

McGill Scoliosis and Spine Group - Pre-Course Symposium

PRE-COURSE SYMPOSIUM

1st Spine Symposium of the McGill Scoliosis and Spine Group

Sunday, November 28, 2010 | 13:30-17:30 | Hilton Montreal Bonaventure



EXCLUSIVE SUPPORTER OF THIS SYMPOSIUM

Purpose and Objectives of the Symposium

This Symposium is designed to cover various aspects of low back pain including surgical and conservative management, as well as the transition from acute pain to chronic pain and dealing with insurance issues.

Program

13:30-13:35 Introduction and Welcome

Mohan Radhakrishna, MD, FRCPC • Head, Physical Medicine & Rehabilitation, McGill University

13:35-14:00 McGill Low Back Pain Algorithm

Jean Ouellet, MD, FRCSC • Chief of Scoliosis and Spine Service, Montreal General Hospital

- At the conclusion of the talk the participant will be able to
 - apply the McGill Low Back Pain algorithm in clinical practice
 - explain the scientific basis of the algorithm

14:00-14:20 Physiotherapy and Low Back Pain

Max Folkersma, B.A.(Hons PE), BScPT • McGill University Health Centre

- At the conclusion of the talk the participant will be able to
 - describe a typical physiotherapy approach to the assessment of a patient with LBP

- be familiar with the more common physiotherapy treatments and modalities that may be offered to a patient with LBP

14:20-14:40 Classification of Low Back Pain: A Physiotherapy Perspective

Richard Preuss, PT, PhD • School of Physical Therapy, McGill University

- By the end of this session the participant will
 - be familiar with the theories and research underlying specific physiotherapy approaches to the management of the LBP
 - demonstrate awareness of recent research aimed at sub-classifying patients with non-specific low back pain based on clinical presentation, and the development of clinical prediction rules to help guide these patients toward effective treatment.

14:40-15:00 Break

15:00-15:30 From Acute to Chronic: Why Chronic Pain ≠ Acute Pain that Never Left

Mohan Radhakrishna, MD, FRCPC • Head, Physical Medicine & Rehabilitation, McGill University

- By the end of this session the participant will be able to
 - name epidemiologic factors and attitudes pre-disposing to chronic pain

15:30-16:00 Low Back Pain and the Surgeon

Peter Jarzem, MD, FRCSC • Spine Surgeon, McGill University Health Centre, Jewish General Hospital, McGill University

- By the end of this session the participant will be able to
 - list criteria for surgical referral and be aware of new surgical techniques

16:00-16:20 Insurance Issues and Low Back Pain

Simon Tinawi, MD, FRCPC • Physical Medicine and Rehabilitation, McGill University, Quebec Medicolegal Expert Society

- By the end of this session the participant will be able to
 - explain common terms used in CSST forms, SAAQ forms and medicolegal reporting;
 - summarize the steps in contestation of a CSST or SAAQ file.

16:20-16:30 McGill Scoliosis and Spine Referral Form

Jean Ouellet, MD, FRCSC • Chief of Scoliosis and Spine Service, Montreal General Hospital

16:30-17:30 Small Group Workshops

- Building on the experience of the participants, in an interactive format, case studies will be reviewed using the McGill Low Back Pain algorithm. Participants are encouraged to bring their own cases. Other algorithms for management of spinal problems may be introduced time-permitting.

The program will include small group interactions and finish with a networking cocktail!

Intended Audience

This multidisciplinary symposium is of interest to:

- Family physicians
- Specialists who deal with spinal pain: orthopaedic surgeons, neurologists, neurosurgeons, physiatrists
- Physical and occupational therapists

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