

**Bachelor of Education Physical and Health Education (150 credits) - Cumulative Record**

Name \_\_\_\_\_ Student Number \_\_\_\_\_

Total credits required to complete \_\_\_\_\_ as of \_\_\_\_\_.

Physical and Health Education		Term	Credit	Grade	Physical and Health Education		Term	Credit	Grade		
	Course Number					Course Number					
<b>Required:</b>				<b>(60 crs.)</b>		<b>Pedagogical Support</b>				<b>(6 crs.)</b>	
English Language Requirement	EDEC 215		0		Indigenous Education <b>OR</b> Equity and Education <b>OR</b> Global Education and Social Justice	EDEC 233		3			
Intro to Physical and Health Education in Quebec	EDKP 100		3			EDEC 248					
Policy Issues in Quebec Education	EDEC 247		3			EDEC 249					
Philosophical Foundations of Education	EDEC 260		3								
Health Education	EDKP 204		3		Media, Technology and Education <b>OR</b> Applications Software <b>OR</b> Educational Media I	EDEC 262		3			
Biomechanics and Motor Learning	EDKP 208		3			EDPT 200					
Motor Development	EDKP 261		3			EDPT 204					
Nutrition and Wellness	EDKP 292		3								
Anatomy and Physiology	EDKP 293		3		<b>Field Experience</b>					<b>(20 crs.)</b>	
Evaluation in Physical education	EDKP 307		3		First Year Field Experience (Elem.)	EDFE 246		3			
Physical Activity and Public Health	EDKP 330		3		Second Year Field Experience (Sec.)	EDFE 373		3			
Physical Education Methods	EDKP 342		3		Third Year Field Experience	EDFE 380		7			
Physiology in Sport and Exercise	EDKP 391		3		Fourth Year Field Experience	EDFE 480		7			
Historical Perspectives	EDKP 394		3		<b>Elective</b>					<b>(12 crs.)</b>	
Adapted Physical Activity	EDKP 396		3								
Physical Education Pedagogy	EDKP 442		3								
Research Methods	EKDP 443		3								
Exercise and Health Psychology	EKDP 448		3								
Phys. Education Curriculum Development	EDKP 494		3								
Sport Psychology	EDKP 498		3								
Educational Psychology	EDPE 300		3								
<b>Physical Activities</b>				<b>(22 crs.)</b>		<b>Out of Province Students: Freshman/Foundation Year (30 crs.)</b>					
Aquatics 1	EDKP 213		1								
Track and Field/Cross Country	EDKP 217		3								
Games I: Elementary Physical Education	EDKP 223		3								
Games II: Secondary Physical Education	EDKP 225		3								
Health-Related Fitness	EDKP 232		3								
Non-Traditional Physical Activities	EDKP 235		3								
Outdoor Education	EDKP 237		3								
Movement Education	EDKP 253		3								

**•GRADUATION REQUIREMENT: Emergency First Aid and Level C CPR/AED**

**B.ED. PHYSICAL AND HEALTH EDUCATION  
4 YEARS AT A GLANCE - Program Overview  
For students admitted in September 2023**

The following is the 4-year plan for the B.Ed. Physical and Health Education teacher preparation program, which provides an overview of the entire program requirements.

**\*\*Out-of-Province students must complete the 30 Freshman/Foundation Year credits in their first year of study at McGill, known as U0, thus completing their program in 2027-2028\*\***

**U1 (2023 - 2024)**

<b>FALL</b>	EDEC 215 Engl. Language Requirement  0	EDKP 100 Intro to PHE In Quebec  3	EDKP 293 Anatomy and Physiology  3	EDKP 261 Motor Development  3	EDKP 330 Physical Activity and Public Health  3	<u>Physical Activities</u> EDKP 223 Games I: Elementary Phys. Ed.  3
<b>WINTER</b>	EDEC 262 Media, Tech & Education <i>or other computer course (EDPT 200, EDPT 204)</i>  3	EDKP 342 P.E. Methods  3	<u>Physical Activities</u> EDKP 253 Movement Education  3		EDKP 394 Historical Perspectives  3	EDPE 300 Educational Psychology  3

**SUMMER 2024 - EDFE 246 First Year Field Experience (Elementary) - 3 credits**

**U2 (2024 - 2025)**

<b>FALL</b>	EDKP 204 Health Education  3	EDKP 396 Adapted Physical Activity  3	EDKP 443 Research Methods  3	Free Elective  3	<u>Physical Activities</u> EDKP 225 Games II: Secondary Phys. Ed.  3
<b>WINTER</b>	EDKP 208 Biomechanics and Motor Learning  3	EDKP 391 Physiology in Sport and Exercise  3	EDKP 448 Exercise and Health Psychology  3	Free Elective  3	<u>Physical Activities</u> EDKP 232 Health-Related Fitness  3

**SUMMER 2025 - EDFE 373 Second Year Field Experience (Secondary) - 3 credits**

**U3 (2025 - 2026)**

<b>FALL (blocked)</b>	<u>Physical Activities</u> EDKP 217 Track & Field  3	EDKP 307 Evaluation in Physical Education  3	EDFE 380 Third Year Field Experience  7		
<b>WINTER</b>	EDEC 260 Philosophical Foundations of Education  3	EDKP 494 Curriculum Development  3	<u>Physical Activities</u> EDKP 235 Non-Traditional Physical Activities  3	<u>Physical Activities</u> EDKP 213 Aquatics  1	Free Elective  3

**U4 (2026 - 2027):**

<b>FALL</b>	EDEC 247 Policy Issues in Quebec Education  3	EDEC 248 Equity and Education <i>or equivalent</i> EDEC 233 <i>or</i> EDEC 249  3	EDKP 292 Nutrition & Wellness  3	EDKP 498 Sport Psychology  3	Free Elective  3
<b>WINTER (blocked)</b>	<u>Physical Activities</u> Outdoor Education  3		EDKP 442 P.E. Pedagogy  3	EDFE 480 Fourth Year Field Experience  7	