



Strategic Use of Validation in Social Work Practice

Dr. Andrea Doyle has been teaching and practicing social work for over twenty years. She has advanced training and expertise in psychodynamic and behavioral approaches and has worked in diverse practice settings in Canada and the United States. She has special clinical interest in the intersection of women's physical and mental health. She is currently an assistant professor at the University of Pennsylvania School of Social Policy & Practice, where, in addition to teaching, she is testing a trauma-informed Dialectical Behavioral Therapy (**DBT**) skills intervention to enhance treatment adherence and risk reduction among women of color who are living with HIV and experiencing emotional dysregulation. Dr. Doyle holds degrees from McGill University (B.Sc. in Psychology, Special B.S.W., & M.S.W.) and the University of Washington (Ph.D. in Social Welfare).

Dr. Doyle will give an example lecture tailored to a typical BSW class (***SWRK 320 - Practice with Individuals & Families I***). She will be speaking about ***Strategic Use of Validation in Social Work Practice***.

Reflective listening is the "bread and butter" of social work practice and critical to building relationships. Validation is the strategic use of reflective listening to communicate empathy and understanding. "Levels of validation" have been elaborated within the Dialectical Behavioral Therapy (**DBT**) framework and will be described and contextualized for effective intervention with clients. A brief overview of DBT will also be provided during the lecture.

Date:

Mon, Oct 24, 2016

Time:

9:30 - 10:30 am

Location:

School of Social Work
McGill University
3506 University Street
Wilson Hall @ Wendy
Patrick Room (#118)

RSVP:

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