

## DONOR AND ELIGIBILITY CONDITIONS

1. The body must be in good condition of preservation. The transport of the corpse to the educational institution must normally be carried out in the 48 hours following death. This time may be delayed in periods of heat wave, or it may be prolonged if refrigeration is possible.
2. The body must not be embalmed or have undergone an autopsy.
3. The body may not be viewed at a Funeral Home, due to the fact that the educational institution must receive the donation within 24 to 48 hours.
4. The body must not exceed certain maximum weight limits, taking size into consideration. The body should not be overly deformed by disease (i.e. twisted limbs, less than 200 lbs. etc.)
5. The body must not be that of a major burn or major accident victim.
6. The body must not be that of a person who had a contagious disease (e.g. Hepatitis A/B/C, AIDS, MRSA, Septicemia, Septic Shock, SARS, C-difficile, acute jaundice, etc.)
7. The body must not contain radioactive substances
8. The body must not have undergone major surgery less than 2 months prior to death.
9. The body must not have been used for major organ donation (e.g. kidney or heart). Corneal transplant (eye) donation does not prevent a body from being accepted.
10. The distance to transport the body must not exceed the parameters set by the educational institution.

**N.B. There are charges for transportation if the distance educational institution exceeds the maximum allowed.**

**McGill: - 80 km**

**Autres universités : 250 km**

**\*\* LE COLLEGE ROSEMONT ACCEPTS ALL BODIES**

## WHAT TO DO UPON DEATH?

### **IN CASE OF DEATH AT A HOSPITAL OR AT A HEALTH AND SOCIAL SERVICES ESTABLISHMENT**

Family members or loved ones must inform the attending healthcare professional of the deceased's consent to body donation for teaching and research purposes. **The designated official at the establishment will contact l'Agence de la santé et des services sociaux de la Capitale-Nationale in accordance with established protocol.** Healthcare professionals are familiar with the procedure.

### **IN CASE OF DEATH AT HOME**

Family members, the attending doctor, or loved ones must contact l'Agence de la santé et des services sociaux de la Capitale-Nationale at (418) 525-1500 ext. 485, and inform the person in charge of the Body Donation program of the death and consent to donate.

If the death occurs outside of the Agency's opening hours, the family must contact one of the funeral homes listed below, according to which institute they wish to donate the body to.

Designated University	Funeral Home to contact*	Telephone
McGill University, Montréal	BLYPHE / BERNIER	514 495-8082
Université Laval, Québec	LÉPINE CLOUTIER	418 529-3371
Université de Sherbrooke	L'ESTRIE	819 564-5370
Université du Québec à Trois-Rivières	CHÂTEAUDUN	819 375-2414

These Funeral Homes will temporarily hold the body before transport to the educational institution

## WHAT HAPPENS TO THE BODY AFTER THE STUDY IS COMPLETE?

The educational institutions may finish with the body within several months or up to 4 years later. Once the study is complete, the body is buried (College Rosemont) or cremated and the ashes are buried in the institution's plot at a cemetery, at the cost of the institution. Some institutions (McGill, Laval, Sherbrooke, Trois-Rivières) hold a mass in memory of the donors to which family and friends of the donors are invited. For more information, contact these institutions.

## TO DONATE EYES WRITE OR CALL:

### **MONTREAL:**

HÔPITAL MAISONNEUVE-ROSEMONT  
5689, boulevard Rosemont  
Montréal (Québec) H1T 2H1  
Phone : 514 252-3886 ou 514 252-3400

### **QUÉBEC:**

CENTRE HOSPITALIER DE L'UNIVERSITÉ LAVAL  
2705, boulevard Laurier  
Sainte-Foy (Québec) G1V 4G2  
Phone : 418 654-2702

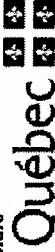
## FOR BRAIN DONATION

HÔPITAL DOUGLAS  
Madame Danielle Cécyle  
Phone: 514 761-6131

## EDUCATIONAL INSTITUTIONS

McGILL 514 398-6335  
LAVAl 418 656-2131 ext. 4581  
TROIS-RIVIÈRES 819 376-5084 ext. 3990  
SHERBROOKE 819 564-5370  
COLLEGE ROSEMONT 514 376-1620 ext. 666

Agence de la santé  
et des services  
sociaux de la Capitale-  
Nationale



555, boulevard Wilfrid-Hamel Est

Québec (Québec) G1M 3X7

Phone : 418 525-1500 poste 485

Fax : 418 529-9679

Internet Sites :

[www.frss03.ouiv.qc.ca](http://www.frss03.ouiv.qc.ca)

[www.msss.ouiv.qc.ca/sujets/organisation/don\\_corps](http://www.msss.ouiv.qc.ca/sujets/organisation/don_corps)

FOR TEACHING AND  
RESEARCH

Donating  
your body

Did you know body donations are of critical importance for teaching and research?

In fact, these gifts provide college and university students in the various health-science programs the opportunity to take courses in practical human anatomy in their disciplines and to practice the different techniques of their specialities.

Body donations can also play a role in developing new techniques and approaches to care and intervention by specialists and other health-care professionals.

Québec

FOR TEACHING AND RESEARCH

Donating  
your body

Santé  
et Services sociaux

Québec

# Donating your body

## Who can donate their body?

Anyone can make a gift of their body for teaching or research purpose. A minor under 14 years of age may also do so with the consent of the person having parental authority or of his tutor.

## How do I go about making my donation?

The procedure for donating your body after death is straightforward:

- 1 Sign the donor card.
- 2 Have two adult witnesses sign the card (spouse, child, father, mother, friend, etc.).
- 3 Keep the card in your wallet with your identification (driver's licence, health-insurance card).
- 4 Inform your family and friends.

## For More Information

[www.msss.gouv.qc.ca/sujet/organisation/don\\_corps](http://www.msss.gouv.qc.ca/sujet/organisation/don_corps)

You can also call the Agence de la santé et des services sociaux de la Capitale-Nationale at 418 525-1500, extension 485.



I hereby donate my body for teaching and research purposes.

Donor's name (in uppercase letters)	
Donor's signature	Date of birth (YYYY-MM-DD)
Restrictions or specific wishes, if any	
Witness	
Witness	

**You may withdraw your consent to donate your body at any time.**

### DONATING YOUR BODY FOR TEACHING AND RESEARCH

Thanks to these precious gifts, students in different college and university health and science programs can receive a practical education in human anatomy and to practice different skills necessary to their specialties.

Body donation is also essential to the development of new techniques and approaches in health care or surgical intervention.

### WHO BENEFITS FROM BODY DONATION?

Students and professionals in diverse disciplines in the health field are able to receive a practical education.

- Medical students receive a comprehensive education in the human body through various university courses, and in particular by taking practical human anatomy courses in which they may perform dissections.
- Medical Residents in various university programs can practice different surgical methods necessary to a surgical specialty as well as other specialties such as anaesthesiology, psychiatry, radiology, and emergency medicine.
- University and college students in many different health sciences programs may take human anatomy courses during their studies.
- Different medical specialist and healthcare professionals can develop new techniques and approaches in the field of research or in teaching seminars.
- Students of thanatology can practice different preservation methods related to the presentation of cadavers.

### IS THERE AN AGE LIMIT FOR BODY DONATION?

No. Anyone no matter his or her age can be a potential donor. It is only after death that certain eligibility criteria will be assessed.

### ARE THERE COSTS RELATED TO BODY DONATION?

- Generally, there is no cost to the family except:
- If the distance travelled to collect the body is greater than parameters established by the educational institutions. (McGill: 80 km, other institutions: 250 km);
  - If it is the desire of the family to have a religious ceremony, or to have the remains/ashes interred in a specific location, once the study is complete, the family must make the required arrangements at their own cost.

### CAN A VIEWING OF THE BODY BE HELD AT THE FUNERAL HOME PRIOR TO DONATION?

No, because the body must be collected by an educational institution generally within the first 24 to 48 hours after death.

### IS BODY DONATION POSSIBLE IN REMOTE REGIONS?

Yes, if criteria established by the educational institutions is respected. (e.g. the distance from the establishment where the body is being held to the designated educational institution)

### HOW IS IT DETERMINED WHERE THE BODIES GO?

Allocation of bodies is determined depending on criteria established by the educational institutions. The decision is based on different factors such as the date and location of death, criteria regarding preservation, whether or not the deceased recently underwent surgery, weight, height, and distance to one of the educational institutions. All criteria are outlined in the section entitled «Donor Eligibility and Conditions».

### WILL THE IDENTITY OF THE DONOR BE REVEALED?

No. Body donation is an anonymous gesture. Personal information is recorded and transmitted for administrative purposes only by competent authorities.

Students must adhere to a code of ethics regarding proper respect for the bodies and the name of the donor remains anonymous.

### CAN MY FAMILY AND LOVED ONES OPPOSE MY DECISION?

Rest assured, your wishes will be respected. It is very important that you communicate to your family and loved ones your wish to donate your body and to include them in your decision. Those with whom you have discussed your wishes may speak on your behalf and confirm your consent to donate upon your death. In this way, your wishes will be respected.

Your consent to donate your body should be respected by your family and loved ones. It is for this reason that you must sign your Body Donor consent card. You may also indicate your consent in your will and testament, or when designating power of attorney.

### AFTER MY DEATH, CAN A FAMILY MEMBER OR LOVED ONE DONATE MY BODY EVEN WITHOUT MY CONSENT?

Without evidence that this is contrary to the deceased's wishes, the family may make a request to the attending health professional after the death to begin Body Donation procedures in accordance with established procedures by filling out the requisite form.