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Dr Sharda is the inaugural Associate Dean of Equity and Inclusion for the Faculty of Health Sciences at McMaster University. From 2019 to early 2024 she served as a medical advisor and Equity, Diversity and Inclusion Lead, at the College of Physicians and Surgeons of Ontario where she led cross-organizational work to embed an EDI and anti-racist lens into complaints processes, provincial policy and ongoing education of committees and Council. She has presented and taught on equity and anti-racism at a variety of national and international organizations and has published in this space.

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Dr Sharda holds a Masters and Fellowship in Medical Education and was awarded the Currie Fellowship Award during her time at The Wilson Centre at the University of Toronto. Her scholarship is rooted in theories of power, hierarchy, anti-oppression and identity formation. She was recently awarded the Pauline Alakija trailblazer award for her EDI work. She is an anesthesiologist and chaired the Canadian Anesthesia Society physician wellness committee from 2019 - 2023, where under her leadership, wellness and equity were built into national anesthesiology standards for the first time.

Dr Sharda is a trained and skilled facilitator and is deepening her facilitation experience via the Sustained Dialogue course, a framework that focuses on transforming relationships that create conflict and block change, in order to move to collective action.

When not pursuing her hobby of creative writing and writing coaching, she works hard to avoid flying soccer balls that often approach her unawares from the feet of her 7-year-old and 10-year-old sons!