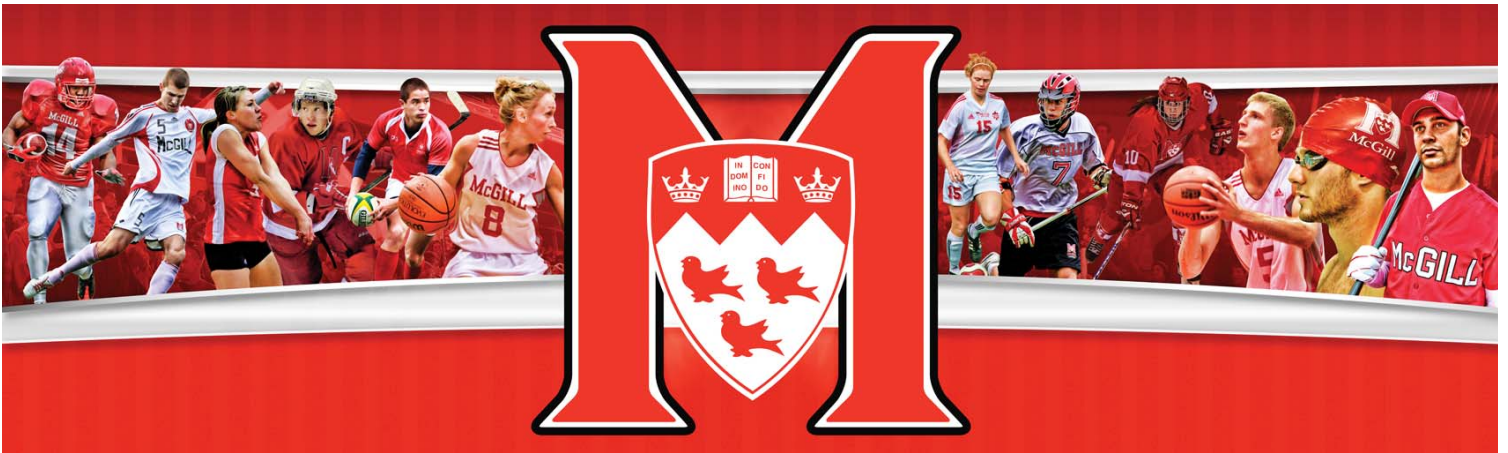


# McGILL UNIVERSITY

## Athletics & Recreation

### Guide to Varsity Sports for Student-Athletes



[www.mcgill.ca/athletics](http://www.mcgill.ca/athletics)

Updated July 22, 2011

# Introduction

Welcome to McGill University. We in the Intercollegiate Sport Program appreciate the commitment it takes to be a successful student-athlete at McGill, and want to provide you with the best possible support to help you achieve your academic and athletic goals. This Varsity Guide helps emphasize the programs, policies, rules and resources that you must be familiar with in order to have a successful university experience.

I take this opportunity to highlight two key messages. McGill Athletics & Recreation is unequivocally opposed to any manner of hazing associated with our sport programs. Please be respectful of your fellow teammates and ensure an environment that is welcoming and competitive without any expectations of initiations into the team. As well, compete clean! Pressure to be successful sometimes comes with external temptations. Don't succumb to those temptations – compete clean and proudly with the gifts you naturally possess.

If you have any additional questions or inquiries please contact your coach, any member of the Athletic & Recreation staff or you can go to the Intercollegiate Office which is located in Room G68 of the Sports Complex.

Best of luck with your academic and athletic endeavors!

Lisen Moore, Manager, Intercollegiate Sport

## Objectives of the Intercollegiate Sport Program

McGill's Intercollegiate Sport program strives to develop athletic excellence among student-athletes, coaches and support staff. To this end we support the advancement of athletic and tactical skill while also promoting the importance of fair play, team spirit and sportsmanship. We also try to attain a high level of emotional and social well-being among the elite athletic community as well as a sense of community within the McGill campus and beyond. Our efforts work toward instilling pride not only in the athletic accomplishments of our teams, but also in their representation of the University both on and off the playing field.

## Intercollegiate Sport Team Rules

While individual teams may have established additional team rules, the Intercollegiate Program has established the following guiding principles for all student-athletes:

- Student-athletes will conduct themselves in such a manner as to represent their team and the University with integrity and pride both on and off campus.
- Student-athletes are expected to participate fully in all practices and competitions that are required by the head coach and approved by the therapy staff.
- Student-athletes are expected to adhere to all University regulations and provincial and federal laws relating to hazing and to the use of alcohol and illegal drugs.
- Student-athletes are expected to participate in their sport free and clear of all banned substances.
- Student-athletes are expected to treat their teammates, coaches, staff, officials and opponents and hosts with dignity and respect without prejudice.
- Student-athletes are expected to report violations of any league, regional association or University rules to their head coach or an Athletic & Recreation administrative staff member.
- Student athletes must abide by the policies and procedures of Athletics & Recreation.

## Important Athletic Department Contact Numbers

	<u>Phone</u>
McGill Sports Complex Front Desk	(514) 398-2341
Athletics & Recreation Main Number	(514) 398-7000
Manager - Intercollegiate Sport	(514) 398-7000 x. 0132
Executive Director - Athletics & Recreation	(514) 398-7002
Associate Director - Athletics & Recreation	(514) 398-7000 x. 01636
Manager - Sport Programs	(514) 398-7000 x. 01651
<u>Intercollegiate Office - Room G68</u>	
Monday to Friday (8:30am to 5:00pm)	(514) 398-7003 (514) 398-7000 x 5073
Sports Information Office	(514) 398-7012
Sponsorship	(514) 398-1436
Promotions	(514) 398-1280
Sport Medicine Clinic	(514) 398-7007
Walk Safe	(514) 398-2498
Business Office	(514) 398-7000 x 01643, 01642 or 01654
Facilities Office	(514) 398-7017

Use the Athletics & Recreation web-site ([www.mcgill.ca/athletics](http://www.mcgill.ca/athletics)) to find contact information for all the coaches and administrators.

## Registration and Eligibility

Each year a student-athlete must register with the intercollegiate office to be eligible to represent the University in athletic competitions. The process involves the completion of online registration forms and the verification by the intercollegiate office of previous experience and academic record. Details are outlined below:

- Complete the online forms (eligibility & medical)
- Print and sign the McGill University or CIS Student-Athlete Acknowledgment and Consent Form
- Complete the online sports information form
- Pose for a head and shoulder photo for the web-site and other promotional purposes
- Pay associated fees
- Complete the True Sport Clean 101 e-learning course online drug awareness session

Note:

- Signing these forms permits your coach and the Manager – Intercollegiate Sport to review your academic record

## Basic Rules Governing Eligibility

In order to ensure that you fully understand the eligibility rules that govern a McGill student-athlete you should consult the website of the conference to which the team is affiliated.

- |  |  |
|--|--|
| • Canadian Interuniversity Sport (CIS)                   | <a href="http://www.cis-sic.ca">www.cis-sic.ca</a>       |
| • Fédération québécoise du sport étudiant (FQSE or QSSF) | <a href="http://www.fqse.qc.ca">www.fqse.qc.ca</a>       |
| • Ontario University Sport (OUA)                         | <a href="http://www.oua.org">www.oua.org</a>             |
| • Canadian University Field Lacrosse Association         | <a href="http://www.cufla.com">www.cufla.com</a>         |
| • Canadian University Synchronized Swim League           | <a href="http://www.cussl.ca">www.cussl.ca</a>           |
| • Canadian Interscholastic Baseball Association          | <a href="http://www.ciba-abic.org">www.ciba-abic.org</a> |

In general,

- An student-athlete must have paid student services fees and be clear of any outstanding debts to the university to participate on a McGill team
- A student-athlete competing in a one-semester sport must be registered for a minimum of 9 credits for that term (Note: CIBA, CUSSL, and CUFLA rules sometimes differ)
- A student-athlete competing in a sport where the season spans two semesters must be registered for a minimum of 18 credits combined for the fall and winter terms. The course load must be divided equally, with a minimum 9 credits in the fall and 9 credits in the winter terms (i.e. combination of 6 credits in the fall and 12 in the winter is not acceptable) (Note: CIBA, CUSSL, and CUFLA rules sometimes differ)

## Basic Regulations for CIS Sanctioned Sports

Refer to the CIS web-site for the complete list of eligibility rules ([www.cis-sic.ca](http://www.cis-sic.ca)).

Important points,

- To be eligible a student-athlete must have successfully completed 6 half courses or 3 full courses (18 credit hours) in the previous academic year
- A student-athlete shall be allowed to participate in CIS Intercollegiate Sport for a maximum of five years
- A student-athlete who has completed their eligibility to participate in post secondary sport, in accordance with that jurisdiction's rules, is ineligible for CIS competition. Exception: CEGEP
- Any athlete transferring from one institution to another for a non-graduate level degree must sit out for one calendar year between participation

## Non CIS Sports - OUA and New QSSF Regulations

Students competing in certain non-CIS leagues may be subject to less restrictive rules. Verify sport specific rules by viewing the related web-sites.

Generally,

- In the QSSF, student-athletes may transfer universities and compete without penalty
- Note effective August 2010, there is now a "5-year maximum" eligibility rule in the QSSF

On a case by case basis the rules are interpreted by the Manager - Intercollegiate Sport.

## Anti-Doping Policy

There are two anti-doping policies that govern McGill University student-athletes who compete on intercollegiate teams.

### CIS Sport Teams

In order to compete in a CIS sport for McGill University you are required to complete the **True Sport Clean 101 e-learning course** offered by the Canadian Centre for ethics in Sport. The goal of this course is to educate university athletes and coaching staffs of the hazards and consequences of the use of prohibited substances or methods in contravention of the CADP which is administered by the Canadian Centre for Ethics in Sport (CCES). The educational program will also include a discussion on ethics in sport. Teams must follow the rules and regulations as outlined in Policy # 90.20 of the CIS Bylaws, Policies and Procedure manual. All student athletes are required to complete the CIS anti-doping e-learning course located at <http://education.cces.ca> or <http://www.mcgill.ca/athletics/varsitysports/athletesadmin/cces/>.

Student-athletes entering their first year of eligibility at any CIS institution are required to complete the comprehensive version of the e-Learning course, while all other student-athletes are only required to complete the update version of the course.

Transfer student-athletes from another CIS institution who have completed either version of the e-Learning course would be required to complete the “updated version” of the course at their new institution. Recruits and veteran student-athletes are required to complete this education seminar by August 1<sup>st</sup> of each year. Walk-ons must complete the course within the first two (2) weeks of being selected to the team.

### McGill Policy for All Student Athletes

The second policy that governs student-athletes is McGill’s position and mirrors the CIS program. This policy is in place to govern all McGill students and passed at university senate.

McGill is unequivocally opposed to any use by student-athletes of any banned substance or performance-enhancing drugs or practices in contravention of the rules of the Canadian Centre for Ethics in Sport and the World Anti-Doping Agency. McGill is equally opposed to the condoning of the use of or trafficking in such substances by individuals in positions of leadership in amateur sport, (including coaches, athletic staff, medical practitioners, sport scientists and administrators) or by student-athletes themselves. The provision or administration of banned substances to student-athletes is forbidden.

In order to compete in a varsity sport for McGill University, student-athletes are required to adhere to the University's anti-doping policy. To read more about the McGill policy on anti-doping please open:

 [McGill Anti-doping policy](#)

Working with the CCES, Athletics & Recreation will annually arrange for additional testing of McGill student-athletes. These tests will occur both in season and out of season.

# Procedure for Team Pre-Participation Physicals

Preseason medical evaluations and review of medical history is compulsory for all the Level I & selected Level II teams.

## The Policy

- Returning athletes who have already had a full pre-participation physical and are returning to the same sport must complete the online medical questionnaire (short form)
- First-year athletes or athletes transferring to participate in a new sport are required to fill out the online full pre-participation medical forms
- Athletes for both football and hockey must undergo an annual preseason medical
- The online pre-participation medical forms must be completed and reviewed by McGill Sport Medicine prior to participation in any try-out including captains practices.

## The Procedure

The full pre-participation physical online forms must be completed by all recruits and the short form by returning players prior to any try-out.

1. In advance of any try-out all forms must be reviewed by the team staff therapist. If necessary, an athlete may be asked to:
  - Discuss a medical concern with the team therapist
  - Undergo a complete physical before participating in any additional practices
2. On the day set aside for the team pre-participation physicals (i.e. only for those who have made the team), all athletes must be present to:
  - Receive full physicals (rookies) or review short questionnaires (returning players)
  - Sign administrative policy forms
  - Pay their medical fees
  - All student-athletes must present their Medicare Card or Blue Cross at this time
3. A list of athletes who have completed this procedure will be sent to the coach at the end of the clinic. Only those athletes whose names are on the list will be considered to have completed the medical process and deemed fit to compete.

## Teams required to complete the Pre-Participation Questionnaire

Athletes from the following teams are required to complete a PPPE Questionnaire no later than the dates listed below:

- Basketball(m&w) – No later than August 1<sup>st</sup> of each year
- Ice hockey(m&w) – No later than August 20<sup>th</sup> of each year
- Soccer(m&w) – No later than August 1<sup>st</sup> of each year
- Swimming(m&w) – No later than August 20<sup>th</sup> of each year
- Football – No later than August 1<sup>st</sup> of each year
- Volleyball(w) – No later than August 20<sup>th</sup> of each year
- Lacrosse(m) – No later than August 20<sup>th</sup> of each year
- Rugby(m&w) – No later than August 20<sup>th</sup> of each year
- Track and field/Cross country(m&w) – No later than August 20<sup>th</sup> of each year

## Pre-participation Physical Fee

All Level I & selected Level II student athletes who are required to take a preseason medical must pay their fee at their assigned doctor's appointment. Contact your coach to get the information on the assigned day, date, and time of your appointment.

## Student Athlete Standard of Conduct

Team members are considered representatives of the university and are expected to conduct themselves in an appropriate manner.

### Standard of Conduct

It is a privilege and not a right to be a student-athlete and every student-athlete is expected to conduct himself or herself in a manner that exhibits honor and respect to the team, department, University and surrounding community for the duration of his or her tenure as a student-athlete.

As a member of the student body at McGill University, each student-athlete must act in accordance with the A Handbook on Student Rights and Responsibilities as posted by the institution at <http://www.mcgill.ca/secretariat/policies/students/>.

### McGill Policy on Hazing and Inappropriate Initiation Practices

McGill University forbids hazing and any other form of inappropriate student initiation activity on property owned or occupied by the University, or in a University context. Hazing is defined as any activity expected of anyone as an explicit or implicit condition of initiation or entry to, affiliation with, or continuing association or membership with a group or organization, that humiliates, degrades, abuses, threatens, or endangers another, regardless of the person's willingness to take part. As per Senate approval, hazing and inappropriate initiation activity will be regarded as Non-academic offences under the *Code of Student Conduct and Disciplinary Procedures* (for example, but not limited to Article 8). Depending on the context and circumstances, hazing also constitutes harassment or sexual harassment under the *Policy on Harassment, Sexual Harassment, and Discrimination Prohibited by the Law*.

Hazing activities are potentially and frequently illegal. If any person's or group's human or property

rights are violated through an initiation activity then such activity constitutes hazing.

This *Policy on Hazing and Inappropriate Initiation Practices* applies to all types of activities including orientations for academic, athletic, and non-athletic activities and programs (<http://www.mcgill.ca/secretariat/policies/students/>).

McGill University insists that all students be welcomed to all activities by means of positive group- and team-building activities that respect the dignity, safety, and well-being of individuals, including their right to participate voluntarily without any pressure.

To gain an understanding of what constitutes hazing reference the educational fact sheet that has been developed by the Social Equity and Diversity Education Office. This sheet is termed "Understanding Hazing" and is located on the "athlete admin" section of the athletics department website.

## **Alcohol**

The consumption of alcohol on team trips, in locker rooms or on the sidelines of athletic competitions is not permitted.

## **Conduct towards Officials**

It is the responsibility of an athlete to respect the officials. It is unacceptable for McGill student-athletes to:

- Use abusive or foul language towards an official or direct non-verbal insults
- Complain post-game about officials or undermine their credibility.

Breaches of conduct by a McGill student-athlete or coach will result in disciplinary action. The range of sanction includes mandatory counselling, suspension from team activities, expulsion from the team, and/or revocation of a financial award.

## **Travel Policy**

The travel policy is in place for all varsity teams and is applicable for travel outside a 75 kilometer range and is based on official team complements.

For a team complement of 6 or less, the acceptable means of transportation is by 7-passenger van or hired bus. Should a van be chosen as the means of transportation, that vehicle must be driven by a non-active participant, holding a valid driver's license, who is also aged 25 or older.

For a team complement greater than 6, the acceptable means of transportation is by hired bus.

The Manager - Intercollegiate Sport requires that all varsity teams submit their travel schedule and proof of mode of transportation prior to taking trips.

Any varsity team may request the assistance of Athletics & Recreation in making transportation arrangements.

If the teams has the required funds in their budget by an agreed upon date, the department will allow the company to invoice McGill directly.

Any request for an exception to this policy will be reviewed and may only be approved by the Manager of Intercollegiate Sports.

## Accommodations

Funded travel party accommodation for student-athletes is three to a room. Should the team wish to place only two athletes in a room, the additional cost is to be absorbed by the program. It is expected that all funded athletes will stay in the accommodation booked for the teams on overnight trips. Athletes of the opposite gender are not permitted to room together. Athletes are responsible for any damage and incidental charges that are assessed during their stay at a hotel.

Note: Not all Level II teams are funded.

## Varsity Athlete Email List

The Intercollegiate office manages an email list of all registered varsity athletes. This list is used to distribute important information and deadlines to all student-athletes. As a member of a varsity team you will be automatically subscribed to this list.

You will receive occasional Varsity Athlete Bulletins with important information, dates, deadlines and upcoming events. Please read these notices thoroughly as they contain valuable information. In the same way that you are expected to be familiar with the information in this handbook, you are responsible for the information in the email bulletins.

As with all email lists, you have the option to unsubscribe yourself. However, we strongly discourage you from doing so as the information in these emails is very important to your experience here as a McGill student athlete. If you have questions about the email list please contact Monique Levac ([Monique.levac@mcgill.ca](mailto:Monique.levac@mcgill.ca)) in the Intercollegiate Office.

## Social Networking

The Intercollegiate Program cautions students about what they post on their profiles, including inappropriate photos, which are, if not private, easily accessible by reporters, parents, coaches, recruiters and fans. Students are subject to sanctions if their profiles are found to contain inappropriate images, sexual content, underage drinking or illegal drug use.

## Meal Allowance

Meal allowance is provided only for travel outside the Montreal region. A meal allowance is provided for all Level I athletes for regularly - scheduled league games/contests/events and non-conference events that are scheduled and approved through the Manager – Intercollegiate Sports and fall within the teams operating budget. It is to help offset the cost of meals while travelling - breakfast \$4, for lunch \$7 and for dinner \$11. Level II athletes may be eligible for a meal allowance should it be part of the teams

operating budget.

Same day trips off the island of Montreal where departure is before 11h00 and returning after 19h00 will receive an \$ 18 meal allowance (\$7 + \$11).

The coach must submit a travel report upon conclusion of the trip. Should the meal money be spread out among more than the official travel party the coach must indicate how the money was spent and the team captain(s) must co-sign the report.

Note: Not all Level II teams are provided a meal allowance.

## Dress Code

There is a universal dress code for all athletes and staff for both home and away games. This includes while boarding and disembarking from auto/bus/train/air transportation, travel to and from competition and overseas travel, they must meet the minimum requirements:

For men: Shirt, tie (optional), dress pants

For women: Appropriate blouse/shirt, dress pants/skirts

### Note:

A team travel uniform is permitted. This may include a team polo shirt, team track suits (predominantly red), and team travel jackets (predominantly red).

## Academic Reviews

Each semester, the academic progress of a student-athlete will be reviewed by the Manager - Intercollegiate Sport and the Head Coach. If a student is experiencing difficulty, the coach and athlete, in consultation with the Manager will develop a plan to assist the athlete. If an athlete is doing extremely well they will be flagged for potential awards and recognition (i.e. bursaries, academic honours, etc.).

## Tutorial Assistance

Students at the University are eligible for tutorial assistance through the Student Services Tutorial Office. Student-athletes competing for Level I & II intercollegiate teams are eligible for 12 hours of tutoring per year at no cost to the individual. Every first year student is allowed one free hour.

Contact your coach or the Intercollegiate Office to access your free tutoring vouchers.

First Year: Varsity Level I & II Teams – 12 hours per year + 1 from 1<sup>st</sup> Year Office

After first year: Varsity Level I & II Teams – 12 hours per year

## Exam/Class/Laboratory Conflict Letters – Sport Events

A student-athlete who has an academic conflict as a result of travelling for a required competition is eligible to make alternate arrangements for their exam/class/laboratories. You must complete the “Exam/Conflict/Laboratory – Sport Event” conflict form with the required signatures, and submit to the faculty student affairs office two weeks in advance of the conflict. You may get a copy of this form from the Intercollegiate Office or by going to [www.mcgill/athletics/varsitysports/athleteadmin/](http://www.mcgill/athletics/varsitysports/athleteadmin/).

## Academic Honour Rolls

Recognition of the success of our student-athletes academically is offered in two ways.

### CIS Academic All-Canadians UDPATED

Nominees must be designated as full-time students by the Registrar's Office of the University. An athlete must be a full-time student as deemed by McGill University and be competing in a CIS sport.

The student-athlete must have a sessional GPA of **3.7** or better on the 4.0 McGill system of evaluation or an equivalent level of excellence in areas where the GPA system is not utilised. The Intercollegiate Office submits all eligible names to the CIS on August 1<sup>st</sup> each year. The fall and winter semesters are the two that count toward the reviewed GPA.

### Principal's Student-Athlete Academic Honour Roll

Student-athletes in all varsity sports who achieve a cumulative GPA of 3.5 on the 4.0 McGill system of evaluation or an equivalent level of excellence in areas where the GPA system is not utilized will be included on the Principal's Student-Athlete Honour Roll.

- Additionally, each student must be recognized by the Registrar's Office as being a full-time McGill student.
- Each student-athlete must be recognized by the Athletics & Recreation as being a full participating member of a recognized varsity team.

Student-athletes achieving this honour will be invited to a formal reception hosted by the Principal of the University, where they will be presented with a certificate of achievement.

## Awards - Scholarships - Bursaries

Awards, bursaries and scholarships are available to students considering attending McGill University. Students in progress at McGill can also access a number of different support mechanisms. Returning students who have earned All-Canadian honours (or equivalent) are automatically considered potential nominees for a Quebec Foundation Sports bursary ([www.faeq.com](http://www.faeq.com)).

## **Athletic Financial Awards (AFA's)**

An AFA is any award/scholarship that is conditional to being listed on the Official CIS Eligibility Certificate, and administered by the university's awards office consistent with the awarding university's policies and published in the university calendar. These awards include but are not limited to, scholarships, bursaries, prizes, leadership awards, merit awards, housing, and all other related non-employment financial benefit received by an athlete.

McGill University supports the provisions of athletic financial awards to Canadian Interuniversity Sport (CIS) athletes according to acceptable ethical practices and within the guidelines and policies established by CIS. McGill University promotes gender equity in the implementation of the awards policy.

## **Entering Student Restrictions (Note: OUA differences)**

The student must have full-time status at their institution and be a CIS eligible athlete who has a minimum grade average of 80% or equivalent. A transfer student who is eligible for participation is considered an entering student.

## **Non-Entering Student Restrictions (Note: OUA differences)**

The student must have full-time status at their institution and be a CIS eligible athlete who has been a student for at least two semesters in an academic year at the member institution providing the award and have a minimum 65% G.P.A. or the equivalent within the previous academic year of study. In the event a student-athlete does not achieve a 65% G.P.A. or the equivalent within the previous academic year, the student-athlete must attain a 65% within the fall and winter semesters (and subsequent semesters) in the academic year the member institution provides the award.

OUA: 70% for renewal.

## **Eligible Total/Value of AFA**

There is no restriction on the number of athletic financial awards that a student-athlete may receive in one academic year, except that they may not aggregate to more than the value of tuition and compulsory fees of the student-athlete.

OUA: AFA's may not aggregate to more than the value of tuition and compulsory fees of the student-athlete and are capped than \$4000

## **Non-University Administered (3<sup>rd</sup> Party) Award**

A student athlete cannot be in receipt of an award or benefit that is provided independent of the university and which is conditional upon being listed on a member institution's Official Eligibility Certificate and designated exclusively for the member institution in question. Presently, there are over 25 named AFA's offered through the universities awards office. These awards varied from a minimum of \$1000 to a maximum of \$6000.

For more information on the available financial support please consult the McGill Scholarships and Awards calendar or the Intercollegiate Office ([www.mcgill.ca/edu-sao/scholarships/](http://www.mcgill.ca/edu-sao/scholarships/)).

## Promotions and Sponsorship

Solicitation of sponsors must be channelled through the Marketing & Sales Office.

## Strength and Conditioning

The Varsity Redmen and Martlet strength and conditioning room is available for all intercollegiate student-athletes. Each athlete may access the room with a training partner in the "free time" allocation on the facility schedule. Individual teams may also book this facility for a team training session. There are a number of rules and regulations, which are posted in the room that must be followed for your safety and the safety of other athletes. Only Level I and II intercollegiate teams will have access to this room.

For summer training purposes, a student-athlete in good standing with Athletics & Recreation is entitled to a summer membership to the McGill Sports Complex. In order to obtain this pass, your sport team must file an up to date training program with the Head of Strength and Conditioning or with your individual strength coach. Once approved, a team list will be supplied to Client Services (G-20) where the student-athletes University ID card will be updated for access.

Please contact the Intercollegiate Office for more information on how you can access this service or visit the Varsity Sports Webpage and click under **Strength and Conditioning** for more information.

## Program Feedback Forms

At the conclusion of your season student-athletes are required to complete a confidential evaluation that examines various individual and team issues relating to the sport program. The survey covers coaching, equipment, facilities and overall general impressions of the student athlete's experience.

## McGill Student Services

For additional Information on services for students at McGill University go to the Student Services page of the McGill University website at [www.mcgill.ca/student-services/](http://www.mcgill.ca/student-services/). There you will find information on:

- Career and Placement Service (CAPS)
- Chaplaincy Services
- Counselling Service
- First-Year Office
- International Student Services
- Macdonald Campus Student Services
- Mental Health Service
- Scholarships and Student Aid Office
- Student Health Service
- Tutorial Service
- First Peoples' House

- Office for Students with Disabilities
- Off Campus Housing

## McGill Intercollegiate Varsity Council

The objective of the varsity council is to provide opportunities for McGill's intercollegiate teams to express their needs, suggestions and opinions relevant to McGill's intercollegiate program. The members of this forum will provide a communication link between all intercollegiate teams and be the principal organizers of the annual McGill Athletics Sports Gala.

Each team selects a representative from their active team roster on an annual basis. Consult with your coach or team executive to find out more information on how to get involved in this program.

The Intercollegiate Office assigns a staff advisor to the Council.

The goals and commitments of the Varsity Council are to help student-athletes:

- Achieve elite-level athletic performance.
- Achieve academic excellence
- Participate in community service
- Develop leadership skills

In addition, the Council hopes to:

- Address issues that concern the balance between athletics and academics;
- Promote camaraderie and enthusiasm for McGill Athletics;
- Participate in events that serve the greater community; and
- Encourage student-athletes to take responsibility for their actions on and off the field of play.

### Council Make-Up

President

Vice President Red and White

Vice President Community Outreach

Vice President Athlete Development

Team Representatives (28) (excludes the woodsmen)

## McGill Varsity Programs 2011-12

Martlet & Redmen Badminton

Redmen Baseball

Martlet & Redmen Basketball

Martlet & Redmen Cross Country

Martlet Field Hockey

Redmen Football

Martlet & Redmen Golf

Martlet & Redmen Ice Hockey

Redmen Lacrosse

Martlet & Redmen Rowing

Martlet & Redmen Rugby

Martlet & Redmen Alpine Ski

Martlet & Redmen Soccer  
Martlet & Redmen Swimming  
Martlet Synchronized Swimming  
Martlet & Redmen Track & Field  
Woodsmen  
Martlet Volleyball