

**Bachelor of Education Physical and Health Education (150 credits) - Cumulative Record**

Name \_\_\_\_\_ Student Number \_\_\_\_\_

Total credits required to complete \_\_\_\_\_ as of \_\_\_\_\_.

| Physical and Health Education                    |          | Term | Credit | Grade            | Physical and Health Education   |                                 | Term | Credit | Grade |                 |                  |                  |  |
|--|----------|------|--------|------------------|---|---------------------------------|------|--------|-------|-----------------|------------------|------------------|--|
| Course Number                                    |          |      |        |                  | Course Number   |                                 |      |        |       |                 |                  |                  |  |
| <b>Required:</b>                                 |          |      |        | <b>(60 crs.)</b> |   | <b>Pedagogical Support</b>      |      |        |       | <b>(6 crs.)</b> |                  |                  |  |
| English Language Requirement                     | EDEC 215 |      | 0      |                  | Indigenous Education OR<br>Equity and Education OR<br>Global Education and Social Justice | EDEC 233                        |      |        |       | 3               |                  |                  |  |
| Intro to Physical and Health Education in Quebec | EDKP 100 |      | 3      |                  |   | EDEC 248                        |      |        |       |                 |                  |                  |  |
| Policy Issues in Quebec Education                | EDEC 247 |      | 3      |                  |   | EDEC 249                        |      |        |       |                 |                  |                  |  |
| Philosophical Foundations of Education           | EDEC 260 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Health Education                                 | EDKP 204 |      | 3      |                  | Media, Technology and Education OR<br>Applications Software OR<br>Educational Media I     | EDEC 262                        |      |        |       | 3               |                  |                  |  |
| Biomechanics and Motor Learning                  | EDKP 208 |      | 3      |                  |   | EDPT 200                        |      |        |       |                 |                  |                  |  |
| Motor Development                                | EDKP 261 |      | 3      |                  |   | EDPT 204                        |      |        |       |                 |                  |                  |  |
| Nutrition and Wellness                           | EDKP 292 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Anatomy and Physiology                           | EDKP 293 |      | 3      |                  | <b>Field Experience</b>   |                                 |      |        |       |                 | <b>(20 crs.)</b> |                  |  |
| Evaluation in Physical education                 | EDKP 307 |      | 3      |                  | First Year Field Experience (Elem.)   | EDFE 246                        |      | 3      |       |                 |                  |                  |  |
| Physical Activity and Health                     | EDKP 330 |      | 3      |                  | Second Year Field Experience (Sec.)   | EDFE 373                        |      | 3      |       |                 |                  |                  |  |
| Physical Education Methods                       | EDKP 342 |      | 3      |                  | Third Year Field Experience   | EDFE 380                        |      | 7      |       |                 |                  |                  |  |
| Physiology in Sport and Exercise                 | EDKP 391 |      | 3      |                  | Fourth Year Field Experience  | EDFE 480                        |      | 7      |       |                 |                  |                  |  |
| Historical Perspectives                          | EDKP 394 |      | 3      |                  | <b>Elective</b>   |                                 |      |        |       |                 | <b>(12 crs.)</b> |                  |  |
| Adapted Physical Activity                        | EDKP 396 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Physical Education Pedagogy                      | EDKP 442 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Research Methods                                 | EKDP 443 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Exercise and Health Psychology                   | EKDP 448 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Phys. Education Curriculum Development           | EDKP 494 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Sport Psychology                                 | EDKP 498 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Educational Psychology                           | EDPE 300 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| <b>Physical Activities</b>                       |          |      |        | <b>(22 crs.)</b> |   | <b>Out of Province Students</b> |      |        |       |                 |                  | <b>(30 crs.)</b> |  |
| Aquatics 1                                       | EDKP 213 |      | 1      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Track and Field/Cross Country                    | EDKP 217 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Games I: Elementary Physical Education           | EDKP 223 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Games II: Secondary Physical Education           | EDKP 225 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Health-Related Fitness                           | EDKP 232 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Non-Traditional Physical Activities              | EDKP 235 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Outdoor Education                                | EDKP 237 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
| Movement Education                               | EDKP 253 |      | 3      |                  |   |                                 |      |        |       |                 |                  |                  |  |
|  |          |      |        |                  |   |                                 |      |        |       |                 |                  |                  |  |
|  |          |      |        |                  |   |                                 |      |        |       |                 |                  |                  |  |
|  |          |      |        |                  |   |                                 |      |        |       |                 |                  |                  |  |
|  |          |      |        |                  |   |                                 |      |        |       |                 |                  |                  |  |

**•GRADUATION REQUIREMENT: Emergency First Aid and Level C CPR/AED**

**B.ED. PHYSICAL AND HEALTH EDUCATION  
4 YEARS AT A GLANCE - Program Overview  
for students admitted in September 2019**

The following is the 4-year plan for the B.Ed. Physical and Health Education teacher preparation program which provides an overview of the entire program requirements.

**\*\*Out-of-Province students must complete the 30 Freshman Credits in their first year of study at McGill, known as U0, thus completing their program in 2023-2024\*\***

**U1 (2019 - 2020)**

|               |   |  |   |   |  |   |
|---------------|---|--|---|---|--|---|
| <b>FALL</b>   | EDEC 215<br>Engl. Language Requirement<br><br>0   | EDKP 261<br>Motor Development<br><br>3 | EDKP 293<br>Anatomy and Physiology<br><br>3 | EDKP 330<br>Physical Activity and Health<br><br>3 | EDKP 100<br>Intro to PHE In Quebec<br><br>3  | <u>Physical Activities</u><br>EDKP 223 Games I: Elementary Phys. Ed.<br><br>3 |
| <b>WINTER</b> | EDEC 262<br>Media, Tech & Education<br><i>or other computer course</i><br>(EDPT 200, EDPT 204)<br><br>3 | EDKP 342<br>P.E. Methods<br><br>3      | EDPE 300<br>Educational Psychology<br><br>3 |   | EDKP 394<br>Historical Perspectives<br><br>3 | <u>Physical Activities</u><br>EDKP 253 Movement Education<br><br>3            |

**U2 (2020 - 2021)**

|               |  |  |   |                        |   |
|---------------|--|--|---|------------------------|---|
| <b>FALL</b>   | EDKP 204<br>Health Education<br><br>3                | EDKP 396<br>Adapted Physical Activity<br><br>3 | EDKP 391<br>Physiology in Sport and Exercise<br><br>3 | Free Elective<br><br>3 | <u>Physical Activities</u><br>EDKP 225 Games II: Secondary Phys. Ed.<br><br>3 |
| <b>WINTER</b> | EDKP 208<br>Biomechanics and Motor Learning<br><br>3 | EDKP 443<br>Research Methods<br><br>3          | EDKP 448<br>Exercise and Health Psychology<br><br>3   | Free Elective<br><br>3 | <u>Physical Activities</u><br>EDKP 232 Health-Related Fitness<br><br>3        |

**SUMMER 2021 - EDFE 246 First Year Field Experience (Elementary) - 3 credits**

**SUMMER 2021 - EDFE 373 Second Year Field Experience (Secondary) - 3 credits**

**U3 (2021- 2022)**

|                          |   |   |   |                        |  |  |
|--------------------------|---|---|---|------------------------|--|--|
| <b>FALL</b><br>(blocked) | <u>Physical Activities</u><br>EDKP 217 Track & Field<br><br>3 | EDKP 307<br>Evaluation in Physical Education<br><br>3 | EDFE 380<br>Third Year Field Experience<br><br>7                                    |                        |  |  |
| <b>WINTER</b>            | EDEC 260<br>Philosophical Foundations of Education<br><br>3   | EDKP 494<br>Curriculum Development<br><br>3           | <u>Physical Activities</u><br>EDKP 235 Non-Traditional Physical Activities<br><br>3 | Free Elective<br><br>3 | <u>Physical Activities</u><br>EDKP 213 Aquatics<br><br>1 |  |

**U4 (2022- 2023):**

|                            |  |   |   |   |                        |
|----------------------------|--|---|---|---|------------------------|
| <b>FALL</b>                | EDEC 247<br>Policy Issues in Quebec Education<br><br>3   | EDEC 248<br>Equity and Education<br><i>or equivalent</i><br>EDEC 233 or EDEC 249<br><br>3 | EDKP 292<br>Nutrition & Wellness<br><br>3 | EDKP 498<br>Sport Psychology<br><br>3             | Free Elective<br><br>3 |
| <b>WINTER</b><br>(blocked) | <u>Physical Activities</u><br>Outdoor Education<br><br>3 |   | EDKP 442<br>P.E. Pedagogy<br><br>3        | EDFE 480<br>Fourth Year Field Experience<br><br>7 |                        |