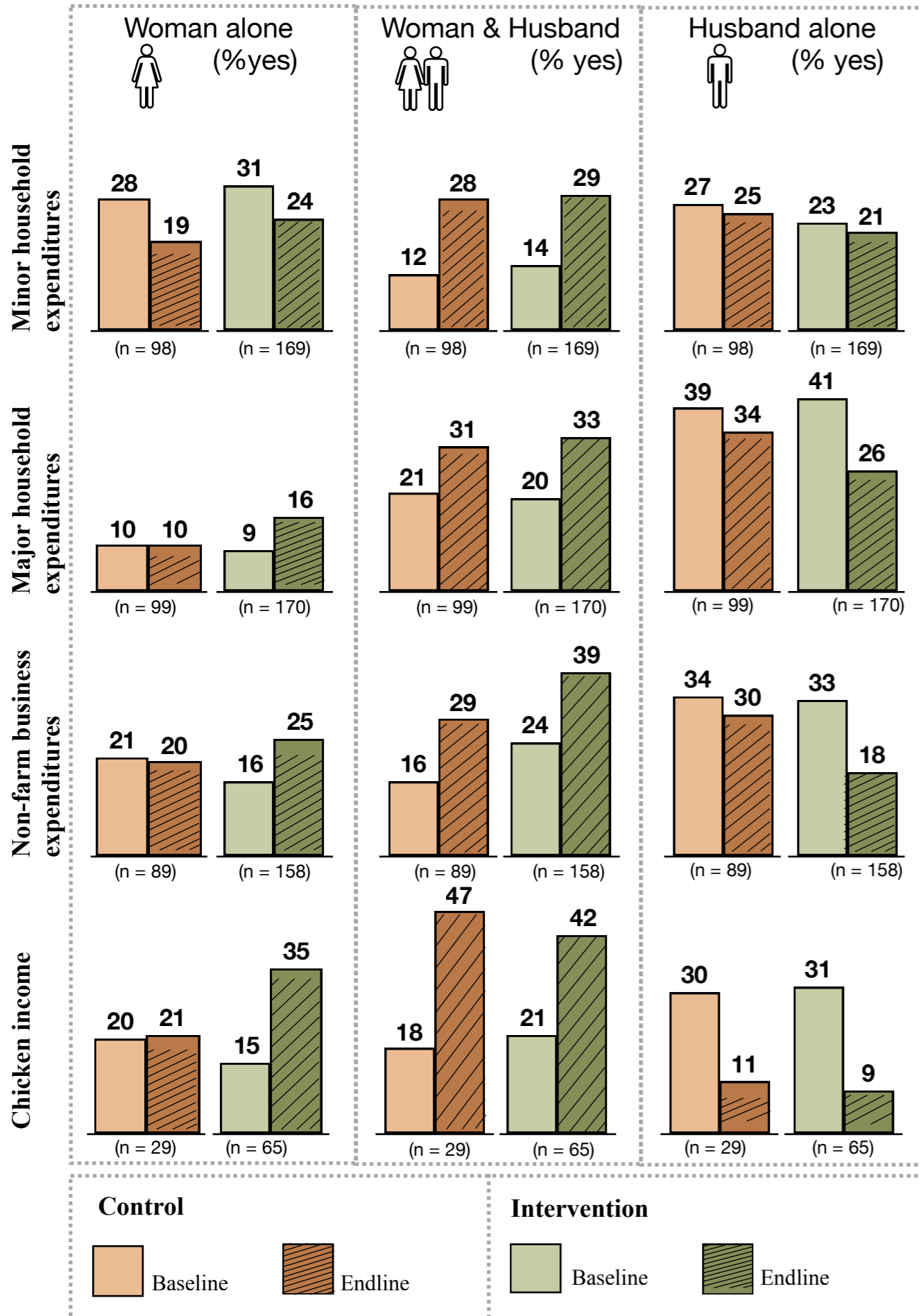


# How did women's decision making change with their participation in Nutrition Links?



## Voices of women who participated in the Nutrition Links infant intervention

**W1:** When this project has come, because he also learned a lot of things and I also learned a lot of things, if both of us said something, he will sit down and think about what I said. Then we gather both decisions then we will use it. But previously we did not make decision together. He used his own and I also used my own decision...

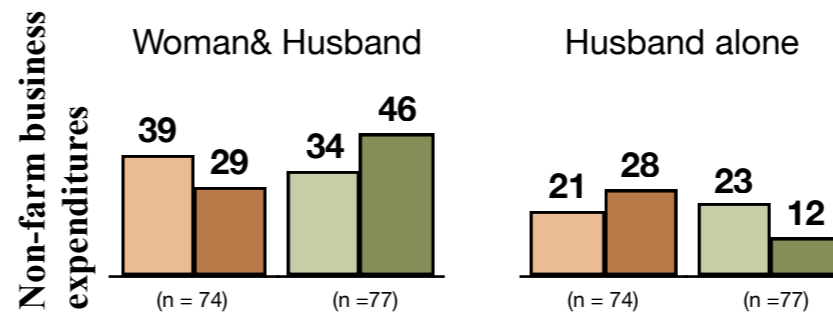
**W2:** If you gather it and you want to use it to do something if you advise him about it, he listens to your advice. But previously [before Nutrition Links] if he is doing something and you advised him he did not take it because he knew that you do not have anything...

**W3:** Even with house building... I told him [husband] that where we are staying I don't like it so it's good that we buy our land and build a house but he pretended it's not his concern [...] but when I put myself in this study and I was getting benefits, there was a group here [...] about cement. [...] I have registered my name and I have started paying it [...] I called him and I informed him

**W4:** Now I can say that when I put myself into this work there are some things I would say, and they will back me up. Some time ago when we are not doing this work and you pass then you look like you are of no value [...] The example I can give for "example" is I have realized that my family or my husband himself when we got a plot here and I said we should go and buy it he has backed me up that what I said is good, so we should do it...

Data on the left corresponds to first-year participants  
Other decision-making categories not added in this graph are decisions done by another household member and by women together with another household member.

For the second-year participants there was an increase in husband & women taking decisions together and a decrease in husbands taking decisions alone regarding non-farm business decisions in the intervention group.



Qualitative data shows some women refer to an improvement in the husband's supporting their decisions.

**Notes**