

# What can I do with my studies in Psychology

## Depending on my interests and experience, possible job titles:

- Research Assistant
- Corrections Officer
- Geriatric Aide
- Program Coordinator
- Relief Worker
- Probation Officer
- Activity Leader
- Community Relations Officer
- Employee Welfare Officer
- Group Home Worker
- Health Educator
- Volunteer Coordinator
- Immigration Officer
- Employment Counsellor
- Family Service Worker
- Fundraiser
- Crisis Worker
- Educator/Shadow
- Mental Health Worker
- Youth Care Worker

The information in this handout will provide you with ideas as to some typical careers/jobs that are associated with your degree, along with alternative careers that may not be as directly related to what you have studied. This by no means implies that these jobs are the only options you have. These careers are just samples of what you can do if you have the appropriate skills and experience.

Try searching for the job titles shown on this page at either [jobbank.gc.ca](http://jobbank.gc.ca) or [careercruising.com](http://careercruising.com), where you'll find career descriptions, profiles and job outlooks (login details for Career Cruising available by contacting CAPS).

If you're feeling a bit lost and you're curious about your future career options, we encourage undergrads to register for the [Undergrad Hive](#) career exploration program. Feel free to come by the CAPS office to make an appointment with a career advisor to discuss your career options and job search strategies.

## Possible job titles outside my area of study:

### Business

- Management Consultant
- Benefits Officer
- Marketing Specialist
- Representative
- Human Resource Specialist
- Public Relations Consultant
- Market Researcher
- Recruiter
- Assistant Manager
- Job Analyst
- Multicultural Consultant
- Investment Advisor
- Salesperson

### Education

- International /Foreign Student Advisor
- Recreation Director
- Alumni Relations Officer
- Academic Advisor
- Residence Life Coordinator
- Financial Aid Advisor

### Communication

- Writer/Author/Columnist
- Editor
- Reporter /Correspondent
- Journalist
- Broadcaster
- Web Developer
- Technical Writer

## With additional education/ training or experience:

- Art Therapist
- Occupational Therapist
- Psychiatrist
- Social Services Caseworker
- Marital Counsellor
- Career Counsellor
- Nurse
- Life Coach
- Music Therapist
- Criminologist
- University Professor
- Mental Health Counsellor
- Social Worker
- Forensic Specialist
- Doctor
- Cegep Teacher
- Physical Therapist
- Guidance Counsellor
- Lawyer
- Psychologist
- Researcher
- Sex Therapist

## Associations & Websites:

- Canadian Association for Child and Play Therapy  
<https://cacpt.com/>
- Canadian Counselling and Psychotherapy Association  
<https://www.ccpa-accp.ca/>
- Canadian Psychological Association  
<https://www.cpa.ca/>
- Ordre des psychologues du Québec  
<https://www.ordrepsy.qc.ca/>
- Canadian Mental Health Association  
<https://cmha.ca/>
- National Institute of Mental Health (USA)  
<https://www.nimh.nih.gov/>
- American Psychological Association  
<https://www.apa.org/>
- Association for Psychological Science (USA)  
<https://www.psychologicalscience.org/>
- Social Psychology Network  
<https://www.socialpsychology.org/>

## Areas of Employment:

- Universities
- Seniors Residences
- Placement Agencies
- Popular Magazines
- Colleges
- Detentions Centres
- Head Hunter Agencies
- Educational and Academic Journals
- High Schools
- Law Firms
- Special Needs Centres
- Hospitality Industry
- Community Organizations
- Adoption Agencies

## Related Skills:

- Interpersonal communication (oral and written)
- Engage in ethical practice
- Knowledge of human development and behaviour
- Problem solving, decision making and team-playing
- Able to observe, analyse, and interpret information
- Ability to make critical observations, evaluations and appropriate decisions
- Aptitude for leadership
- Good listening, clarifying, questioning and responding skills
- Skilled at interacting with people of different backgrounds in different situations
- Capacity to anticipate and understand the views and concerns of others
- Insight to deal effectively with people
- Ability to promote healthy relationships
- Ability to mediate or resolve conflicts
- Ability to plan and carry out long term projects
- Concern for and sensitivity to others
- Critical and inferential thinking
- Design and construct surveys and interviews
- Ability to read material articulately and analytically
- Understand complex problems and identify solutions
- Thorough and systematic thinking skills, using conceptual analysis, reasoning and detailed description
- Knowledge of statistics and social research methodology, including data collection and analysis
- Analyse, synthesize and interpret information