

McGill University, Faculty of Medicine and Health Sciences

Curriculum Vitae for Promotions and Tenure Considerations

Date of Last Revision: 19/02/2024

A. IDENTIFICATION

Name Dilek SAYIK, PhD, Postdoctoral Fellow
Office Address Postdoctoral student, Ingram School of Nursing, Faculty of Medicine and Health Sciences, McGill University, Montreal

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B. EDUCATION: (Indicate institution, field, degree, and year under the following headings)

Undergraduate

2023/9 - Postdoctoral Fellow, Ingram School of Nursing, Faculty of Medicine and Health Sciences, McGill University, Montreal, Canada.
Study Title: Unicentre Parallel Open Randomized Trial to evaluate the Efficacy of a Mobile Education Application Developed For The Parents/Caregivers of Children With Epilepsy in Canada
Supervisors: Assistant Professor Dr. Kenneth Myers and Associate Professor Argerie Tsimicalis

2017/9 - 2022/1 Doctorate of (Child Health and Diseases) Nursing, Health Sciences Institute, Eskisehir Osmangazi University, Eskisehir, Turkiye
Thesis Title: A Randomized Controlled Study: Evaluating The Efficacy of a Mobile Application Developed for The Parents of Children with Epilepsy
Supervisors: Assoc. Dr. Ayfer Acikgoz

- 2009/9 - 2012/9 Master's of Child Health and Diseases Nursing, Health Sciences Institute, Marmara University, Istanbul, Turkiye
Thesis Title: Effect of, Advising Nurses Whom Working in Pediatric Clinics About Professional Eurochambers, on Being a Member of Organization
Supervisors: Prof. Dr. Guler Cimete
- 2003/9 - 2007/6 Bachelor of Nursing, Vocational School of Health, Eskisehir Osmangazi University, Eskisehir, Turkiye

Professional Certifications

- 2022 Breast Milk and Breastfeeding Counseling Certificate, TR. Ministry of Health, Ankara, Turkiye
- 2011/9 - 2012/6 Pedagogical Formation Certificate, Faculty of Educational Sciences, Anadolu University, Eskisehir, Turkiye

C. **APPOINTMENTS** (current and past; indicate department, rank and year)

Hospitals

- 2018/10- Training Nurse, Training Unit, Eskisehir City Hospital, Eskisehir, Turkiye
- 2016/4 - 2018/10 Training Nurse, Training Unit, Eskisehir State Hospital, Eskisehir, Turkiye
- 2011/8 - 2016/4 Intensive Care Nurse / Chief Nurse, Pediatric Intensive Care 2nd and 3rd, Eskisehir State Hospital, Eskisehir, Turkiye
- 2008/2 - 2011/8 Clinical Nurse, Child Health and Diseases Clinic, Umraniye Training and Research Hospital, Istanbul, Turkiye
- 2007/7 - 2008/1 Clinical Nurse, Eye/ENT/ Plastic Surgery Service, Bagcilar Training and Research Hospital, Istanbul, Turkiye

Eskisehir Osmangazi University

- 2020/9 - 2021/1 Lecturer, Midwifery (Midwifery Program, 6 credit lesson, Newborn Health), Faculty of Health Sciences, Eskisehir Osmangazi University, Eskisehir, Turkiye
- 2012/9 - 2021/1 Practice Guide Nurse, Midwifery/Nursing, Faculty of Health Sciences, Eskisehir Osmangazi University, Eskisehir, Turkiye
(10 hours per week in the Fall or Spring Semester)

D. SPECIAL HONORS, AWARDS, RECOGNITION

2023/07-2024/07	2219- Overseas Post-Doctoral Research Fellowship Program, A Randomized Controlled Study: Evaluating The Efficacy of a Mobile Application Developed For The Parents/Caregivers of Children With Epilepsy in Canada, The Scientific and Technological Research Council of Turkiye (31,200 United States Dollar)
2020/8 - 2022/1	Scientific Research Projects, A Randomized Controlled Study: Evaluating The Efficacy of a Mobile Application Developed For The Parents (Mothers) of Children With Epilepsy, Eskişehir Osmangazi University, Total Funding - 20,000 (Turkish Lira)
2014/11	T.C. Ministry of Health 4th Quality and Safety in Health Awards SKS Best Research and Scientific Publication 1 st Prize, Determination of Burnout Level of Public Personnel Working in Eskisehir State Hospital / T.C. Ministry of Health V. International Health Performance and Quality Congress, Antalya, Turkiye
2015/11	Nursing received the 3rd Prize in Oral Presentation, Baby Project (Mother Confident in Her Body, Baby, Education, Self), 59. Turkish National Pediatrics Congress/3.Italian-Turkish-Iranian Pediatrics Congress/14.National Pediatric Nursing Congress. Antalya, Turkiye

E. TEACHING

2018-2019	Current Approaches Training Activity in Strengthening Birth Services for Midwives Course (Post Graduate), Theoretical Educator, Eskisehir Provincial Health Directorate and Eskisehir Osmangazi University, TR. Ministry of Health, Eskisehir, Turkiye
2018	Intensive Care Nursing Certified Training Program (Post Graduate), Theoretical Educator, Eskisehir State Hospital, TR. Ministry of Health, Eskisehir, Turkiye (The theoretical training period is 120 hours and the clinical practice training period is 120 hours.)
2018	Newborn Intensive Care Nursing Certified Training Program (Post Graduate), Program Manager and Theoretical Trainer, Eskisehir State Hospital, TR. Ministry of Health, Eskisehir, Turkiye (The theoretical training period is 66 hours and the clinical practice period is 120 hours)
2018	Menopause School, Research Conductor and Educator, Eskisehir State Hospital and Eskişehir Osmangazi University, Eskisehir, Turkiye

OTHER CONTRIBUTIONS

(If necessary, use appendices by category and sub-category).

1. Journals

Section Editor and Reviewer of Journal, Eskisehir Medical Journal,
<https://dergipark.org.tr/tr/pub/eskisehirmedj/board> (2021-2023)

Reviewer of Journal, International Journal of Health Services Research and Policy,
<https://dergipark.org.tr/tr/journal/1905/article/739533/reviewer/review> (2022)

RESEARCH

1. Research Activities

Child health and diseases nursing services constitute the basis of my research area. In this context, I carry out studies to support the positive interaction between children, families and health professionals. We started a pilot application to ensure the participation of the family in this process and to create family-centered care during the hospitalization of children in the Pediatric Intensive Care Unit of a hospital in Turkey. The pilot application has been operating successfully since 2016.

When one of the family members has an illness, the whole family is affected. In particular, the child's diagnosis of a chronic disease causes the emergence of mental and psychosocial risks on the parents in the long term. Although parents of children with epilepsy experience many mental problems, they are often neglected. Parents are inexperienced and do not have sufficient knowledge in adapting what needs to be done about the management of the disease to daily life. Today, with the widespread use of the internet, e-health and its applications in health education are increasing day by day. Web-based education applications prepared by professional experts can provide opportunities such as guidance, information and encouragement for time-limited patients and their parents. It also provides an opportunity for patients and their families to review information at home, at any time and at their own pace. In my doctoral thesis, I developed a mobile application for parents who have children with chronic diseases to adapt to the disease process. I support mobile applied education by taking advantage of technological developments in the field of health.

2. Personal Support Awards

Not applicable

3. Research Grants

2023/09-2024/09	A Randomized Controlled Study: Evaluating The Efficacy of a Mobile Application Developed For The Parents/Caregivers of Children With Epilepsy in Canada, Shriners Hospitals for Children, Total Funding – 13.787 CAD
2023/09-2024/09	A Randomized Controlled Study: Evaluating The Efficacy of a Mobile Application Developed For The Parents/Caregivers of Children With Epilepsy in Canada, The Scientific and Technological Research Council of Turkey 2219- Overseas Post-Doctoral Research Fellowship Program Total Funding – 31.200 USD
2020/8 - 2022/1	Scientific Research Projects, A Randomized Controlled Study: Evaluating The Efficacy of a Mobile Application Developed For The Parents (Mothers) of Children With Epilepsy, Eskişehir Osmangazi University, Total Funding - 20,000 (Turkish Lira)

4. Publications

a) Articles in peer reviewed journals.

1. Toksoz, F., Acikgoz, A., Mutlu, F. S., & **Savik, D.** (2023). Febrile convulsion knowledge scale for parents/caregivers: A validity and reliability study. *Journal of Pediatric Nursing*, 73, e509-e515. DOI: 10.1016/j.pedn.2023.10.023
2. **Savik, D.**, Acikgoz, A., & Yimenicioglu, S. (2023). A randomized controlled study: Evaluating the efficacy of a mobile application developed for mothers who have children with epilepsy in Turkiye. *Journal of Pediatric Nursing*, 70, 103-110. DOI: 10.1016/j.pedn.2023.02.010 (In Press).
3. **Savik, D.**, Mumcu, O., & Acikgoz, A. (2023). Determining The Stress And Anxiety Levels Of Mothers With Infants In The Neonatal Intensive Care Unit During The Covid-19 Pandemic. *Eskisehir Medical Journal*, 4 (1), 23-28. DOI: 10.48176/esmj.2023.99 (In Press).
4. Yigit, D., **Savik, D.**, Acikgoz, A., & Mumcu, O (2022). Diagnosis of Mothers' Safety Measures For Home Accidents and Determination of First Aid Self-Efficiency During The Pandemic. *STED*, 31(6):451-460. DOI: 10.17942/sted.1079094 (In Press).
5. Tugrul, F., Beypinar, I., & **Savik, D.** (2022). The Effect of COVID-19 on Radiation Oncology Practice in Türkiye. *Turk J Oncol*, 37(4):484–89 DOI: 10.5505/tjo.2022.3693 (In Press).
6. **Savik, D.**, Acikgoz, A., & Kaya, Ş. (2022). Anxiety and Sleep Quality Levels of Emergency Medical Personnel and Factors Affecting Them During the Coronavirus Disease-2019 Pandemic. *Journal of Turkish Sleep Medicine*, 9:27-36. DOI: 10.4274/jtasm.galenos.2021.20982 (In Press).

7. **Sayik, D.**, & Ucan, A. (2022). Determination of Anxiety and e-Health Literacy Levels, and Related Factors in Physicians and Nurses Involved in The Treatment and Care of COVID-19 Patients. *ESTUDAM Public Health Journal*, 7(2):340-50. DOI: [10.35232/estudamhsd.1065427](https://doi.org/10.35232/estudamhsd.1065427) (In Press).
8. **Sayik, D.**, Acikgoz, A., & Mutlu, F. (2021). Sleep Quality of Medical Staff During the Coronavirus Pandemic: A Meta-analysis. *Journal of Turkish Sleep Medicine*, 8(1):1-6. DOI: [10.4274/jtsm.galenos.2021.51523](https://doi.org/10.4274/jtsm.galenos.2021.51523) (In Press).
9. **Sayik, D.**, Ahmet, A. K., Ogrunç, E. D., Ermis, S. S., & Musmul, A. (2021). Multidisciplinary Approach to Obesity: Effects on Healthy - Permanent Weight Loss and Psychological Symptoms. *Current Approaches in Psychiatry*, 13(1), 311-323. DOI: [10.18863/pgy.998530](https://doi.org/10.18863/pgy.998530) In Press).
10. Kaya, Y., **Sayik, D.**, & Bilgin, M. (2021). The Effect of an Educational Program on the Knowledge Level of Menopause, *Medical Journal*, 2(3):158-165. DOI: [10.48176/esmj.2021.34](https://doi.org/10.48176/esmj.2021.34) (In Press).
11. **Sayik, D.**, Yigit, D., Acikgoz, A., Colak, E., & Mumcu, O. (2021). Turkish Validity and Reliability of the Coronavirus Anxiety Scale. *Eskisehir Medical Journal*, 2(1):16-22. DOI: [10.48176/esmj.2021.10](https://doi.org/10.48176/esmj.2021.10) (In Press).
12. Yigit, D., **Sayik, D.**, & Acikgoz, A. (2021). Determining Factors Affecting COVID-19 Anxiety Level of Individuals. *Journal of Infant, Child and Adolescent Health (JICAH)*, 1(2): 70-80. <https://jicah.com/index.php/pub/article/view/7> (In Press).
13. Kaya, Y., **Sayik, D.**, Kaya Usta, E., Karaca, P. P., & Bilgin, M. (2020). The Effect of Pregnancy School on Distress During Pregnancy. *Osmangazi Journal of Medicine*, 42(2), 188-194. DOI: [10.20515/otd.537863](https://doi.org/10.20515/otd.537863). (In Press).

14. Ulukus, A., Ezen, M, **Sayik, D.**, Musmul, A., & Acikgoz, A (2019). Evaluation of Futures a Group of Children with the Age of within 0-18 Who Admitted to the Emergency Department With in Attention and/or Diagnosis of Abuse. *Balikesir Health Sciences Journal*, 8(1), 15-20. <https://dergipark.org.tr/en/download/article-file/706325> (In Press).
15. **Sayik, D.**, Acikgoz, A., & Bildirici, Y (2019). Pilot Implementation: Family-Centered Care In Pediatric Intensive Care Unit (PICU). *Izmir Katip Celebi University Faculty of Health Sciences Journal*, 4(3/1): 906-912. <https://sbf.ikcu.edu.tr/Share/7B3D05FE3B10026C191A559D55639812> (In Press).
16. **Sayik, D.**, Arı, S., Kaya, Y., & Kaya, E. (2019). The Effects of Pregnancy Training on The Levels of Anxiety and Depression of the Mother and Father. *Osmangazi Journal of Medicine*, 41(1), 23-31. DOI: 10.20515/otd.417377 (In Press).
17. **Sayik, D.**, & Orsal, O. (2019). The Self-Efficacy of Parents of Newborns in Turkey and The Factors That Influence Their Self-Efficacy: A Systematic Review. *Osmangazi Journal of Medicine*. 2019; 41(4):434-47. DOI: 10.20515/otd.475583 (In Press).
18. **Sayik, D.**, Yigit, D., & Acikgoz, A. (2019). The effect of Mozart's music in childhood epilepsy: A systematic review. *Pediatric Practice and Research Journal*, 7(4):251-258. <https://dergipark.org.tr/en/download/article-file/927735> (In Press).
19. **Sayik, D.**, Yigit, D., & Acikgoz, A. (2019). The Use of Orlando's Interaction Theory in Nursing Care Practice: Celiac Disease. *Pediatric Practice and Research*, 7(4): 259-263. <https://dergipark.org.tr/en/download/article-file/927730> (In Press).
20. Yigit, D., **Sayik, D.**, & Acikgoz, A. (2019). The tendency to Medical Errors among Pediatric Nurses in Turkey: A Systematic Review. *Pediatric Practice and Research Journal*, 7(4):264-267. <https://dergipark.org.tr/en/download/article-file/927728> (In Press).

21. **Sayik, D.**, Supur, H., Yalcin, F., Acikgoz, A., & Musmul, A. (2018). Conscious Pregnancy and Healthy Baby. *Acıbadem University Health Sciences Journal*, 9(4):438-444. DOI: [10.31067/0.2018.51](https://doi.org/10.31067/0.2018.51) (In Press).
22. Yigit, D., **Sayik, D.**, & Acikgoz, A. (2018). Wet-Nurse and Breast Milk Bank. *Journal of Patient Care*, 2018, 4 (1):138. DOI:10.4172/2573-4598.1000138 (In Press).
23. Acikgoz, A., **Sayik, D.**, Songut, S., Kaya, Y., & Koksall, I. (2017). The Burdens of Sitter Mothers at Paediatrics Clinics and The Effect of Hospital Stay on Depression, Anxiety and Stress Levels. *Kocaeli Medical J*, 6(2):43-47. https://jag.journalagent.com/kocaelitip/pdfs/KTD_6_2_43_47.pdf (In Press).
24. **Sayik, D.**, Acikgoz, A., Musmul, A., & Ulukus, A. (2016). Retrospective Determination of the Features of 0-18 Age Group Cases Admitted to the Emergency with the Complaint of Burn. *Journal of Duzce University Health Sciences Institute*, 6(1), 14-18. <https://dergipark.org.tr/en/pub/duzcesbed/issue/14253/66682> (In Press).

b) Technical reports.

Not applicable

c) Reviews, book chapters, books.

1. Dađlı, E., Aktař Reyhan, F., & Sayiner FD (Ed). (2023). Approach to Postpartum Period Problems with Cases and Storytelling Technique. **řayık, D.**, Hypoglycemia (In). pp:325-336. Nobel Academic Publishing – ISBN: 978-625-427-811-2
2. Dađlı, E., Aktař Reyhan, F., & Sayiner FD (Ed). (2023). Approach to Postpartum Period Problems with Cases and Storytelling Technique. **řayık, D.**, Hyperbilirubinemia (In). pp:325-336. Nobel Academic Publishing – ISBN: 978-625-427-811-2
3. **Sayik, D.**, Acikgoz, A. & Yimenicioglu, S. (2022). My Child's Diagnosis of Epilepsy: A Guide for Parents and Caregivers 978-605-2369-44-9. Antalya Nobel Bookstore, Antalya, Turkiye

4. Sayik, D. (2022). Premature Babies and Breastfeeding (in). Aktas, Reyhan, F. & Daglı, E., (ed). A Guide to Breastfeeding and Breastfeeding (For Midwives and Nurses).978-625-7103-87-9. Pp:151-164, Vize Publishing, Ankara, Turkiye

d) Abstracts and conference presentations

1. Sayik, D., & Cimete, G. (2011). Effect of, Advising Nurses Whom Working in Pediatri Clinics About Professional Eurochambers, on Being a Member of Organization. 13th National Nursing Congress with International Participation. Sanlıurfa, Turkiye, 19-21 October 2011. Ss-35; p:97-98. Oral Presentation
2. Sayik, D., Serbetci, A., Demirsoz, D., Erogul, M., & Musmul, A. (2014). Determination of Burnout Level of Public Personnel Working in Eskisehir State. T.C. Ministry of Health V. International Health Performance and Quality Congress, IV. Quality and Safety in Health Awards. Antalya, Turkiye, 20-22 November 2014, p:247-271. Oral Presentation
3. Sayik, D., Acikgoz, A., Musmul, A., & Ulukus, A. (2015). Retrospective Determination of the Features of 0-18 Age Group Cases Admitted to the Emergency with the Complaint of Burn. 3. National Emergency Nursing Congress with International Participation. Antalya, Turkiye, 1-4 April 2015. Oral Presentation
4. Ulukus, A., Acikgoz, A., Sayik, D., & Musmul, A. (2015). Evaluation of Futures a Group of Children with the Age of within 0-18 Who Admitted to the Emergency Department With in Attention and/or Diagnosis of Abuse. 3. National Emergency Nursing Congress with International Participation. Antalya, Turkiye. 1-4 April 2015. Oral Presentation

5. Acikgoz, A., Ulukus, A., Kaya, Y., **Savik, D.**, Karacaoglu, S., Derince, D., & Musmul, A. (2015). The Effect of Job Satisfaction of Nurses on Spending Good Quality Time with Their Children. 5th National and 2nd International Mediterranean Pediatric Nursing Congress, Ankara, Turkiye, 15-18 November 2015, OP058, Oral Presentation
6. **Savik, D.**, Supur, H., Yalcin, F., Acikgoz, A., & Musmul, A. (2015). Baby Project (Mother Confident in Her Body, Baby, Education, Self). 59. Turkish National Pediatrics Congress/3. Italian-Turkish-Iranian Pediatrics Congress/14. National Pediatric Nursing Congress. Antalya, Turkiye, 4-8 November 2015, HS02. Oral Presentation
7. Acikgoz, A., **Savik, D.**, Songut, S., Kaya, Y., & Koksall, I. (2015). The Burdens of Sitter Mothers at Paediatrics Clinics and The Effect of Hospital Stay on Depression, Anxiety and Stres Levels. 9th Aegean Pediatrics and 5th Aegean Pediatric Nursing Congress. Izmir, Turkiye 1-4 December 2015, p:8-9. Oral Presentation
8. Acikgoz, A., **Savik, D.**, Songut, S., Kaya, Y., & Köksal, İ. (2017). The Burdens of Sitter Mothers at Paediatrics Clinics and The Effect of Hospital Stay on Depression, Anxiety and Stres Levels. The Athens Institute for Education and Research 3rd Annual International Conference on Nursing, Greece, Athens, 01-04 May 2017, p:19. Oral Presentation
9. **Savik, D.**, Arı, S., Kaya, Y., & Kaya, E. (2018). The Effects of Pregnancy Training on The Levels of Anxiety and Depression of the Mother and Father. International Eurasian Conference On Biological And Chemical Sciences. Ankara, Turkiye, 26-27 April 2018; p:283. Oral Presentation
10. **Savik, D.**, Yigit, D., & Acikgoz, A. (2018). Wet Nurse . 1st International Health Sciences and Life Congress. Burdur, Turkiye, 2-5 May 2018; p:115. Oral Presentation

11. **Sayik, D.**, Acikgoz, A., Burma, M., Tatoglu, S., & Yigit, D. (2018) Determining The Effectiveness of The General Compliance Training Which Was Provided for The Novice Hospital Staff in Eskisehir State Hospital. 1st International Health Sciences and Life Congress. Burdur, Turkiye, 2-5 May 2018; p:122. Oral Presentation
12. **Sayik, D.**, Yigit, D., & Acikgoz, A. (2019). The effect of Mozart's music in childhood epilepsy: A systematic review. 1st International Rumi Pediatrics Congress. Konya, Turkiye, 4-7 December 2019. p:348-54. Oral Presentation
13. **Sayik, D.**, Yigit, D., & Acikgoz, A. (2019). The Use of Orlando's Interaction Theory in Nursing Care Practice: Celiac Disease. 1st International Rumi Pediatrics Congress. Konya, Turkiye, 4-7 December 2019. p:355-361. Oral Presentation
14. Yigit, D., **Sayik, D.**, & Acikgoz, A. (2019). The tendency to Medical Errors among Pediatric Nurses in Turkey: A Systematic Review. 1st International Rumi Pediatrics Congress. Konya, Turkiye, 4-7 December 2019. p:362-365. Oral Presentation
15. **Sayik, D.**, Acikgoz, A., & Bildirici, Y (2019). Pilot Implementation: Family-Centered Care In Pediatric Intensive Care Unit (PICU), 2nd International 7th National Pediatric Nursing Congress, 27-30 November 2019, Izmir, Turkiye, OP344, p:896-902. Oral Presentation
16. **Sayik, D.**, Acikgoz, A., & Yimenicioglu, Y. (2021). Levels of Knowledge and Anxiety About Epilepsy Among Mothers With Children Diagnosed With Epilepsy and the Identification of Influencing Factors: A Descriptive Study. International Congress of Medicine, Life Sciences and Healthcare (UTYAB), Turkiye, 23-25 August 2021, Online, pp:38-39. Oral Presentation

17. **Sayik, D.**, Acikgöz, A., & Yimenicioglu, Y. (2022). A Randomized Controlled Study: Evaluating The Efficacy of a Mobile Application Developed for The Parents of Children With Epilepsy. 17th International Child Neurology Congress 3-7 October 2022, Antalya, Turkiye, Oral Presentation
18. Yigit, D., **Sayik, D.**, Acikgoz, A., & Mumcu O. (2022). Diagnosis of Mothers' Safety Measures For Home Accidents And Determination of First Aid Self-Efficiency During The Pandemic. 3rd International Mediterranean Pediatric Nursing Congress, Ankara, Turkiye, 12-15 October 2022, pp:153 Oral Presentation.
19. Tamer, C., **Sayik, D.**, Ustabas, N., Unlu, F., Unluturk, F., ..et al. (2011). The Effect of Breast Milk Intake on Height-Weight Percentile in Infants Between 0-36 Months. 13th National Nursing Congress with International Participation. Sanliurfa, Turkiye, 19-21 October 2011. Pp-108; p:185-186. Poster Presentation
20. **Sayik, D. (2016)**. Determination of Hospital Satisfaction and Job Satisfaction Level of Public Personnel Working in Eskisehir State Hospital. Anadolu Medical Center Nursing "Evidence-Based Practices Encouragement Award", Istanbul, Turkiye, 27 May 2016, p:42. Poster Presentation
21. **Sayik, D.** (2016). Effects of Improvement Studies on Employee Satisfaction. Anadolu Medical Center Nursing "Evidence-Based Practices Encouragement Award", Istanbul, Turkiye, 27 May 2016, p:31. Poster Presentation
22. Yigit, D., **Sayik, D.**, & Acikgoz, A. (2017). Breast Milk Bank. International 6th National 1st International Pediatric Nursing Congress. Belek-Antalya, Turkiye, 29 November-2 December 2017; p-008, p:11-12. Poster Presentation