

Special Grand Rounds: Royal-Mach-Gaensslen Conference
with Dr. Benjamin Goldstein



Putting the *heart* into youth bipolar disorder

What if better cardiovascular health means better mental health?

Does mental illness happen in the brain, or across multiple systems?

Could exercise be medicine for some youth with bipolar disorder?

Dr. Goldstein will share his research.



DR. BEN GOLDSTEIN

recipient of the 2017
The Royal-Mach-Gaensslen Prize
for Mental Health Research and
Clinician Scientist at Sunnybrook Hospital

MAY 18, 2018

Allan Memorial Institute
South Seminar Room
Dept Psychiatry
McGill University
1025 Av des Pins Ouest

11 AM - 12:30 PM