



UNDERSTANDING AND NAVIGATING DEMENTIA

Free online lecture for healthcare professionals

September 27, 2023

11:30 a.m. to 1:00 p.m. EDT

This lecture, offered by the McGill University Dementia Education Program in collaboration with Altfest Personal Wealth Management, is aimed at family physicians, geriatricians, neurologists, psychiatrists, nurses, social workers and occupational therapists who would like to gain a deeper understanding of neurocognitive disorders.



Dr. José Morais and Mrs. Claire Webster are two of the senior authors of the World Alzheimer Reports for 2021, *Journey through the diagnosis of dementia*, and 2022, *Life after diagnosis: Navigating treatment, care and support*. They will share highlights from the reports, including research and best practices on post-diagnostic management and support following a diagnosis of a neurogenerative disorder.



Dr. José A. Morais

Academic Lead, Dementia Education Program

Director, Division of Geriatric Medicine McGill University

Understanding Dementia

- ◆ Recognize the symptoms and signs of dementia through the stages of neurocognitive decline.
- ◆ Identify non-pharmacological and pharmacological approaches to manage symptoms of dementia.



Ms. Claire Webster

Founder, Dementia Education Program McGill University

Founder and President, Caregiver Crosswalk

Navigating Dementia

- ◆ Recognize the role of informal caregivers in the management of dementia and the ripple effect on their health and wellbeing.
- ◆ Identify best practices for informal caregivers to manage challenging behaviors, ensure the safety of their family members and access support services.

This program meets the accreditation criteria as defined by the Maintenance of Certification program of the Royal College of Physicians and Surgeons of Canada and has been accredited by the Office of Continuing Professional Development, Faculty of Medicine and Health Sciences, McGill University for up to 1 (one) Section 1 credits/hours. Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at www.ama-assn.org/go/internationalcme.

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Office of Continuing Professional Development, Faculty of Medicine and Health Sciences for up to 1 (one) Mainpro+ credits. Members of the American Academy of Family Physicians are eligible to receive up to 1 (one) Prescribed credit hours for attendance at this meeting/event due to a reciprocal agreement with the College of Family Physicians of Canada.



We thank our supporter Altfest Personal Wealth Management for their funding which made this presentation possible.

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