

## ${\bf Department\ of\ Kinesiology\ and\ Physical\ Education-McGill\ University}$

## Bachelor of Education Physical and Health Education (150 credits) - Program Checklist

Name		Student Number
Total credits required to complete	as of	

Physical and Health Education			Physical and Health Education						
	Course #	Term	Credit	Grade		Course #	Term	Credit	Grade
Required (60 credits)					Pedagogical Support (6 credits)				
English Language Requirement	EDEC 215		0		Indigenous Education	EDEC 233		3	
Intro to Physical and Health Ed. in QC	EDKP 100		3		– OR –				
Policy Issues in Quebec Education	EDEC 247		3		Equity and Education	EDEC 248		3	
Philosophical Foundations of Education	EDEC 260		3		– OR –				
Health Education	EDKP 204		3		Global Education and Social Justice	EDEC 249		3	
Biomechanics and Motor Learning	EDKP 208		3						
Motor Development	EDKP 261		3		Media, Technology and Education	EDEC 262		3	
Nutrition and Wellness	EDKP 292		3		- OR -				
Anatomy and Physiology	EDKP 293		3		Application Software	EDPT 200		3	
Evaluation in Physical Education	EDKP 307		3		- OR -				
Physical Activity and Public Health	EDKP 330		3		Education Media I	EDPT 204		3	
Physical Education Methods	EDKP 342		3		Field Experience (20 credits)				
Physiology in Sport and Exercise	EDKP 391		3		First Year Field Experience (Elem.)	EDFE 246		3	
Historical Perspectives	EDKP 394		3		Second Year Field Experience (Sec.)	EDFE 373		3	
Adapted Physical Activity	EDKP 396		3		Third Year Field Experience	EDFE 380		7	
Physical Education Pedagogy	EDKP 442		3		Fourth Year Field Experience	EDFE 480		7	
Research Methods	EDKP 443		3		Elective (12 credits)		•		
Exercise and Health Psychology	EDKP 448		3						
Phys. Ed. Curriculum Development	EDKP 494		3						
Sport Psychology	EDKP 498		3						
Education Psychology	EDPE 300		3						
Physical Activities (22 credits)					Out of Province Students – Foundation	n Year (30 cred	lits)		
Aquatics 1	EDKP 213		1						
Track and Field / Cross Country	EDKP 217		3						
Games I: Elementary Physical Ed.	EDKP 223		3						
Games II: Elementary Physical Ed.	EDKP 225		3						
Health-Related Fitness	EDKP 232		3						
Non-Traditional Physical Activities	EDKP 235		3						
Outdoor Education	EDKP 237		3						
Movement Education	EDKP 253		3						
					GRADUATION REQUIREMENT:				
					Emergency First Aid and Level C CPR /	AED			

Notes:	





## B.Ed. Physical and Health Education

## Program Overview for Students Admitted in September 2024

The following is the 4-year plan for the B.Ed. Physical and Health Education teacher preparation program, which provides an overview of the program requirements. N.B: U0 students (i.e. out-of-province) must complete the 30 Foundation Year Credits in their first year of study at McGill (graduation year: 2028-2029).

U1 (2024-2025)					
Fall					
EDEC 215 English Language Requirement	EDKP 100 Intro to PHE in Quebec	EDKP 293 Anatomy and Physiology	EDKP 261 Motor Development	EDKP 330 Physical Activity and Public Health	EDKP 223 Games I: Elementary Phys. Ed.
0 credits	3 credits	3 credits	3 credits	3 credits	3 credits
Winter			_		
EDKP 391 Physiology in Sport and Exercise	EDKP 342 P.E. Methods	EDKP 253 Movement Education		EDKP 394 Historical Perspectives	EDPE 300 Educational Psychology
3 credits	3 credits	3 cre	edits	3 credits	3 credits

Summer 2025 — EDFE 246 First Year Field Experience (Elementary) — 3 credits

U2 (2025–2026)				
Fall				
EDKP 204 Health Education	EDKP 396 Adapted Physical Activity	EDKP 443 Research Methods	Free Elective	EDKP 225 Games II: Elementary Phys. Ed.
0 credits	3 credits	3 credits	3 credits	3 credits
Winter				
EDKP 208 Biomechanical and Motor Learning	EDEC 262 Media, Tech & Education or (EDPT 200, EDPT 204)	EDKP 448 Exercise and Health Psychology	Free Elective	EDKP 232 Health-Related Fitness
3 credits	3 credits	3 credits	3 credits	3 credits

Summer 2026 — EDFE 373 Second Year Field Experience (Secondary) — 3 credits

U3 (2026–2027)					
Fall  EDKP 217  Track and Field	EDKP 307 Evaluation in Physical Education	Th	EDFE 380 ird Year Field Experience		
3 credits	3 credits	7 credits			
EDEC 260 Philosophical Foundations of Education	EDKP 494 Curriculum Development	EDKP 235 Non-Traditional Physical Activities	EDKP 213 Aquatics	Free Elective	
3 credits	3 credits	3 credits	1 credit	3 credits	

U4 (2027-2028)				
Fall				
EDEC 247 Policy Issues in Quebec Education	EDEC 248 Equity and Education or (EDEC 233, EDEC 249)	EDKP 292 Nutrition and Wellness	EDKP 498 Sport Psychology	Free Elective
3 credits	3 credits	3 credits	3 credits	3 credits
Winter				
EDKP 237 Outdoor Education	EDKP 442 P.E. Pedagogy		EDFE 480 Fourth Year Field Experience	
3 credits	3 credits		7 credits	