Welcome to McGill University!

Essential Resources for Your Success
Visit our website for essential McGill Resources for graduate and postdoctoral students

Your First Year at McGill Resources for your success

mcgill.ca/firstyear/graduate-postdoctoral
## Resources for success: Academics

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... and more!
Resources for success:

Wellbeing and Student Life

University Services

- Student Wellness Hub
- Athletics and Recreation
- Campus Life & Engagement
- Office for Sexual Violence Response, Support & Education (OSVRSE)

... and more!

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Resources for success:

Wellbeing and Student Life

Student-run Associations

- Post-Graduate Students’ Society (PGSS)
- Queer McGill
- McGill Students’ Nightline

... and more!

- Represents graduate and post-doctoral
- Confidential and non-judgmental listening service

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Careers & Professional Development

Resources for success:

- Career Planning Services (CaPS)
- Graphos (Academic Writing and Oral Communication)
- SKILLSETS
- Track, Report, Connect Exchange (TRaCE)

Mcgill.ca/firstyear/graduate-postdoctoral
Individual Development Plan

myPath: mcgill.ca/firstyear/graduate-postdoctoral

Network of tools and programs to identify goals and create an Individual Development Plan (IDP)
YOUR GO-TO SITE FOR ALL RESOURCES TO ENSURE YOUR SUCCESS AT MCGILL:
mcgill.ca/firstyear/graduate-postdoctoral

This presentation was brought to you by:
- Campus Life and Engagement
- Graduate and Postdoctoral Studies
- Teaching and Learning Services
- Post-Graduate Students’ Society