





B.Ed. Physical and Health Education  
**Program Overview for Students Admitted in September 2024**

The following is the 4-year plan for the B.Ed. Physical and Health Education teacher preparation program, which provides an overview of the program requirements.  
 N.B: UO students (i.e. out-of-province) must complete the 30 Foundation Year Credits in their first year of study at McGill (graduation year: 2028-2029).

U1 (2024-2025)					
<b>Fall</b>					
<b>EDEC 215</b> English Language Requirement  <b>0 credits</b>	<b>EDKP 100</b> Intro to PHE in Quebec  <b>3 credits</b>	<b>EDKP 293</b> Anatomy and Physiology  <b>3 credits</b>	<b>EDKP 261</b> Motor Development  <b>3 credits</b>	<b>EDKP 330</b> Physical Activity and Public Health  <b>3 credits</b>	<b>EDKP 223</b> Games I: Elementary Phys. Ed.  <b>3 credits</b>
<b>Winter</b>					
<b>EDKP 391</b> Physiology in Sport and Exercise  <b>3 credits</b>	<b>EDKP 342</b> P.E. Methods  <b>3 credits</b>	<b>EDKP 253</b> Movement Education  <b>3 credits</b>		<b>EDKP 394</b> Historical Perspectives  <b>3 credits</b>	<b>EDPE 300</b> Educational Psychology  <b>3 credits</b>
<b>Summer 2025 — EDFE 246 First Year Field Experience (Elementary) — 3 credits</b>					
U2 (2025–2026)					
<b>Fall</b>					
<b>EDKP 204</b> Health Education  <b>0 credits</b>	<b>EDKP 396</b> Adapted Physical Activity  <b>3 credits</b>	<b>EDKP 443</b> Research Methods  <b>3 credits</b>	<b>Free Elective</b>  <b>3 credits</b>	<b>EDKP 225</b> Games II: Elementary Phys. Ed.  <b>3 credits</b>	
<b>Winter</b>					
<b>EDKP 208</b> Biomechanical and Motor Learning  <b>3 credits</b>	<b>EDEC 262</b> Media, Tech & Education or (EDPT 200, EDPT 204)  <b>3 credits</b>	<b>EDKP 448</b> Exercise and Health Psychology  <b>3 credits</b>	<b>Free Elective</b>  <b>3 credits</b>	<b>EDKP 232</b> Health-Related Fitness  <b>3 credits</b>	
<b>Summer 2026 — EDFE 373 Second Year Field Experience (Secondary) — 3 credits</b>					
U3 (2026–2027)					
<b>Fall</b>					
<b>EDKP 217</b> Track and Field  <b>3 credits</b>	<b>EDKP 307</b> Evaluation in Physical Education  <b>3 credits</b>	<b>EDFE 380</b> Third Year Field Experience  <b>7 credits</b>			
<b>Winter</b>					
<b>EDEC 260</b> Philosophical Foundations of Education  <b>3 credits</b>	<b>EDKP 494</b> Curriculum Development  <b>3 credits</b>	<b>EDKP 235</b> Non-Traditional Physical Activities  <b>3 credits</b>	<b>EDKP 213</b> Aquatics  <b>1 credit</b>	<b>Free Elective</b>  <b>3 credits</b>	
U4 (2027-2028)					
<b>Fall</b>					
<b>EDEC 247</b> Policy Issues in Quebec Education  <b>3 credits</b>	<b>EDEC 248</b> Equity and Education or (EDEC 233, EDEC 249)  <b>3 credits</b>	<b>EDKP 292</b> Nutrition and Wellness  <b>3 credits</b>	<b>EDKP 498</b> Sport Psychology  <b>3 credits</b>	<b>Free Elective</b>  <b>3 credits</b>	
<b>Winter</b>					
<b>EDKP 237</b> Outdoor Education  <b>3 credits</b>	<b>EDKP 442</b> P.E. Pedagogy  <b>3 credits</b>	<b>EDFE 480</b> Fourth Year Field Experience  <b>7 credits</b>			