



Summary of Inuit Health Survey

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What is the Purpose of the Inuit Health Survey?

Inuit specific information is needed to help plan for future health care service delivery, health promotion efforts, and to evaluate possible ways to minimize the negative features of the rapid changes that continue to occur in Arctic communities.

What is the study about?

There are three components to the survey:

1. Household survey;
2. Adult survey;
3. Preschool Child Health survey.

The Inuit Child Health Survey (preschool children) is about children's health status with a focus on:

- nutritional health,
- healthy growth and bones,
- vision, hearing, and medical history.

The household survey is about:

- household crowding
- disabilities, past-year accidents and injuries to household members,
- food security and access to country food, and
- other questions about the home environment.

The adult health survey is primarily about:

- chronic disease risk (diabetes & heart disease);
- nutritional habits and physical activity;
- social support & mental health;
- Note: Northern Contaminants Program may fund evaluation of environmental exposures.

How will participants be included?

Random selection of homes from hamlet housing lists/maps. Any home in which at least one Inuk resides will be eligible to participate. Random selection helps ensure that the information can tell us about the health status of the overall Inuit population.

