



SKILLSETS is an initiative from [Graduate and Postdoctoral Studies](#) and [Teaching and Learning Services](#) designed to complement the research training provided by the academic experience at McGill University.

FEATURED EVENTS - Register for all events on the [SKILLSETS Calendar](#)

RESOURCES



[Would You Fund It? Fellowship Consultation Session](#) **September 24, 25, & 27**

How can you improve your chances for obtaining a fellowship? Benefit from a one-on-one consultation with a McGill reviewer from your funding area. You will get immediate feedback on your complete two-page research proposal in time to revise before submission.

[How to Win a Graduate Fellowship](#)

The Chronicle of Higher Education

[MyResearch](#) is a four-part series offered by the McGill Library to better equip you with research skills and knowledge that support you in your research.

- Module 1: EndNote Essentials – **October 2 to 5**

Learn how to use EndNote or update your citation management skills

- Module 2: Graduate Research Tool Kit - **October 9 to 12**

Make the most of the McGill libraries by learning about the tools and services available

- Module 3: Search Strategies and Techniques - **October 16 to 19**

Learn successful search strategies and how to effectively use discipline-specific resources

- Module 4: Getting Your Research Out - **October 23 to 26**

Learn how to join the scholarly conversation in professional settings

[Citation Management Software](#)

[Study areas](#)

McGill Library



UPCOMING EVENTS

RESOURCES



[Applying for your Tri-Council Award \(Webinars\)](#)

September 19, 20, 21

Need help writing a winning fellowship application? Learn agency guidelines and get first-hand information from the Graduate and Postdoctoral Studies Fellowships Office on how to give your application the needed edge. Learn how to excel at completing required questions, writing a successful research proposal, and asking for effective reference letters.

[What to Include in a CIHR Application](#)

University Affairs

[What to Include in a SSHRC Application](#)

University Affairs

[NSERC: Tips on fellowship applications and demystifying the review process \(video\)](#)

NSERC Canada



[Academic Stress Workshop](#)

Monday, September 24 or October 1, 15, and 22 (3 sessions)

Are you struggling? Want to learn how to cope? Join us to get tips on how to ways to manage stress.

[Strategies for Stress Management](#)

Saint John's University



[Safer Spaces: Understanding Discrimination](#)

Wednesday, September 26

Do you have questions about working and studying in cross-cultural environments? Explore key terms, myths and debates surrounding diversity and gain tools that can be used in many situations.

[Racism on the Tenure Track](#)

The Chronicle of Higher Education



[Everything You Need to Get Your Job Search Started](#)

Friday, September 28 or Wednesday, October 24 (Mac Campus)

Are you preparing for a career outside academia? Discuss topics such as networking, cover letter & CV writing, and interviewing with an experienced graduate career counselor.

[My Future](#)

CaPS



[What to Say After 'Hello': Networking for Introverts](#)

Monday, October 1

Are you intimidated by the experts in your field? Learn how to communicate your ideas to peers and experts in your research area whether you are at a graduate seminar or a conference.

[How Do You Teach Networking?](#)

The Chronicle of Higher Education



[Mindfulness Stress Management](#)

Tuesday, October 2, 9, or 16

Feeling stressed out? Overwhelmed with the semester ahead? Learn to manage stress using mindfulness based meditation techniques.

[Meditation and Mindfulness for Stress Management](#)

North Dakota State University



[Dealing with Emotions](#)

Thursdays October 4 to November 8 (6 sessions)

Feeling up? Feeling down? Getting control over your emotions is not easy. Learn how to use your emotions to help you succeed in life and academia.

[Emotional Intelligence](#)

McGill Library



[Effective Job Application for a Career Outside Academia](#)

Wednesday, October 10

Considering a future outside academia? This workshop will cover the essentials of the non-academic CV, cover letter and job search strategies.

[Non-Academic Careers](#)

PhD's Resources



[Public Speaking](#)

October 12 to November 30 (8 sessions)

Ready to beat the fear of speaking in public? Learn effective presentation techniques to get you ready for your next committee meeting or conference.

[Public Speaking Tips](#)

MIT



[Overcoming Procrastination](#)

Friday, October 19

Is procrastination pacing your work habits? Take control of your day by learning what causes you to procrastinate and how to better manage your time

[Manage Your Time. Get it All Done](#)

Mind Tools

KEYS TO UNLOCKING YOUR POTENTIAL



[Academic Integrity Tutorial](#) - **Mandatory for New Students**

Overview of academic integrity issues that you may face as a student and/or as a teaching assistant. It must be completed within the first semester of registration in a graduate program. Failure to complete the tutorial will result in registration being blocked for subsequent terms.

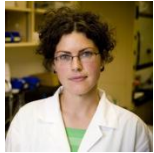
[Integrity and Ethical Conduct](#)
McGill University



[The McGill Writing Center](#)

Would you like to refine your academic writing skills or learn to write for a specific professional audience? The McGill Writing Centre (MWC) can help you succeed at university and in many different professions.

[Graduate Writing Courses](#)
McGill University



[Effective Lab Skills: Managing People, Projects and Money \(Webinar\)](#)

Scientists face many challenges running their labs. Beyond good research, lab heads need to consider managing their staff, developing reasonable timelines, and properly tracking their grant budgets.

[Lab Management: The Human Elements](#)
Science



[24/7 access to Library branches](#)

As of Tuesday, September the 4th, Monday – Thursday 24 hour access is provided in the Redpath Library Building, Schulich Library of Science and Engineering, and Nahum Gelber Law Library. The McLennan Library Building is open for study until 1:00 AM. A valid McGill ID card is required for access to the Library after service hours and to borrow books using self-checkout machines.



[Classroom A/V Instructions](#)

Want to see what AV equipment is available for any classroom on campus? This online tool features classroom photos and equipment specs and is available to instructors and teaching assistants.

SKILLSETS Partners

[McGill Library](#) / [First Year Office](#) / [CaPS](#) / [Dean of Students](#) / [Office of the VP-RIR](#) / [PGSS](#) / [SEDE](#) / [Ombudsperson](#)

Contact us at skillsets@mcgill.ca or (tel) 514-398-6750 with feedback & suggestions or to explore volunteer opportunities. Teaching & Learning Services, McLennan Library Building, MS 12