

# Camper's Guide - 2018



### Camps

Artemusiki 5-6 yrs

Artemusik 7-12 yrs

#### Address

555 Sherbrooke West Montreal, QC

#### Dates

Camp 1: June 25-July 6

Camp 2: July 9-20

Camp 3: July 23-August 3





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## Pick up and Drop off Procedures

Every day, rain or shine, arrivals and departures are at the main entrance of:

Schulich School of Music of McGill University

555 Sherbrooke Street W. at the corner of Union Street one block East of University Street),

McGill metro, exit Robert-Bourassa Street (Previously University Street, see map)

#### Drop-off (7:30 - 9 a.m. / free from 8:30 - 9 a.m.)

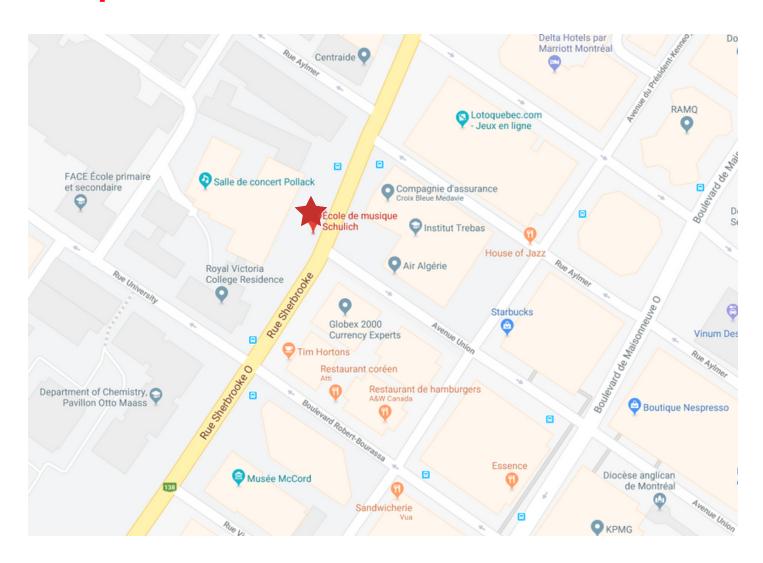
The first morning: Tell your parents to park their car on the street or in a parking lot before they bring you inside the building (see map). If your parents have 150,00 questions to ask your counsellor, tell them to plan a 15- to 30-minute period for this first meeting. Otherwise your parents can expect it to take about 15 minutes to come inside the building, find where your group is, to say hi to your camp counsellor, take your snacks out of your lunchbox and put them in your group's snack bin (see Food section), to give you a hug and a big kiss, wish you a great day and leave the building!

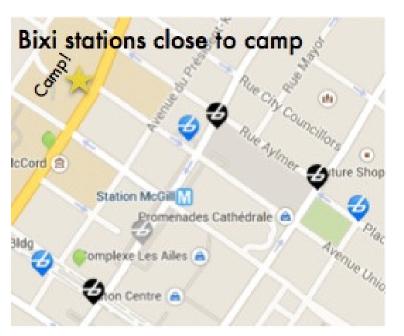
Following mornings: For security reasons, tell your parents that they need to accompany you into the building. To do so, they will have to park their car on the street or in a parking lot (see map). Since your parents will have (hopefully!) had all their questions answered, this should take no more than 5 minutes!

#### Pick-up (4 - 6 p.m. / free from 4 - 4:30 p.m.)

For all departures: Your parents will have to come pick you up in the pre- and after-camp room (the same place they left you in the morning). Tell them that an I.D. card will be required, and they will have to sign you out. Since every parent will have to sign their child out, suggest that they wear a big smile (even though this procedure might take w while). We understand that they've had a long day at work and are anxious to get home for supper, and we will make the process as quick and painless as possible:) If they would like you to go home with somebody else's parents, a babysitter or a family member make sure they've given us permission to send you home with them! If not, you will need to stay until an authorized parent comes to pick you up.

## Maps





## Pre- and After-camp Supervision

Arrivals: 7:30 - 9:00 AM (Free starting at 8:30)

Departures: 4:00 - 6:00 PM (Free until 4:30)

When you registered, you had the choice between:

- 1) Taking the full supervision package (will costs \$40 per week)
- 2) Paying "à la carte". If you arrive before 8:30 or after 4:30, you will be asked to pay a three-dollar (\$3) per child per 30 minutes (payable when you arrive or leave).

Please note that parents who exceed the 6 p.m. after-camp supervision closing time will be asked to pay a two-dollar (\$2) per child late fee for every extra five-minute period. The total amount of the late fee will be paid in cash directly to the supervising counsellor, immediately when you pick up your child.

Please also note that on the last Friday of each two-week session, there is no After-camp Supervision due to the End-of-Camp Show.



## Camp Policies

#### Allergies

If you had mentioned in the camper's registration any severe or deathly allergies, you will receive a colorful bracelet on your first morning at camp. It will be necessary to wear it every day at camp (it's even water-resistant!) For us, it's a quick and effective tool to identify any campers with allergies in order to offer them a great, safe camp experience! We will ask for parent collaboration to make sure that the bracelets survive camp:)

If a camper does have a severe or deathly allergy, we require them to carry an Epipen at all times, if they have been prescribed one. It is also possible to keep a second Epipen in the office, labeled with the camper's name.

#### **Bullying Policy**

We take every camper's experience very seriously, and it is important to us that everyone feels safe and happy each day at camp! Counsellors will work to maintain the most positive environment possible, free from emotional or physical aggression, and they expect campers to immediately report incidents of bullying. Camp will not tolerate behaviour that infringes on the safety or well-being of any camper. Please note that we also have a no tolerance policy for any violence or vandalism. Any camper to behave in any of these ways might be asked to leave without a refund of their camp fees.

#### **Pest Policy**

In the case that some lice, or any other infectious friends, should decide to make their way into your child's hair, please inform the camp as soon as you notice. Unfortunately, due to the contagious nature of lice, a camper with lice and eggs will not be accepted back at camp until they've completed their treatment. Please note that we will treat every case of lice at camp with as much sensitivity and confidentiality as possible.

If some of our friends do join us at camp, we will inform parents of the concerned groups by e-mail and will also give out a general notice should an outbreak be discovered. As a precaution, we will also make a quick and efficient "head check" on all the campers that are part of the same group

#### Birthdays at Camp

We know that birthdays are special moments and we make sure to celebrate them at camp! The staff will make sure that the lucky campers' day is filled with happy times and a special acknowledgement will happen during one of the day's sessions. Please note that sue to our allergies and food policies, we can't accept cake or any special food for your camper's group, that will need to wait until they get home :)

## Food & Meal Plan

Since your daily schedule is packed with activities, we recommend that you:

- Have a good breakfast before coming to camp
- For lunch there are two options:
- You can bring your lunch, ideally in a lunch box containing in an ice pack. Please note that we have NEITHER refrigerators NOR microwave ovens
- OR you can take part in the lunch plan option we are now offering! The meals will be prepared by McGill Food Services and options include a hot (meat/vegetarian option offered daily). See the website for sample menus, pricing and instructions on how to register!
  - http://www.mcgill.ca/conservatory-camp/information/lunch-box-plan)
- Bring two healthy snacks that cen be kept at room temperature, labelled with your name
- Bring a bottle of water, again, with your name written on it!
- For the sake of good nutrition, safety and time constraints, vending machines are off-limits.



# Green Lunches & Tremplin Santé

As you've probably heard, our planet needs some taking care of, so we asked ourselves how we could help out! Here are a few ideas:

- By bringing your healthy lunch in a lunch box rather than a plastic bag
- by putting your food and juice in reusable containers (with your name on them!) rather than in plastic bags and disposable juice boxes
- By recycling and composting every lunch at camp!
- AND by helping Mom and Dad with the dishes when you get home:)

We're also taking part of the Tremplin Santé program this year! For more details on that program, please visit: http://www.tremplinsante.ca/accueil.





# What to Bring to Camp

- Lunch & a snack
- Sunglasses & sunscreen (mist form if possible, as it is easier to apply!)
- A hat or cap
- Comfortable active-wear
- Good sneakers, no sandals!
- A beach towel (to sit on at lunch or for water games)

To avoid losing anything, make sure to put name-tags on all items you bring to camp: clothes, raincoats and boots, umbrellas, lunch boxes, etc.

# What to Leave at Home

Cell phones, iPads, toys or other distracting technology, and valuables.

Camp is not responsible for lost, stolen or damaged items.









## Special Activities

Costume Days: these are fun and special days at camp! Make sure to prepare for them since you know the theme in advance:) Please not that regular workshops take place on these days, so dress accordingly (still no sandals!) We will let you know on the first Wednesday of camp exactly on which days the costume days will fit into our busy camp schedules!

Artemusik-ki 1: Board games & Best Socks Day

Artemusik-ki 2: Crazy hairdo Day & Cosmos Day

Artemusik-ki 3: Show us your colors & Magic World

Camp Fairs: once a week, all the campers will get to experience the craziness that are camp fairs! Scavenger hunts, water balloons and more are in store for our fun loving campers!

## End of Camp Shows

- Camp 1 Artemusiki: July 6 at 3:30 p.m. \*\* Subject to change Artemusik: July 6 at 4:30 p.m. \*\* Subject to change

- Camp 2 Artemusiki: July 20 at 3:30 p.m. \*\* Subject to change Artemusik: July 20 at 4:30 p.m. \*\* Subject to change

- Camp 3 Artemusiki: August 3 at 3:30 p.m. \*\* Subject to change Artemusik: August 3 at 4:30 p.m. \*\* Subject to change







#### Details

Details regarding the End of Camp Show will be provided when we start the sale of tickets (the beginning of the second week). Although each camper receives 2 free tickets to the show, families that want more tickets will be able to buy them for \$5 per ticket. First come, first served!

#### Souvenirs

Included in registration is a camp t-shirt and a link to web photos. You may also choose from the following extras "à la carte":

- An 8 x 10 framed picture of your group (\$15+tx)
- Camp hats (\$15+tx)
- Downloadable video link (\$15+tx) to be sent by e-mail
- Complementary Camp T-Shirt (\$15+tx)

## Team!

## Direction

Cactus Associate Director Dolly

Administrative Assistant

Gamot Coordo Artemusik-ki Pepper Coordo Animation Bottines

Coordo Camp Spé

Djent

GBC & Tour

Section Leader

Babou

CIT Section Leader

Swish

Experimento

Section Leader

Timon

Camp Aid

### Workshop Leaders

Kitty, Dance

Jelly, Choir

Rebo, Percussion

Sizors, Arts & Crafts

Phénix, Drama

Camp Counsellors

zSky

Bravo

 $N_{yx}$ 

Smarties

Camomille

Dumplin

Mezo

Gummy

Kiwi

Tchiko

SDG

Kiwi

Mil

May

Minnie

Flash

lris

We look forward to welcoming you!

