



**McGill**

Faculty of  
Medicine and  
Health Sciences

Faculté de  
médecine et des  
sciences de la santé



MAY 7, 2021

## MESSAGE FROM THE CHAIR OF MEDICINE

Lots of important news to report- happy reading!

Take care, stay safe, get some exercise, and consider the personal/global benefits of giving...

### FRQS – What a Sweep!

The results of the FRQS Salary award competitions were recently announced and we are pleased to inform you that 13 of Department of Medicine-appointed faculty received awards, for a success rate of 65% (way higher than our peers). These awards attest to the quality of the support our Department/institutional partners and to the excellence of the researchers and their research programs.

#### Junior 1: Chercheurs-boursiers cliniciens

- Michael Joseph Goldfarb, JGH
- Thomas Kitzler, MUHC
- Isabelle Malhamé, MUHC
- Thomas Mavrakanas, MUHC
- Tricia Peters, JGH

#### Junior 2: Chercheurs-boursiers cliniciens

- Faiz Ahmad Khan, MUHC
- Cecilia Costiniuk, MUHC
- Todd Lee, MUHC

- John Trakadis, MUHC

#### **Junior 2: Chercheurs-boursiers**

- Ivan Litvinov, MUHC

#### **Senior: Chercheurs-boursiers cliniciens**

- Jonathan Afilalo, JGH
- Giada Sebastiani, MUHC

#### **Mérite:**

- Brent Richards, JGH

Congratulations to all of you, and we look forward to hearing more about your research in the months and years to come!

### **DOM Council Update**

DOM Council met on Wednesday, May 5<sup>th</sup>. This is the “parliament” of the Department of Medicine, with broad representation (Division Directors across all sites, early career Faculty, Chief Medical Residents and more).

Dr. Theresa Beesley from the FMHS, Office of Respectful Environments, presented on the trainee reporting portal, we presented on Chairs/Division Directors role in complaint management and early thoughts on a professionalism “Speak Up” campaign. Our Associate Chairs and PICs presented updates on their portfolios and Dr. Chen-Tournoux walked us through a new proposed policy for formal teaching expectations based on her environmental scan work:

***How much formal/didactic teaching should I do?*** DOM Council adopted modifications for formal teaching definitions and expectations tuned to career paths (e.g. to get “superior” as a clinician teacher I should do >20 hours of formal teaching). These new expectations will be used going forward at the annual performance evaluation exercise (details soon on the DOM website).

### **Crucial Conversations**

Last Friday, April 30<sup>th</sup> and Saturday, May 1<sup>st</sup>, 18 departmental leaders participated in the 2-day online ***Crucial Conversations*** workshop sponsored by the Department of Medicine. The course provides great takeaway messages on how to conduct non-confrontational growth-based discussions on difficult issues. The Department will be sponsoring more leadership development opportunities in the months to come- great leaders aren’t born leaders they are taught...

### **DoM Graduate Program – Experimental Medicine**

***Interesting tidbit:*** ~55% of applicants to DOM’s graduate program for the Fall 2021 semester are international students!

## No one is safe until everyone is safe

Controlling the pandemic in India and in other hard hit, poor areas of the world is relevant to all countries. To end the pandemic, we need to end it everywhere.

The Canadian government announced on Wednesday that it is providing funds and medical equipment <https://www.canada.ca/en/global-affairs/news/2021/05/canada-sending-medical-supplies-to-support-covid-19-response-in-india.html>.

Many individuals are now working directly with NGOs on the ground to raise funds to help with the delivery of oxygen, diagnostics and rural health.

We need to think about what we can do as individuals and as part of a collective.

Here is a short list of organizations that are accepting international donations:

- GIVE2ASIA - food, PPE, healthcare  
<https://lnkd.in/gZ4BURd>
- HEMKUNT FOUNDATION - oxygen cylinders  
<https://lnkd.in/g5BCbQw>
- MAZDOOR KITCHEN - meals for daily wage workers  
[https://lnkd.in/gbjk\\_zh](https://lnkd.in/gbjk_zh)
- MENTAL HEALTH NEEDS FOR COVID19 WARRIORS  
<https://lnkd.in/gzi-fFs>
- PLASMA DONOR SUPPORT (PINT NETWORK)  
[https://lnkd.in/g5u\\_Vyx](https://lnkd.in/g5u_Vyx)

## Wellness Corner (Dr. Natalie Dayan, Associate Chair, Wellness)

Spring into Fitness

We all know that physical activity and time outdoors are key to our well-being, but even for health care workers, it may be difficult to prioritize physical fitness. Make time and space in your schedules to get outside and go for a walk around the block, and if you're feeling extra motivated, check out the virtual McGill Staff Fitness Program <https://mcgillathletics.ca/sports/2021/4/28/staff-fitness.aspx>

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Best,  
Marc

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