	3
	EDKP 250	001	Intro Principles in Applied Kinesiology	3
	EDKP 261	001 with ONE Lab Section (005, 006, or 007)	Motor Development	3
	EDKP 330	001	Physical Activity & Health	3
	PHGY 209	001	Mammalian Physiology 1	3
WINTER 2024 <i>Lectures begin on January 4th and end on April 12th 2024</i>	ANAT 316	001 with 003	Human Visceral Anatomy	3
	EDKP 206	001 with ONE Lab section (002, 003, or 004)	Biomechanics of Human Movement	3
	PHGY 210	001	Mammalian Physiology 2	3
	PSYC 204 or MATH 203, or EDPE 375	Whichever fits in your schedule	Complementary Statistics Requirement	3
	Elective		Course of your choice*	3

*Except for courses offered by the School of Continuing Studies, ex: professional development courses

NOTE: If you have received an EXEMPTION WITHOUT CREDIT for MATH 203 (based on CEGEP equivalency) then you are to select a **3-credit Elective course** to make up the credits for this exemption. You may not receive confirmation of this from the University until early November via your Unofficial Transcript viewable via Minerva. If it does not appear by then, contact studentaffairs.kpe@mcgill.ca with **MATH 203** in the *SUBJECT LINE*.

Freshman Year (U0)

Out-of-Province Students

2023-2024

**There might be schedule changes over the summer, therefore, please check MINERVA again before coming to class in September.*

Term	Course Subject & Number	Title	Credit
FALL 2023 <i>Lectures begin on August 30th and end on December 5th 2023</i>	BIOL 111	Organismal Biology	3
	CHEM 110	General Chemistry 1	4
	MATH 139 or MATH 140 or MATH 150	<i>Calculus</i> or Calculus 1 or <i>Calculus A</i>	3 or 4
	PHYS 101	Introductory Physics - Mechanics	4
WINTER 2024 <i>Lectures begin on January 4th and end on April 12th 2023</i>	BIOL 112	Cell and Molecular Biology	3
	CHEM 120	General Chemistry 2	4
	MATH 141 or (MATH 151)	Calculus 2 or (Calculus B)	4
	PHYS 102	Introductory Physics - Electromagnetism	4

Information and Departmental Policies

ATTENDANCE: The pattern of attendance necessary to satisfy the requirements of course work will vary according to the nature of different subjects and the professors' approaches to them. Attendance is required in all physical activity courses. The instructor has the right to exclude from further participation and evaluation, students who miss more than one-sixth of a physical activity course (6.5 hours) or the first few sessions of a condensed course.

INTERNSHIPS AND PRACTICUM: Students of the Department of Kinesiology and Physical Education are accountable for the image they portray when on internships and practica. Guidelines will be presented in appropriate courses. Registration in Internship and Practicum courses have a special process to be followed and priority is given to U3 and U2 students.

DRESS REGULATIONS AND EQUIPMENT: All students in the Department of Kinesiology and Physical Education are required to wear appropriate clothing for physical activity courses, as approved by the instructor. Students may also be responsible for providing some items of personal equipment; e.g. skates.

LOCKERS: Students may obtain a locker, with proof of full time registration in one of our programs, by presenting themselves at Client Services Office (Currie G20) and requesting a locker in the Phys. Ed. section at the Athletics Facilities Equipment Room/Counter.

A.S. Lamb Learning Centre/Computer Lab: Students enrolled in the B.Ed. Physical and Health Education and B.Sc. Kinesiology programs have access to their very own computer lab in the Currie Gymnasium, located in Room A207. Access is McGill ID Card accessible.

HOURS OF OPERATION: 8am–5pm, Monday to Friday

FIRST AID/CPR/AED level C: Proof of certification in Emergency First Aid, and Level C in Cardiopulmonary Resuscitation/AED, or equivalencies, are required and must be submitted to the Department *at least 2 months before graduation*. Certification must be current at time of graduation.

SAPEK: Student Association of Physical Education and Kinesiology
This is a student-run organization concerned with both professional and social aspects of student life. Visit their website for information on how YOU can get involved:
www.sapekmcgill.com