



McGill

Department of
Epidemiology, Biostatistics
and Occupational Health

EPIDEMIOLOGY

EPIDEMIOLOGY SEMINAR / FALL 2017

THE DEPARTMENT OF EPIDEMIOLOGY, BIOSTATISTICS AND OCCUPATIONAL HEALTH, - SEMINAR SERIES IS A SELF-APPROVED GROUP LEARNING ACTIVITY (SECTION 1) AS DEFINED BY THE MAINTENANCE OF CERTIFICATION PROGRAM OF THE ROYAL COLLEGE OF PHYSICIANS AND SURGEONS OF CANADA

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Professor & Chair
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Western University



Epidemiology and prevention of cardiometabolic disease in a global perspective: A journey from the Mediterranean region to Canada

MONDAY, 2 OCTOBER 2017 / 4:00 pm – 5:00 pm
McIntyre Medical Building

3655 promenade Sir William Osler – Meakins Rm 521

ALL ARE WELCOME

ABSTRACT

This seminar will provide a global overview on the epidemiology and prevention of major cardiometabolic disease. It will focus on examples of Dr Stranges' own research in this field. Specific areas will be: (1) the role of micronutrients and dietary patterns in cardio-metabolic health; (2) the health implications of sleep disturbances; (3) public health challenges in the area of cardio-metabolic health in low-resource settings.

OBJECTIVES

At the end of this session, audience members should be able to...

1. review & interpret epidemiological trends in the burden of cardiometabolic disease globally
2. understand the role of major traditional and emerging risk factors for cardiometabolic disease, with focus on nutrition and sleep patterns
3. discuss public health challenges to tackle the growing burden of cardiometabolic disease in low-resource settings

BIO

Dr. Saverio Stranges was recently appointed (October 2016) as Professor and Chair of the Department of Epidemiology & Biostatistics within the Schulich School of Medicine & Dentistry, at Western University, with cross-appointment in the Department of Family Medicine.

For more info, please visit: https://www.schulich.uwo.ca/epibio/people/core_faculty/dr_saverio_stranges.html