NEUROENDOCRINOLOGY COURSE (ANAT-322) January-April 2024 Department of Anatomy and Cell Biology, McGill University

<u>Description:</u> This undergraduate-level course is intended as an overview of the different neuroendocrine systems participating in homeostasis. Structure, functioning and integration of neuroendocrine systems are discussed.

Time & Place: Tuesday (1.5hr) from 4:00 to 5:30 PM, SADB room 2/36

Thursday (1.5hr) from 4:00 to 5:30 PM, SADB room 2/36

Schedule: Classes are from January 4th, 2024 to April 9th, 2024, inclusive.

Spring break from Marc 4-8, 2024 (no class)

IMPORTANT NOTE: In the event of extraordinary circumstances beyond the University's control, the content and/or evaluation scheme in this course is subject to change."

Course specifics:

<u>Textbooks and supplementary materials</u>: Several books are available through McGill Library (McIntyre):

"Neuroendocrinology in Physiology & Medicine" edited by P.M. Conn and M.E. Freeman (1999),

"An introduction to Neuroendocrinology" by Richard Brown, (1994)

"Neuroendocrinology: an integrated approach" by D. Lovejoy (2005)

"Handbook of Neurochemistry and Molecular Neurobiology" by J.Blaustein, A. Lajtha (2006).

"Handbook of Neuroendocrinology" G. Fink, D. Pfaff, J.Levine Eds, AP (2012)

In addition, chapters relevant to specific lectures or block of lectures will be indicated by individual lecturers and supplemental lecture material might be provided at the time of the lecture.

<u>Course coordinator</u>: Dr Claire-Dominique Walker, Dept of Anatomy and Cell Biology, McGill University e-mail: claire-dominique.walker@mcqill.ca

Course teaching assistant: Ms Jiamin Song jiamin.song@mail.mcgill.ca

Assessments:

<u>Midterm exam</u> is on **February 13th, 2024 (6-7:30PM, M1)**. The midterm is worth 40% of the final mark. The midterm exam will include material covered from January 4th-February 8th inclusively. In case students miss the regular in-class scheduled midterm, they have the option to take a deferred exam as per departmental policies below. Note that the midterm is planned to be <u>in person</u>. The exam will be held in person if the public health situation at the time permits this; if not, the exam will be delivered remotely.

The <u>regular final exam</u>, and any special final exams if necessary, will be scheduled during the final exam session period in April, 2024. The final exam will be worth 50% of the final grade and will include material covered from February 15th to April 9th. Note that the final exam is planned to be <u>in person</u>. The exam will be held in person if the public health situation at the time permits this: if not, the exam will be delivered remotely.

The format of both exams will consist of a combination of multiple choice questions and short essay questions.

Quizzes: There will be 3 announced quizzes that will consist of 10 MCQ each. The format of the MCQ will be similar to the one that will be used in the midterm and final exams as to practice the students for the exams. The total of the quizzes will count for 10% of the final grade (3.33% each). If absent, the quizzes cannot be deferred. You cannot miss more than one quiz without being penalized (0 on the missed quiz). Quizzes will be offered remotely during a specific time (i.e. 7PM) on the day the quiz is scheduled. Students will be informed in advance about the time that they will have access to the quiz.

University Policies

<u>Language of Submission:</u> In accord with McGill University's <u>Charter of Student Rights</u>, students in this course have the right to submit in English or in French any written work that is to be graded.

Conformément à <u>la Charte des droits de l'étudiant</u> de l'Université McGill, chaque étudiant a le droit de soumettre en français ou en anglais tout travail écrit devant être noté.

<u>Academic Integrity:</u> McGill University values academic integrity. Therefore all students must understand the meaning and consequences of cheating, plagiarism and other academic offences under the Code of Student Conduct and Disciplinary Procedures (see http://www.mcgill.ca/integrity/ for more information). This is particularly important for all online exams and assessments. All suspected cases will be transmitted and investigated by the Office of Disciplinary Measures of the University.

L'Université McGill attache une haute importance à l'honnêteté académique. Il incombe par conséquent à tous les étudiants de comprendre ce que l'on entend par tricherie, plagiat et autres infractions académiques, ainsi que les conséquences que peuvent avoir de telles actions, selon le Code de conduite de l'étudiant et des procédures disciplinaires (pour de plus amples renseignements, veuillez consulter le <u>guide pour l'honnêteté académique de McGill</u>. Ceci est particulièrement important pour tous les examens en ligne et les quiz. Tous les cas suspects seront référés pour investigation au Bureau des mesures Disciplinaires de l'Université.

<u>Code of Conduct:</u> The University is committed to maintaining teaching and learning spaces that are respectful and inclusive for all. To this end, offensive, violent, or harmful language arising in course contexts may be cause for disciplinary action under the Article 10 of the Code of Student Conduct and Disciplinary Procedures and Section 2.7 of the Policy on Harassment, Sexual Harassment, and Discrimination Prohibited by Law.

Departmental Grading Policy

The Department of Anatomy & Cell Biology will NOT revise/upgrade marks except on sound academic grounds. Once computed, the marks in this course will NOT be altered/increased arbitrarily. Decimal points will be "rounded off" as follows: if the final aggregate mark is computed to be 79.5%, the mark will be reported as 80% (an A-); a final aggregate mark of 79.4% will be reported as 79% (a B+). These marks are FINAL and non-negotiable.

Departmental Midterm Exam/In-Course Assessment Deferral Policy

A midterm exam or other in-course assessment (i.e. quiz, assignment, paper, etc.) in a course administered by the Department of Anatomy & Cell Biology may only be deferred in the case of a **justified absence** due to serious illness or significant extenuating circumstances AND when **valid documentation** is received by the Course Coordinator within FIVE working days of the original midterm exam or due date.

If the deferral request is accepted by the Course Coordinator, students may be offered one or both of the accommodations below, depending on the grading structure of the course:

- a) Add the weight of the midterm exam/in-course assessment to the final exam or another course component
- **b)** Write a deferred midterm exam/submit a deferred assessment which will be scheduled/due within 10 days of the original midterm exam/due date

Due to the grading scheme in ANAT-322 only the option b) will be offered for a missed midterm.

University Policy on Reassessments and Rereads

Please see the eCalendar for policies regarding reassessments of coursework and rereads of final exams: www.mcgill.ca/study/university_regulations_and_resources/undergraduate/gi_final_examinations.

<u>Student evaluation of the course:</u> Students will be asked to participate in the evaluation of the course at the end of the semester by filling out the evaluation form online (Mercury). This is valued feedback for the course coordinator and instructors and allows them to continue improving the course and its content.

Schedule of lectures (Winter 2024): ANAT-322 SADB 2/36 4:00-5:30 PM

(In person teaching or possibility to online teaching according to University instructions)

January	9	Course introduction (10min) Functional anatomy of the neuroendocrine system Hypothalamus, pituitary gland & neuroendocrine regulation	D. Walker T. Stroh T Stroh
	11 16 18 23 25 30	The magnocellular system, oxytocin, vasopressin Oxytocin, pregnancy, lactation and the social brain Neuroendocrine control of reproduction I Neuroendocrine control of reproduction II Neuroendocrine control of reproduction III Neuroendocrine control of reproduction IV QUIZ 1 (on line Wed Jan 31, 7PM)	T. Stroh D. Walker D. Bernard D. Bernard D. Bernard D. Bernard
February	1 6 8	The adrenocortical axis Stress and glucocorticoids in the periphery and CNS Chronic stress and disease	D. Walker D. Walker D. Walker
	13	No class MIDTERM EXAM (6-7:30PM, M1)	
	15 20 22 27 29	Immune and neuroendocrine interactions I Stress and microbiome in pathology Hypothalamic control of food intake Reward and plasticity in food intake Brain stem circuits in energy balance control	D. Walker D.Walker M. Kokoeva M. Kokoeva P. Sabatini
March 4 - March 8 Spring break (no class)			
March	12 14 19 21 26 28	QUIZ 2 (on line Mon March 11, 7PM) Regulation of growth hormone secretion Somatostatin Endocrine disruptors in neuroendocrinology I Endocrine disruptors in neuroendocrinology II Circadian rhythms and neuroendocrine regulation I Circadian rhythms and neuroendocrine regulation II	T. Stroh T. Stroh T. Stroh T. Stroh N.Cermakian N.Cermakian
April	2 4 9	Neuroendocrine systems and Seasonal regulation QUIZ 3 (on line Wed April 3rd, 7PM) Neuroendocrine control of the thyroid gland function I Neuroendocrine control of the thyroid gland function II	F. Storch M. Tamilia M. Tamilia