

Packing List

Necessaries

Sun hat or visor
Sunglasses
Sunscreen (highest SPF you can find)
Aftersun (big bottle)
Lip balm with sunscreen in it
Few packs of rehydration salts
Reusable water bottle
Bathing suits
Beach towel
Toiletries
Lunch bag for packing lunches
School supplies (not too expensive locally)
Remember: rainy season starts July-Aug (raincoat/rain clothes/folding umbrella)
Comfortable, light clothing – ***No clothing with military patterns!***
More formal outfit for Presentation Days
Light pants that cover your legs down to the ankles (for field trips)
Closed toed shoes or boots (for field trips)
Long sleeve shirt (the nights can get cool, also good for bugs)
Insect repellent (highest DEET content, bring lots – expensive locally)
Afterbite (those mosquito bites itch!)
Antibacterial throat lozenges such as Streptocils (remedy for minor sore throats)
Snack food (granola, granola bars - processed foods available but expensive)
Flashlight
Extension cord

Toys

Tennis racket and balls – 3 Tennis courts next door in Folkstone Park
Lacrosse rackets/basketballs/soccer balls for fun in same neighboring park
Snorkeling gear – available in Barbados too
Board games/cards
Speakers (great for watching movies)
Movies (on a hard drive or computer)
Books

Bellairs Provides

Sheets, pillow, bath towels

Bellairs Short of Storage Space in Rooms – Consider bringing one of these

These storage units are very practical and could be used to store clothes, books, bathrooms products... They can be hung from a closet pole or hook. They can be

purchased at IKEA and are extremely inexpensive (5.99\$ (Black); 14.99\$ (White and beige pattern)). These fold up small for transport.

