

What can I do with my studies in Occupational Therapy

Depending on my interests and experience, possible job titles:

- Occupational Therapist
- Community Occupational Therapist
- Case Manager Occupational Therapist
- Rehabilitation Consultant Occupational Therapist
- Clinical Occupational Therapist
- Research and Development Occupational Therapist
- Vocational Evaluator Occupational Therapist
- Home Care Occupational Therapist

The information in this handout will provide you with ideas as to some typical careers/jobs that are associated with your degree, along with alternative careers that may not be as directly related to what you have studied. This by no means implies that these jobs are the only options you have. These careers are just samples of what you can do if you have the appropriate skills and experience.

Possible job titles outside my area of study:

- Acute Care Coordinator
- Addictions Worker
- Child Care Worker
- Community Relations Officer
- Crisis Counsellor
- Crisis Intervention Worker
- Drug/Substance Abuse Counsellor
- Educational Counsellor
- Emergency Medical Technician
- Family Service worker
- Fund Raiser
- Geriatric Aide
- Group Home Worker
- Health Educator
- Managers in Health Care
- Technical Writer
- Volunteer Coordinator
- Mental Health Counsellor

If you're feeling a bit lost and you're curious about your future career options, we encourage undergrads to register for the [Undergrad Hive](#) career exploration program. Feel free to come by the CAPS office to make an appointment with a career advisor to discuss your career options and job search strategies.

Try searching for the job titles shown on this page at either jobbank.gc.ca or careercruising.com, where you'll find career descriptions, profiles and job outlooks (login details for Career Cruising available by contacting CAPS).

With additional education/training or experience:

- Director of Occupational Therapy Department
- Director of Home Care Services
- Director, Rehabilitation Services
- Medical Clinic Director
- Mental Health Residential Care Program Manager
- Health Policy Decision Maker
- Case Manager
- Vocational Training School Teacher
- Research Associate
- Professor
- College Instructor
- Manager in Health Care
- Mental Health Counsellor
- Grief Counsellor
- International Consultant
- Owner of a Private Clinic
- Supervisor of Occupational Therapy Unit
- Supervisor of Student Fieldwork

Areas of Employment:

- Health and Wellness Facilities
- Community Health Centres
- Healthcare / Health Service Centres
- Academic Institutions / Public Schools
- Research Centres / Firms
- Hospitals/Clinics
- Rehabilitation Centres
- Nursing and Residential Care Facilities
- International Health Agencies
- Funding Agencies
- Social Service Agencies
- General Practitioner's Offices
- Physician's offices
- Long-Term Care Facilities
- Home Care Agencies
- Private Practice Offices
- Outpatient Facilities
- Institutions for Disabled
- Child Development Centres

Associations & Websites:

- American Occupational Therapy Association
<https://www.aota.org/>
- Canadian Association of Occupational Therapists
<https://www.caot.ca/>
- Canadian Occupational Therapy Foundation
<http://www.cotfcanada.org/>
- Ontario Society of Occupational Therapists
<http://www.osot.on.ca/>
- Ordre des ergothérapeutes du Québec
<https://www.oeq.org/>
- World Federation of Occupational Therapists
<http://www.wfot.org/>

Related Skills

- Interpersonal communication (oral and written)
- health and physical/social-emotional assessment
- Knowledge of human biological, social, cultural and psychological health factors
- Ability to critically appraise and use research findings
- Crisis management
- Empathy and compassion
- Concern for and sensitivity to others
- High emotional quotient and IQ
- Good political skills
- Working well under stress
- Manual dexterity
- Physical stamina
- Visual monitoring
- Team player
- Ethical practice
- Problem solving
- Observant
- Decision making
- Critical and inferential thinking
- Good listener
- Insight to deal effectively with people
- Good inter-professional skills
- Assessing and teaching living skills
- Handling equipment
- Supporting through change