



McGill

SCHOOL OF
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THERAPY

FOCUS

2015 / 2016



SPECIAL FEATURE:
GLOBAL HEALTH

FIELDWORK
ABROAD

FIRST GLOBAL
HEALTH
CONFERENCE



School of Physical &
Occupational Therapy

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On the cover: Students with clients at the
Spinal Cord Injury (SCI) unit, Amar Seva Sangam,
in Ayikudy, Tamil Nadu, India

**Due to a modification of production deadlines for this
issue of SPOT's annual Newsletter, please find the
reports and photos of more events on our website:
www.mcgill.ca/spot/alumni-0**

FROM THE DIRECTOR'S DESK

GOING GLOBAL – EMBRACING IT ALL AT SPOT

VERS LA SANTÉ GLOBALE : DESTINATION COMMUNE POUR TOUS
À L'ÉCOLE DE PHYSIOTHÉRAPIE ET D'ERGOTHÉRAPIE

As health professionals, we place a priority on improving health and achieving equity in health care for all people, locally and worldwide. Global health—promoting health for all—is this year's theme of our School's annual events, and indeed captures our School's world view of health and rehabilitation.

SPOT is fulfilling its academic mission in a global context:

RESEARCH – The School has a rich and varied expertise in rehabilitation research. One of our newest research domains is global health and rehabilitation. In this domain, our faculty are trying to: promote equity in health care, influence global health policy, and ensure ethical health care initiatives.

TEACHING – Global health is also authentically embedded within our curricula in occupational and physical therapy. In addition, many students pursue international fieldwork placements and sign up for the international global health course, offered to students across the health profession programs.

SCHOLARLY CONTRIBUTIONS – As a faculty we are committed to contributing to the global community and to building capacity in areas of need. Our faculty have recently provided consultations and conducted workshops in India, South Africa, Poland, China, and other countries. Our School has made a major investment in scholarly work in Haiti, as part of a partnership with Handicap International, to train more than 100 rehabilitation technicians.

This commitment to going global in education and research was showcased at the first Canadian Conference in Global Health and Rehabilitation, recently hosted by the School. Our students and faculty alike embrace global health concepts such as collaboration and partnerships, social justice, best practices and advocacy; collectively we are aspiring to achieve health and well-being for all.

Annette Majnemer OT, PhD, FCAHS
Vice Dean - Education, Faculty of Medicine
Director, School of Physical & Occupational Therapy



En tant que professionnels de la santé, l'amélioration de la santé et l'atteinte de l'équité dans les soins de santé pour tous, localement et dans le monde entier, s'avèrent pour nous des priorités. Cette année, les divers événements de l'École se déroulent sous le thème de la Santé mondiale - pour la promotion de la santé pour tous, lequel reflète bien notre vision du monde relativement à la santé et à la réadaptation.

L'École de physiothérapie et d'ergothérapie de McGill réalise sa mission académique dans un contexte mondial :

RECHERCHE – L'École dispose d'une expertise riche et variée dans la recherche en réadaptation. L'un de nos axes de recherche les plus récents est la santé et la réadaptation globale. Dans ce domaine, les membres de notre faculté tentent de promouvoir l'équité dans les soins de santé, d'influencer la politique en matière de santé mondiale, et de s'assurer que les initiatives de soins de santé soient conformes à l'éthique.

ENSEIGNEMENT – La santé globale est également intégrée dans nos programmes d'études en ergothérapie et de physiothérapie. Entre autre, de nombreux étudiants suivent des stages internationaux et s'inscrivent pour le cours mondial de la santé internationale, offert aux étudiants des programmes en sciences de la santé.

CONTRIBUTIONS DANS LE DOMAINE DU SAVOIR – À titre de faculté, nous nous sommes engagés à contribuer à la communauté mondiale et au renforcement des capacités dans les domaines de besoins. Certains membres de notre corps professoral ont récemment fourni des consultations et animé des ateliers en Inde, en Afrique du Sud, en Pologne, en Chine et dans d'autres pays. Notre École a notamment investi beaucoup dans un travail d'érudition en Haïti, dans le cadre d'un partenariat avec Handicap International, ayant comme objectif la formation de plus de 100 techniciens en réadaptation.

Cet engagement de viser la santé globale dans l'éducation et dans la recherche a été présenté à la première Conférence canadienne sur la santé mondiale et de réadaptation récemment organisée par l'École. Nos étudiants et nos professeurs adoptent pleinement les concepts de santé mondiale, tels que la collaboration et les partenariats, la justice sociale, les meilleures pratiques ainsi que le rôle de défenseur et de plaidoyer; collectivement, nous aspirons à atteindre la santé et le bien-être pour tous.

SOCIAL MEDIA UPDATE: The school's social media presence is growing - our Facebook page has just hit 1000 likes!
Do take a moment to join the conversation or catch up on the latest news on any of our growing platforms. Find us on ...



PROGRAM UPDATES

MISES À JOUR DES PROGRAMMES



Nouveau développement prometteur du programme en ergothérapie : le programme de mentorat en ergothérapie de McGill

En mars 2016, le programme d'ergothérapie lançait un programme de mentorat pour développer le sentiment d'appartenance des élèves à la profession. Les objectifs de ce programme basé sur les données probantes sont les suivants: 1) favoriser le développement de l'identité professionnelle des étudiants, 2) développer les compétences de réflexion des élèves, et 3) développer le sens de la pratique ergothérapeutique des étudiants à l'aide d'exemples cliniques ou d'expériences vécues. Les étudiants en première année du baccalauréat ont été jumelés avec leurs ergothérapeutes cliniciens mentors, et ce programme s'étendra à travers les cohortes d'étudiants pour les cinq prochaines années. Chaque mentor se réunira avec le groupe d'étudiants assigné, pour deux sessions de trois heures pendant l'année scolaire. Divers sujets serviront de base aux discussions et aux réflexions, tels que les compétences et les qualités nécessaires à la pratique, la transition de l'étudiant au thérapeute étudiant et la préparation au marché du travail. Chaque groupe d'élèves sera suivi par leur mentor ergothérapeute respectif pour l'intégralité du programme.

Les mentors assistent à un atelier préparatoire avant le début du programme de mentorat avec leur groupe respectif, et participent à une séance de debriefing une fois le mentorat débuté.

Si vous êtes intéressés à devenir un mentor, recherchez l'appel de candidatures qui sera fait au printemps, ou contactez madame Susanne Mak à l'adresse électronique suivante : susanne.mak@mcgill.ca.

Exciting New OT Program Development - McGill's Occupational Therapy Mentoring Program

In March 2016, the OT program launched a mentoring program to facilitate students' connection to the profession. The objectives of this evidence-informed program are to: 1) foster the development of the students' professional identity; 2) develop the students' skills for reflection; and 3) develop the students' sense of OT practice through clinical examples or lived experiences. The U1 students were partnered with OT Mentors, clinicians who will meet with their student groups for 2, 3-hour sessions per academic year. The program will be rolling out across the student cohorts over the next 5 years. Various topics will be used as a platform for discussion and reflection such as, skills and attributes needed for practice, transition from student to student therapist and preparedness for the workforce. Each student group will be followed by their OT Mentor for the entirety of their program.

Mentors engage in a preparatory workshop prior to the start of the mentoring program for their U1 group and participate in a debriefing session following the implementation of their session.

If you are interested in being an OT Mentor, look for the Call for Applications in the spring, or contact Susanne Mak at susanne.mak@mcgill.ca.

NEW LEARNING SPACES FOR LABS!





JUDITH
SOICHER
PT Director



La santé mondiale est un thème en croissance en physiothérapie à l'Université McGill et à la profession en général. Elle englobe le renforcement des capacités de la santé, la recherche et l'éducation, par le biais de partenariats stratégiques sur la scène internationale et au Canada. Ce bulletin met en lumière les activités mondiales de santé des étudiants, les enseignants et les chercheurs de l'École, la plupart avec des effets considérables au niveau international.

Plus près, le programme de physiothérapie renforce les capacités et améliore la formation des physiothérapeutes au Québec, grâce à deux initiatives de sensibilisation et d'éducation. Depuis 2012, le programme a été livré par extension à l'Université du Québec à Chicoutimi (UQAC), contribuant ainsi à atténuer les pénuries dans l'enseignement des soins de santé et du personnel dans la région du Lac Saint-Jean au Québec. Le deuxième programme de sensibilisation se produit sur le campus même de McGill, où des physiothérapeutes de tous les coins du globe maintenant vivant au Québec peuvent participer au Programme d'équivalence en physiothérapie de McGill. Après avoir réussi les cours requis, ces thérapeutes formés à l'étranger peuvent obtenir un permis pour exercer au Québec.

Afin de partager notre savoir-faire à travers ces initiatives de sensibilisation et d'autres que vous allez lire dans ce bulletin, nous avons construit une base solide au sein du programme de formation de physiothérapie de l'Université McGill. Au cours des dernières années, nous avons augmenté notre effectif du corps professoral et de la capacité de recherche, affiné notre programme, mis en place des espaces d'enseignement améliorés par la technologie, et récemment terminé notre évaluation d'agrément. Ceux-ci et d'autres réalisations ont été possibles grâce au travail acharné des professeurs dévoués, le personnel, les étudiants, les partenaires cliniques et nos anciens. A partir de cette base solide, le programme de physiothérapie de McGill contribue à notre collectivité, la province et au-delà.

Global health is a rapidly growing theme within McGill's physical therapy (PT) program and the profession at large. It encompasses health capacity building, research and education, through strategic partnerships on the international stage and in Canada. This newsletter highlights global health activities of the School's students, educators and researchers, many with far-reaching effects at an international level.

Closer to home, the PT program is building capacity and enhancing training for physical therapists in Québec, through two educational outreach initiatives. Since 2012, the program has been delivered by extension at the Université du Québec à Chicoutimi (UQAC), thereby helping to alleviate the shortages in health care education and personnel in Québec's Lac St. Jean region. The second outreach program occurs right on the McGill campus, where physical therapists from all corners of the globe and now living in Québec enter McGill's PT Equivalency Program. Upon successful completion of required courses, these internationally trained therapists can obtain a license to practice in Québec.

In order to share our expertise through these outreach initiatives and others you will read about in this newsletter, we have built a strong core within McGill's main PT training program. In recent years, we have increased our faculty complement and research capacity, refined our curriculum, implemented technology-enhanced teaching spaces, and recently completed our national accreditation review. These and other accomplishments have been possible due to the hard work of dedicated faculty, staff, students, clinical partners and alumni. From this solid foundation, McGill's PT program contributes to our community, province and beyond.



The School celebrated the Inauguration of the Renovated Practical Teaching (Lab) spaces of H-102, H-104 and Hosmer Coach House, with a ribbon cutting ceremony in the Fall of 2015. This event was attended by Faculty of Medicine Dean, Dr. David Eidelman, Adam Finkelstein (Teaching and Learning Services), the project manager (Juan Carlos Guerrero) and others involved in the renovation, and many of our faculty and support staff.

Dr. Judith Soicher's leadership in the design, planning and implementation of the renovation of these lab spaces for PT and OT courses were key in getting this project completed. These state of the art learning spaces are exceptional, authentic environments for our students to practice technical and professional skills and interact in engaging ways within and across these rooms. Teaching and learning continues to thrive at SPOT!

FIELDWORK ABROAD

PROFESSIONAL MASTER'S STUDENTS HAVE THE OPPORTUNITY TO PARTICIPATE IN TRAINING AROUND THE GLOBE

I made so many great memories during this experience, ranging from spending time cutting and gluing together handmade backrests to hosting game nights for the patients in the Spinal Cord Injury (SCI) unit at the Amar Seva Sangam, in Ayikudy, Tamil Nadu, India. We also had the opportunity to attend numerous cultural events on the campus. On our last day, everyone in the SCI unit came outside and gave us an emotional send off (see front cover of this Newsletter). It was a day that we will never forget!

Working in a low resource setting required me to embrace my creative side and reinforces the importance of being flexible and adapting moment to moment. Being in a setting like this allows you to really reflect on the core values of the profession and what it truly means to be an OT. We greatly enjoyed our time in India and would highly recommend this experience to others!



My international placement was at the Early Intervention Programme under the Ministry of Education in Grand Cayman, Cayman Islands. This program offers multidisciplinary group therapies to children from 0 to 5 years old with diverse needs. I saw children with Autism Spectrum Disorder, Down Syndrome, diverse developmental delays, sensory integration difficulties and many more.

My best learning experience was when we were working with the children in the OT sensory gym. I could really see how engaging with them in the gym through play made a significant difference in the behaviour, the activation and the mood of the children!

Participating in an international placement is an amazing experience to develop professional and personal skills; professionally I was exposed to different cultures and values, and personally I developed more independence and confidence in life skills. It's an opportunity everyone should take.

STUDENT CONTRIBUTORS

ELIANE DAIGNEAULT-BOURGEOIS,
SOPHIA EL OUAZZANI, BENGISU GONUL,
SITARA KHAN, MELISSA LATOS,
AI-VI NGUYEN, SAEIDEH SHAHIN



Name of facility: Mnazi Mmoja Public Hospital, Zanzibar, Tanzania
Area of study: Children with physical and developmental disabilities.

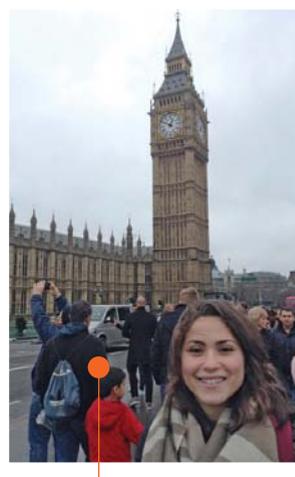
People value being free to do whatever they want to do, being relaxed and avoiding stress. With that comes an environment that was very different from the one we are used to in Montreal. We are accustomed to a 'go-go-go' lifestyle and work ethic. We don't realize how hard it can be to slow down. We knew we were in for quite the learning experience and it was so worth it.

Be prepared for continuous reflective thinking and self-assessment. Try to learn about the culture and embrace it. Get ready to feel vulnerable often and do not forget to remind oneself that tomorrow is a new day.



Name of facilities: Grand Cayman Health Services Authority; Georgetown, : Grand Cayman.
Subjects: pediatrics, adult, elderly-inpatient, outpatient, community rehab.

Learning experience: Every day I was forced to reflect on how culturally relevant or meaningful it was to set goals and plan interventions for my patient to regain independence. It was sometimes much more meaningful to them to be able to go to church on Sundays than being able to cook for themselves.



Clinical Fieldwork in England (Broomfield Hospital, Broomfield, Chelmsford in the County of Essex)

I was working on a Care of the Elderly ward with patients dealing with acute medical conditions. My patients were aged 65 and older.

Learning about British culture directly from my elderly patients made me realise that culture is intrinsic and unique to everyone.

GLOBAL HEALTH AWARDS 2015

DR. MATTHEW HUNT AND DR. MADHUKAR PAI
 WITH SPOT WINNERS



In 2015, SPOT, in collaboration with McGill Global Health Programs, launched a new award program: The Global Health Awards. The aims of the Global Health Awards are to recognize engagement amongst SPOT students and to encourage them to adopt a global mindset as they pursue their training, and in their future careers as OTs and PTs.

Presented annually to OT or PT students demonstrating commitment to health equity and global health, and pursuing these interests through a practicum in a Low or Middle Income Country, or amongst an underserved population in Canada as part of their professional Master's degree at SPOT, the recipients of the inaugural Global Health Awards were:

Jacqueline Roberge-Dao who travelled to Cape Town, South Africa, to work with neurology patients at a large public hospital.

Eliane Daigneault-Bourgeois who participated in a practicum in the Cayman Islands as part of an early intervention program for children with developmental delays and other conditions.

Lindsay Delima who worked with a non-governmental organization in Bogota, Columbia in a program for adults and children with physical or intellectual impairments.

CONFERENCE ON GLOBAL HEALTH, DISABILITY AND REHABILITATION A CANADIAN FIRST!

UNE CONFÉRENCE SUR LA SANTÉ MONDIALE, LE HANDICAP ET LA RÉADAPTATION UNE PREMIÈRE AU CANADA!

On March 12th, the School of Physical and Occupational Therapy, in collaboration with McGill Global Health Programs and the Centre for Interdisciplinary Research in Rehabilitation, hosted Canada's first conference on global health, disability and rehabilitation. Over 125 participants, including students, researchers, and civil society, attended the conference. The conference showcased both oral and poster presentations and the conference attracted presenters from universities across Canada, Brazil, England, the United States, India and Haiti. Three prominent guests delivered keynote presentations. Rachel Thibeault, an occupational therapist and Order of Canada recipient from the University of Ottawa, described her ongoing work to foster the health and well-being of refugees arriving in Canada. Jerome Bickenbach, a prominent legal scholar, philosopher, disability-rights advocate and long-time consultant with the World Health Organization, gave a provocative talk on rehabilitation as the key health care strategy for the future of global health. David Charles, president of Haiti's first Physical Therapy Association, discussed the challenges and opportunities for rehabilitation service provision in Haiti. Overall, the conference was a resounding success and reflects the growing commitment within SPOT and McGill University at large to raising the profile of global health. The conference also marked the first public initiative of the recently established SPOT Global Health Committee.

Le 12 mars dernier, l'École de physiothérapie et d'ergothérapie, en collaboration avec les Programmes de santé mondiaux de McGill et le Centre de recherche interdisciplinaire en réadaptation, a organisé la première conférence au Canada sur la santé mondiale, le handicap et la réadaptation. Plus de 125 participants, y compris les étudiants, les chercheurs et la société civile, ont assisté à la conférence. La conférence a présenté et des présentations orales et des présentations affiches et la conférence a attiré les présentateurs des universités à travers le Canada, le Brésil, l'Angleterre, les États-Unis, en Inde et en Haïti. Trois invités de marque ont présenté des exposés d'honneur. Rachel Thibeault, une ergothérapeute et récipiendaire de l'Ordre du Canada, de l'Université d'Ottawa, a décrit son travail en cours pour favoriser la santé et le bien-être des réfugiés qui arrivent au Canada. Jerome Bickenbach, un consultant de longue date avec l'Organisation mondiale de la santé, éminent juriste, philosophe, avocat pour les droits des personnes ayant un handicap a donné une conférence provocatrice sur la réadaptation étant la stratégie des soins de santé clé pour l'avenir de la santé mondiale. David Charles, président de la première Association de physiothérapie en Haïti, a discuté des enjeux et des opportunités pour la prestation des services de réadaptation en Haïti. Dans l'ensemble, la conférence a été un succès retentissant et reflète l'engagement croissant au sein de l'Université McGill et SPOT en général à rehausser le profil de la santé mondiale. La conférence a également marqué la première initiative publique du Comité mondial pour la santé SPOT récemment créé.



THE 6TH EDITH ASTON-McCRIMMON LECTURE

In November 2015, SPOT hosted Dr. Patrice (Tamar) Weiss as the 6th Edith Aston-McCrimmon Lecturer with her talk entitled “Rehabilitation Technologies: Thrive or Dive”.

Dr. Weiss is a full professor at the University of Haifa (Haifa, Israel) with adjunct appointments at Temple and McGill Universities. She is an occupational therapist with an MSc degree in kinesiology and a PhD degree in physiology and biomedical engineering. She is also the director of the Laboratory for Innovations in Rehabilitation Technology (LIRT) at the University of Haifa. LIRT’s focus is on the development and evaluation of novel virtual environments, computer interfaces, and co-located technologies to explore their effect on body functions, activities and participation in community life. Rehabilitation populations of interest include spinal cord injury, stroke, cerebral palsy, developmental coordination disorder, autism and head trauma.

Over 100 attendees were entertained and challenged by Dr. Weiss’ discourse on disruptive technologies. Various examples and ways to benefit from technologies in therapy, including cognitive technologies and the wide range of virtual reality technologies were presented. Recommendations



for how to make the best clinical decisions in choosing technology in rehabilitation were presented, including the consideration of availability, effectiveness and technological simplicity. Clinicians were reminded to review the evidence of usability and effectiveness of virtual reality technologies; the evidence is not yet conclusive! The potential is definitely there - clinicians should use technology and not be shy to push the limits, be disruptive and aim at increasing our capacity for therapy.



EDITH ASTON-McCRIMMON PIONEER IN PHYSIOTHERAPY

One cannot delve into the history of McGill’s School of Physical and Occupational Therapy without mentioning Professor Edith Aston-McCrimmon’s name. Considered a pioneer in the development of the physical therapy profession in Canada, Professor Aston-McCrimmon taught thousands of students in her over 50-year career. Not one to shy away from a challenge, she founded the first provincial association for physiotherapists and was an active member of many national organizations in support of this field. Her commitment and dedication to advancing the profession by promoting the need to establish it as an academic discipline in the late 1960s changed the face of physiotherapy curricula.

UPCOMING
EAM LECTURER
TO SPEAK ON
GLOBAL
HEALTH!

Please join us for the 2016 Lecturer, Dr. Stephanie Nixon, from the University of Toronto’s **International Centre for Disability and Rehabilitation (ICDR) Lab** who will discuss the role of rehabilitation science in improving the lives of people with disabilities in Canada and around the world. Thursday November 24 2016 at McGill’s Faculty Club.

SPOT HOMECOMING



Each year, alumni, graduates, faculty & staff are invited to the annual Director's Wine & Cheese Reception held at the School of Physical & Occupational Therapy (SPOT) on the Friday of McGill's Homecoming weekend. In 2015 we celebrated reunion years ending in "0" and "5". Our least recent cohort was represented by 7 vocal members of the Class of 1965 (50 years). The biggest representation was from the Class of 1990 (25 years). Remember to book your travel for Homecoming 2016 - we have groups from 1969 already planning events! Check out the details at www.mcgill.ca/spot/alumni-0

Another milestone that was celebrated was the 10th anniversary of the Online Driving Certificate. Directed by Dr. Isabelle Gélinas this certificate covers driving rehabilitation, including: screening and assessment; intervention and rehabilitation tools for the promotion of safe driving abilities; adapted driving; as well as support for those who need to cease driving. Professionally, the certificate screens diverse client populations (geriatrics, physical or mental disabilities); instructs the full spectrum of driving rehabilitation skills (screening, evaluation, adaptation and retraining); teaches crucial knowledge concerning procedural, evaluative and legal issues empowering professionals to refer clients towards the appropriate resource; and contributes to the professional team or workplace, training the expert in driving rehabilitation!



SPOT's Online Driving Certificate Director, Dr. Isabelle Gélinas at right foreground

2015

KUDOS

...and the Grammy goes to: SPOT Faculty members **Dr. Anouk Lamontagne** and **Dr. Marie-Hélène Boudrias**! They have been awarded a two-year Grammy Foundation Grant for their work on *Auditory-motor connectivity induced by music-supported therapy in stroke survivors!*



Dr. Annette Majnemer, Director of SPOT and Vice-Dean (Education - Faculty of Medicine) will be leading a Canadian network on children with brain development problems. She and her team have secured funding to the tune of \$25 million from CIHR and other sources for the CHILD-BRIGHT network project.



Congratulations to **Dr. Raphael Lencucha** who was one of the lead authors on the recent report, *The Challenge of Tobacco Control in Sub-Saharan Africa – The World Health Organization Framework Convention*, published by WHO in February 2016. Dr. Lencucha drew from his experience researching whole-of-government approaches to chronic disease prevention to contribute to the project.



The 2015 Alumni Award of Merit was granted to **Dr. Sharon Wood-Dauphinee**, shown in photo flanked on left by PT Program Director Dr. Judith Soicher, and on right by her husband and far right, last year's laureate, Dr. Dorothy Thomas-Edding.



Dr. Keiko Shikako-Thomas, Assistant Professor at SPOT, has been awarded a Canadian Research Chair in Childhood Disability: Participation and Knowledge Translation!

Dr. Sara Ahmed, Assistant Professor at SPOT has been awarded the Rosemary Wedderburn Brown Prize for 2016. This award is to “recognize individuals with outstanding scholarly potential and demonstrated research excellence in the early stages of their career. The awardee will be pursuing an independent research program with a strong record of scholarly output, competitive funding, contributions to student training, and growing evidence of the impact of the investigator’s work on the research field, the profession, and on society.”



SPOT Faculty member and Alumna: **Claudia Brown** was awarded the *Prix d'Excellence Physiothérapeute 2015 de l'OPPQ*! This award honours a physiotherapist for the scope of their contribution to the advancement of the profession. Shown in photo with the OPPQ President, M. Denis Pelletier.



A warm welcome to **Dr. Stefanie Blain-Moraes**, newly hired Assistant Professor at SPOT. Dr. Blain-Moraes runs the Biosignal Interaction and Personhood Technology (BIAPT) lab at McGill. Her lab applies physiological signal processing techniques and assistive technology design principles to address the needs of non-communicative individuals and their care providers. Her research areas include: Connectedness, Disability, Embodiment, Participation, Quality of Life, and Technology.



The Muriel Driver Memorial Lecture is the highest honour that the Canadian Association of Occupational Therapists (CAOT) bestows. The 2016 awardee was **Dr. Isabelle Gélinas**, celebrated for her outstanding contributions to the profession through education, research and the practice of OT.





McGill

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**Physical and
Occupational Therapy**

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STUDENT ACTIVITIES

OUTREACH WITHIN THE SCHOOL AND UNIVERSITY COMMUNITIES



Accessibility Talk and Tea: SPOT students welcomed Omar Lachheb from StopGap-JaccedeQuebec to discuss accessibility and personhood.



Discovery Days: SPOT students demonstrate skills used in the professional programs, to Montreal high school students.



OT Week: Discussing healthy activities with passers-by.



World PT Day: Fun and games with SPOT's PT students.

ALUMNI ARE OUR HISTORY

ALUMNI are our history, with over 4000 graduates of the School's PT and OT Programs! As graduates, you have made unique contributions to society, having benefitted from your education at the school. Many have returned for graduate training, others remain connected as clinical

supervisors, fulfilling a vital role in the training of future therapists.

DONOR support directed to the School is vital to our educational mission, enabling us to support student events and student travel to conferences, buy new teaching equipment and provide fellowship support to international graduate students.

IN RECENT YEARS, close to 80% of SPOT alumni who donate, specifically identify SPOT as their target! Thank you very much for this support! This proportion of giving

to the School is rising every year; a testament to the value that grads place in their education and the experiences lived at SPOT.

We hope that you will support SPOT's continued success by specifically directing your donation to the School of Physical & Occupational Therapy (SPOT).



GIVE TO MCGILL
Your gift makes a difference

You can help McGill *Make History* by directly supporting students in Physical and Occupational Therapy in one of three ways:

ONLINE - Simply complete our secure online giving form at:

<https://www.alumni.mcgill.ca/aoc/online-giving/>

BY PHONE - To make a gift by phone using a credit card, call toll free **1-800-567-5175**

BY MAIL - To make a gift by cheque, make it payable to McGill University and mail to:

University Advancement, McGill University
1430 Peel Street, 3rd Floor,
Montreal, Quebec H3A 3T3

**REMEMBER to specify
Physical and Occupational Therapy
as your preferred area of support**