TERRY FOX RUN 2018

Join the **McGill Faculty of Medicine Inter-Professional team** of students, residents, and Faculty members from: Medicine, the schools of Physical & Occupational Therapy, Communication Sciences & Disorders, and the Ingram School of Nursing on **Sunday September 16th**, **2018** for the annual **Terry Fox Run**.

What: A non-competitive fun run where individuals, families and groups walk or run one to ten kilometers to celebrate the courage and resilience of a Canadian hero.

When: Sunday, September 16th, 2018 8:30 a.m. Registration (Try to arrive early!) 9:30-11:00 Event

Where: The Old Port of Montreal 400 de la Commune St. West H3C 0N8 *Look for 4 large McGill banners and a sea of red

Why: The annual Terry Fox Run, the legacy of Terry's Marathon of Hope, has always been about giving what you can and participating as you are able. The Terry Fox Foundation raises funds for Canadian cancer research, but

Terry also ran to raise awareness. This yearly run is in the same spirit: a community event where everyone, from families to elite athletes, unites to keep Terry's legacy alive.

How:

Option I Follow the link below to our team page and click on the "Join Our Team" button to register. <u>http://www.terryfox.ca/mcgill</u>

Option 2

- Go to the following page and select "Montreal: Vieux-Port/Old Port" <u>http://www.terryfox.org/run/#canada-run-locator</u>
- 2) Click "Register" then "Create Login"
- 3) Accept the waiver and then select "Join a Run Team"
- 4) Search for the "McGill Faculty of Medicine Inter-Professional Team"

Background: Dr. Barry Slapcoff, a Family Doctor and Director of the Physician Apprenticeship Course, has been involved in this event for more than 18 years. He began participating in the Annual Terry Fox Run with patients from his practice to **promote physical activity and healthy lifestyles**. In 2012, he started collaborating with McGill medical students, and his team expanded to include medical students, family medicine residents, and other faculty members.

In 2017, under the leadership of Ms. Deborah Friedman, Assistant Dean of Student Affairs and Co-director of the Well Office, the initiative has expanded and become even more inclusive. The goal is to bring together students and faculty from across all professions represented by the Faculty of Medicine, to support our community, promote health, and **foster leadership and inter-professional collaboration**.

The leadership team is also comprised of **hard-working**, **motivated**, and **dynamic student representatives** from <u>all</u> programs and schools within the faculty. The Faculty of Medicine's participation in the Terry Fox Run has become a great way for future and current health professionals and researchers to meet outside the clinic and support a worthy cause!



McGill Faculty of Faculté de **#TerryFoxRun2018**

No registration fee and no obligation to fundraise! Just show up with a positive attitude and take part in a fun physical activity while promoting a great cause! Feel free to invite classmates, teachers, friends and family. Everyone is welcome! To make our team easy to spot, wear something red, white or with a McGill logo.