# The Centre for Research on Children and Families

2023 Activities at a Glance

### Who we are

The **Centre for Research on Children and Families** 

(CRCF), is comprised of a thriving academic community with members from 15 universities, both Canadian and international, and who are affiliated with 4 faculties, 5 departments and 4 schools. The Centre acts as a hub that brings together 36 passionate and committed researchers.

#### Dr. Delphine Collin-Vézina

Issue 8

Director of the
Centre for Research
on Children and Families
since 2014 &
member since 2007

#### What we do

In 2023, we ran 40 national and international projects.

Centre activities ranged from assisting agencies with program development and program evaluation activities, to conducting clinical studies, providing governments with policy advice, and leading provincial and national epidemiological studies.

#### Who we train

Graduate students collaborate closely with organizations and CRCF professors to create transformational changes to our communities. In 2023, we provided training to 1 postdoctoral fellow, 34 graduate and non-graduate students, and 24 associate members. We offer training opportunities to students, through the RBC Fellowship fund and other funding sources, to prepare them for careers as practitioners, policy-makers, teachers, and researchers.

In addition, we offer 2 awards to our members: the CRCF <u>Graduate Student Travel Grant</u> (which also includes training) and the CRCF <u>Child Protection Scholarship</u>. During the 2022-23 fiscal year, the Travel Grant was awarded to **nine** students and the Child Protection Scholarship was awarded to **two** students.

The CRCF directly supports the advancement of students from across Canada and around the world by hosting and mentoring them at our facility. During this past year, we hosted 4 students at the CRCF.

## 2023 Highlights



#### **UNESCO** Global Education Monitoring Report Seminar

The CRCF sponsored the Research seminar on Comparative and Case Study Insight on Educational Equity, organized by UNESCO Global Education Monitoring (GEM) Report Fellows. This hybrid event, held at McGill University, brought together students, academics, and policy professionals to discuss research projects on educational equity and the attainment of sustainable development goals in educational equity. There were 26 inperson and approximately 30 online participants who cut across institutions in North and South America, Europe, Africa, and Asia.

Adoucir la recherche sur le trauma en refuges : projet d'inclusion d'un "chercheur canin" dans un projet de recherche doctoral sensible aux traumas. – Anick Desrosiers

As part of my doctoral research, I'm interested in the factors that influence the ability of homeless shelters to offer approaches that are more sensitive to the traumatic stressors experienced by the majority of people experiencing homelessness. The RBC funding granted enabled me to double my research team by including a canine researcher specially trained in social accompaniment, as these dogs can facilitate contact and promote socialization, reduce



anxiety and increase the emotional regulation capacity, well-being and motivation of people suffering from posttraumatic stress disorder and depression (Germain et al., 2018; Hediger et al., 2021; Jones et al., 2019; Kurdek, 2009; McNicholas & Collis, 2000; O'Haire et al., 2015; Rodriguez et al., 2020).

## Our hope



We hope that our work can continue supporting prevention initiatives, early intervention, specialized services and effective policies to shift positively the trajectories of vulnerable populations.

The full catalogue of CRCF Illuminates Research can be found at <a href="https://www.mcgill.ca/crcf/publications/crcf-illuminates-research">https://www.mcgill.ca/crcf/publications/crcf-illuminates-research</a>