## Information on the Psychoeducational Assessment Project

<u>Summary</u>: Students who sign up have the **opportunity to receive a psychoeducational assessment** as a learning experience from students (i.e., trainees) in EDPC 683/684 – Practicum in Psychological Testing.

This will take place at the McGill Psychoeducational and Counselling Clinic in McGill's Faculty of Education and takes approximately 6 to 8 hours in total. These assessments are conducted as part of an assignment in course EDPC 683/684 and are strictly confidential.

From the pool of interested students, we select by chance volunteers for either an assessment of **cognitive/academic abilities** or of **personality/career-related** matters. Although students' preference for a cognitive versus personality/career-related assessment will be taken into account, they may not be offered their preferred assessment type, as there is only a limited number of each assessments available.

## **Cognitive assessment**

- This will include 3 sessions consisting of a short interview regarding one's educational history, the administration of psychological tests (i.e., "intelligence test" and achievement test) and a meeting in which the student receives verbal feedback on their intellectual strengths and on domains where cognitive abilities may not match academic achievements. No written feedback is provided.
- The examiner will be a masters (or PhD) student in their second year of studies in counselling psychology (who has already previously administered and interpreted the tests used in this learning exercise) supervised by a licensed psychologist. Since such training assessments come with an increased chance for error, no numerical IQ score will be shared with the examinee. Only those assessment results will be communicated which are deemed valid.
- Confidentiality: Test protocols will only contain a personal code (first and last name initial), no identifying information. For discussions in class with other trainees no names will be used but only the code. Any information the examiner gathers about the examinee stays confidential and a consent form will be signed. Non-adherence can lead to the examiner being asked to leave their program of study and the supervisor losing their professional license. Everything will be shredded at the end of the course.
- This assessment provides the examinee with the opportunity to complete the adult version of intelligence and achievement tests that are very often used with children and youth. The examinee will see and manipulate similar testing materials, complete cognitive tasks to assess the same domains that are assessed in educational settings as well as experience what it is like to be interviewed, receive feedback, and discuss potential remediation measures.

## Personality/career-related assessment

- This will include 3 sessions in total, consisting of a clinical interview, the administration of psychological tests and a feedback meeting focusing on an individual's unique way of perceiving, thinking, feeling, behaving, as well as on personal values, self care, career aspirations, interests, needs, and motivation. In order to receive full credits, participation in all 3 meetings is required (including feedback session).
- The examiner will be a masters (or PhD) student in their second year of studies in counselling psychology supervised by a licensed psychologist. During their master's studies the examiner has already conducted personality/career-related assessments and delivered counselling sessions supervised by licensed professionals.
- Confidentiality: Test protocols will only contain a personal code (first and last name initial), no identifying information. For
  discussions in class with other trainees no names will be used but only the code. Any information the examiner gathers about the
  examinee stays strictly confidential and a consent form will be signed to this effect. Violation of the confidentiality agreement
  may lead to the examiner being asked to leave their program of study and to the supervisor losing his professional license.
   Everything will be shredded at the end of the course.
- This assessment provides the examinee with the opportunity to experience a clinical/career-related assessment. The volunteer will also experience how findings and conclusions are presented to and discussed with the examinee, which is an important part of the assessment process itself.

The online sign-up sheet is available at <a href="https://www.mcgill.ca/edu-ecp/students/amrc/experience/signup">https://www.mcgill.ca/edu-ecp/students/amrc/experience/signup</a>

Should you have any questions or concerns, contact, Clinic Coordinator at <a href="mailto:equestion@mcgill.ca">ecpclinic.education@mcgill.ca</a>.