

The MUHC Personality Disorders Program  
presents:

## Borderline Personality Disorder: What We Know and What We Do



**Friday May 25th, 2018**  
**8:30 a.m. – 4:30 p.m.**

**Amphitheatre Jeanne Timmins**  
**Montreal Neurological Institute**  
**3801 University Street, Montreal**

### OBJECTIVES

This symposium's objective is to disseminate cutting edge evidence-based research and clinical expertise in the treatment of patients with BPD. The various talks aim to provide information related to working with this population, and an introduction to effective and accessible treatment approaches. Previous treatment methods have been lengthy and expensive. We will highlight the benefit of a 12-week program for most patients with BPD and describe main elements of effective short-term psychotherapy. We will describe evidence-based interventions for effective treatment of concurrent disorders, focusing on addictions.

This symposium will also cover approaches to self-harm and suicidality; as well as how to establish and maintain appropriate boundaries. We will distill some key components of effective supervision in the treatment of patients with BPD. Lastly, we will provide an overview of effective group psychotherapy focusing on intra/interpersonal and group dynamics.

### SPEAKERS

**Tanya Bergevin**, Psychologist, PD Program, MUHC.

**Dr. Robert Biskin**, Personality Disorders Program, SMBD-Jewish General Hospital; Professor, Department of Psychiatry, McGill University

**Sally Butterworth**, Psychologist, PD Program, MUHC.

**Dr. Ronald Fraser**, Head, Inpatient Detoxification Services, Addictions Unit; Director, Extended Care Borderline Personality Disorder Clinic, McGill University Health Centre; Associate Professor, Department of Psychiatry, McGill University and Dalhousie University.

**Ilana Kronick**, Psychologist, PD Program, MUHC.

**Dr. Joel Paris**, Head, Short-Term Clinic, MUHC; Head, PD Program, SMBD-Jewish General Hospital; Full Professor, Department of Psychiatry, McGill University.

**Allen Surkis**, Psychologist, PD Program, MUHC.

### ORGANIZING COMMITTEE

**Lori Isaif**, OT Psychotherapist, MUHC

**Lise Laporte**, Psychologist, MUHC

**Joel Paris**, Psychiatrist, Jewish General Hospital

**Tiffany Resendes**, Conference Coordinator, McGill University

### PROGRAM

- 8h15 **Registration**
- 8h45 **Lise Laporte, PhD** - Welcome and Introduction
- 9h00 **Dr. Ronald Fraser** - Personality Disorders: Seeing the Forest through the Trees
- 9h30 **Dr. Joel Paris** - Stepped Care for BPD
- 10h15 **Coffee break**
- 10h30 **Ilana Kronick, PhD** - BPD: Essential Therapeutic Approaches for Short Term Intervention
- 11h15 **Allen Surkis, PhD & Sally Butterworth, MA** - Group Psychotherapy for Patients with BPD
- 12h15 **Lunch (not included)**
- 13h15 **Dr. Ronald Fraser** - Concurrent Personality Disorders and Addictive Disorders
- 14h15 **Tanya Bergevin, PhD** - Efficient Supervision in a Clinical Context: How to Supervise Those Who Work with BPD Patients
- 15h00 **Health break**
- 15h15 **Dr. Robert Biskin** - BPD Psychotherapy: Clinical Dilemmas and Recommendations
- 16h00 **Q&A**
- 16h15 **Dr. Joel Paris** – Closing Remarks

**English presentation with simultaneous interpretation service in French.**

### REGISTRATION

Register now on the McGill's [School of Continuing Studies](#) website.

#### Registration Fee (including snacks and documents):

Early Bird Discount	After May 11th
Regular : 165\$	Regular : 185\$
Student : 75\$	Student : 90\$

**The number of seats is limited – sign-up fast!**

Certificates of attendance will be issued on site to all participants. This activity is recognized by the Ordre des Psychologues du Québec for 6 hours of continuing education in psychotherapy (RE02344-17).

#### For information regarding the conference, please contact:

**Tiffany Resendes**

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#### For information about registration, please contact:

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