

## CLINICIAN'S EVALUATION OF THE USEFULNESS OF THE CULTURAL FORMULATION

**Profession of the clinician:** physician  psychologist  nurse  social worker  other

**Clinical setting:** psychiatric care  outpatient  inpatient  primary or general health care  other

**Patient:** Age \_\_\_ **Sex:** Female  Male

**Application of the CF interview:** Date \_\_\_ \_\_\_ \_\_\_

*Year month day*

Did you use any manual for interview support? No  Yes

If yeas, which manual \_\_\_\_\_

### Evaluation of usefulness

How do you evaluate the usefulness of the Cultural Formulation for:

1. understanding the patient regarding

a. cultural identity?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

b. migration experience?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

c. acculturation situation?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

d. explanation of illness?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

e. social factors related to psychosocial environment and levels of functioning?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

f. your relation to the patient?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

How do you evaluate the usefulness of the Cultural Formulation for:

2. an overall understanding of the patient?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

3. categorizing the patient's mental problems in ICD or DSM terms?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

4. recognizing general medical problems?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

5. helping the patient to deal with health problems?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

6. formulating a treatment plan?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

7. formulating and implementing health promotion?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

8. improving quality of the relation with the patient?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

9. understanding more of your own cultural background and belonging?

1	2	3	4
_____	_____	_____	_____
<i>it made things worse</i>	<i>it did not help</i>	<i>it helped somewhat</i>	<i>it helped a great deal</i>

**What were the shortcomings and limitations of the CF in this case?**

**Suggestions for improvement of the CF:**

*Thanks for your contribution!*

Send the protocol to: