FOLSTEIN'S MENTAL STATE TEST

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Name of institution _____

		MAXIMUM SCORE	PATIENT'S SCORE

A) Orientation

Ask the patient:

1- What is { the year | the month | the day | M T W Th F Sa Su | the day of the week } **5** ( )

The season? Spring ☐ Summer ☐ Fall ☐ Winter ☐

2- Where are we { Province | Country | City, town, village | Place (hospital, office, house, etc.) | Floor } **5** ( )

B) Registration

3- Pronounce one of the following groups of 3 words; take 1 second for each word:

shirt, blue, honesty ( )
or
shoe, brown, modesty ( ) } **3** ( )
or
sweater, white, charity ( )

Then ask the patient to repeat the 3 words selected.

Give 1 point for each correct answer on first attempt. Repeat until the patient learns all 3 words.

Count and record number of attempts, for information purposes only.

Number of attempts: _____

C) Attention and calculation (Check either test)

4- ☐ Ask the patient to begin with 100 and subtract by intervals of 7:

$100 - 7 = ($ $)$ $93 - 7 = ($ $)$ $86 - 7 = ($ $)$ $79 - 7 = ($ $)$ $72 - 7 = ($ $)$ 65. } **5** ( )

1 point for each correct answer.

OR

☐ Ask the patient to spell the word "world" backwards. (DLROW): ___ ___ ___ ___ ___
(enter the letters)

D) Recall

5- Ask the patient to repeat the 3 words previously selected:

shirt, blue, honesty ( )
or
shoe, brown, modesty ( ) } **3** ( )
or
sweater, white, charity ( )

E) Language

6- Show the patient a pencil ( ) a watch ( ) and ask him what it is. **2** ( )

7- Ask the patient to repeat the following sentence: **"No ifs or buts"**. **1** ( )

8- Ask the patient to obey a 3-stage command: **"Take this paper in your right or left hand, fold it in half and give it back to me"**. **3** ( )

N.B.: *If the patient is right-handed, ask him to take the paper in his left hand and vice versa. Be careful not to hold out your hand; avoid non-verbal indications.*

	MAXIMUM SCORE	PATIENT'S SCORE

E) Language (continued)

9- Ask the patient to read the following instruction and to do what it says:

"CLOSE YOUR EYES"

1 ( )

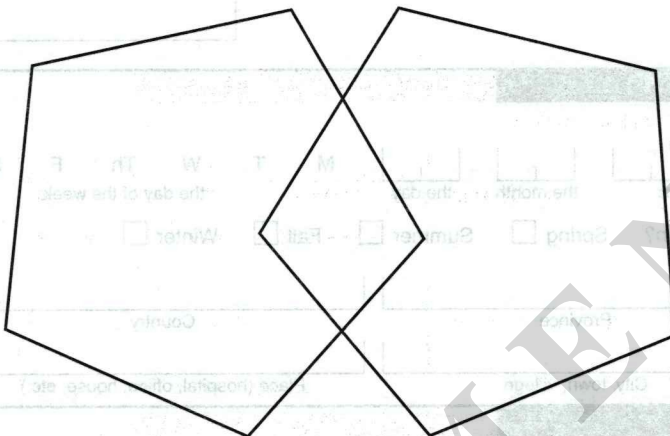**10-** Ask the patient to write a sentence: _____

_____

(Subject, verb. Disregard mistakes.)

1 ( )

F) Constructional praxis

11- Ask the patient to copy the following drawing: _____

Interpretation of scores:
While a score of less than 24 points in Folstein's Mental State Test indicates impairment of the cognitive functions, the test is not a means of diagnosing the cause of the impairment.

Patient's number of years of schooling: _____   Estimate the patient's level of sensorium: alert ☐ somnolent ☐

If the patient cannot be tested, specify: _____

_____

State any conditions that may have influenced your estimation. _____

Date | | | | | |
Year   Month   Day

_____
Signature