

McGill Family Medicine Summit

For Medical Students

Training
Tomorrow's
Leaders

Academic and
research paths in
family medicine

14 Nov 09
Le Centre Sheraton
Montreal Hotel



McGill



Program

A message from the Quebec Minister of Health and Social Services



The practice of family medicine is one of the most rewarding of all professions. Although it is undergoing profound changes, family medicine remains rooted in satisfying human relations between patients and practitioners and in productive inter-professional collaborations.

International studies on the issue all come to the same conclusion: Strong primary care services, especially family medicine, are the cornerstone of the most highly performing health care systems, the most likely to produce healthy populations and the most efficient from an economic standpoint. The Government of Quebec is fully aware of these realities and is renewing its commitment to reinforce the profession, particularly in terms of training, research and university instruction.

To meet the growing needs of the population, we must foster research in primary care, as it has a very tangible impact on the future of the health care system. To do so, training the next generation of family medicine researchers and instructors is an absolute necessity.

I would like to take this opportunity to thank McGill University for organizing this Family Medicine Summit. The event promises to be an occasion for medical students throughout Quebec to learn more about the remarkable and rewarding careers that are available to them. The population of Quebec awaits you!

Enjoy the Summit!

Dr. Yves Bolduc



A message from the Principal and Vice-Chancellor



On behalf of McGill University, I would like to welcome you warmly to the first-ever McGill Family Medicine Summit dedicated to bringing to light the rewards of academic and research careers in this most vital area of health care.

We are especially proud of today's roster of distinguished presenters – from Université Laval, Université de Montréal, Université de Sherbrooke and McGill, as well as from St. George's Hospital Medical School in the United Kingdom – who have graciously agreed to share their passion for family medicine with you today. We are equally honoured to host the students from all of Quebec's four faculties of medicine at this historic event.

Our hope is that the McGill Summit, in concert with the tremendous initiatives being conducted by our sister faculties and the Quebec government, will help to advance family health care research and treatment in the province and raise the profile of this important field. Our challenge is not only to meet the primary care needs of today, but also to inspire the leaders of tomorrow to care for future generations.

I encourage you all to take full advantage of this exciting day in the history of family medicine in Quebec.

Heather Munroe-Blum,
O.C., O.Q., Ph.D.



A message from the Vice-Principal (Health Affairs) and Dean of the Faculty of Medicine



Of the myriad specialties that define health care in our province, family medicine is a critical one, not only in its practice but also in the enriching research and academic paths open to all of you here today. It is my great pleasure to host the McGill Family Medicine Summit: Training Tomorrow's Leaders, to explore the opportunities with you and engage in a full dialogue with our esteemed colleagues from Quebec, North America and overseas.

As students of medicine for our lifetimes, we recognize that the professions of health care, education and research must continually evolve – and at times fundamentally change – to meet the needs of society. This is equally true of family medicine on an international scale. The McGill Summit represents an additional milestone in the aspirations of this province and its four faculties of medicine to champion a field so critical to the future well-being of not only the Quebec population, but literally the entire world. Your participation is a vital contribution to these collaborative endeavours.

Exceptional researchers and academics from primary health care join us today to share their interests. I sincerely hope the day's discussions will provide lasting impressions on your road to becoming the leaders of tomorrow. I also encourage you to fully engage in this evening's Conversations with Researchers, as well as the NAPCRG activities tomorrow to learn about the global initiatives represented by this leading organization.

The McGill Summit promises a wealth of knowledge, and I wish all of you here today – from Université de Montréal, Université de Sherbrooke, Université Laval and our own Faculty of Medicine – a truly wonderful exchange.

Welcome to the McGill Summit!

Richard I. Levin, M.D.



Highlights

McGill Family Medicine Summit: Training Tomorrow's Leaders

Including:

- Opening remarks by Dr. Yves Bolduc, Quebec Minister of Health and Social Services
- Presentations by invited speakers and panel discussion
- Access to the North American Primary Care Research Group (NAPCRG) networking cocktail
- Round-table dinner: Conversations with Researchers

PLUS:

- Complimentary entry to the full day of NAPCRG conference activities on Sunday November 15! (See page 9 for details.)

About the McGill Summit

Building on the tremendous initiatives of the province's medical faculties and government, the McGill Family Medicine Summit: Training Tomorrow's Leaders is continuing the collective mission to provide exceptional health care to society at large. Never before has a summit been held in Quebec dedicated to bringing together medical students from across the province to showcase the critical and valuable careers of research and academics in family medicine.

The day begins with Quebec Minister of Health and Social Services Dr. Yves Bolduc welcoming students to an afternoon filled with learning and discovery. Five prominent speakers will share their passion for research and academics in the field of family medicine through a series of presentations and panel discussions.

Training and developing the next generation of family physicians, researchers and teachers is a vitally important part of our commitment to meet the health needs of current and future populations.

The McGill Summit is being held in conjunction with the annual meeting of the North American Primary Care Research Group (NAPCRG).

Welcome to the McGill Family Medicine Summit!

Language

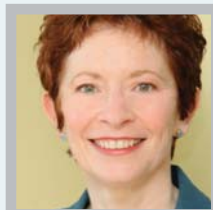
The Summit is a bilingual event; invited speakers will present in their language of choice.

Agenda for the Day: McGill Family Medicine Summit

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|------------|---|-----------|--|
| 12:00 p.m. | Participant Arrival and Registration | 3:40 p.m. | Dr. Simon de Lusignan
Head of General Practice
St. George's Hospital Medical School, U.K. |
| 1:00 p.m. | Introduction and Welcome
Dr. Richard I. Levin
Vice-Principal (Health Affairs)
Dean of the Faculty of Medicine
McGill University | 4:10 p.m. | Panel Discussion |
| | Opening Remarks
Dr. Yves Bolduc
Quebec Minister of Health and Social Services | 4:40 p.m. | Closing Remarks
Dr. Martin Dawes
Chair, Department of Family Medicine
McGill University |
| 1:20 p.m. | Dr. France Légaré
Holder of a Tier 2 Canada Research Chair in Implementation of Shared Decision Making in Primary Care
Université Laval | 5:00 p.m. | NAPCRG Networking Cocktail
(See page 9 for details.) |
| 1:50 p.m. | Dr. Martin Dawes
Chair, Department of Family Medicine
McGill University | 6:30 p.m. | Round-table Dinner:
Conversations with Researchers |
| 2:20 p.m. | Dr. Marie-Dominique Beaulieu
Holder of the Doctor Sadok Besrouer Chair in Family Medicine
Université de Montréal | | |
| 2:50 p.m. | Break | | |
| 3:10 p.m. | Dr. Martin Fortin
Holder of the CIHR Applied Research Chair on Health Services and Politics of Chronic Illnesses in Primary Care
Université de Sherbrooke | | |

Please note that each presentation is immediately followed by a question and answer period.

McGill Summit Speakers



Dr. Marie-Dominique Beaulieu,
Université de Montréal

Marie-Dominique Beaulieu has devoted a large part of her career to the improvement of clinical practice in family medicine, particularly in the field of preventive care. As a result, she has been involved in the development of various clinical practice guidelines and policies in primary care. Dr. Beaulieu is Professor at the Department of Family Medicine and the Doctor Sadok Besrouer Chair holder in Family Medicine at Université de Montréal. She practices at the Family Medicine Group of Hôpital Notre-Dame of the Centre hospitalier de l'Université de Montréal (CHUM).



Dr. Martin Dawes,
McGill University

Martin Dawes' research interests have led him to develop a multi-disciplinary master's program in Evidence-Based Health Care that is currently run at the University of Oxford, where in 2000 he

became Director of the Centre for Evidence-Based Medicine. His clinical research includes pharmacogenomics as it relates to prescribing in primary care, hypertension and, in particular, automated blood pressure monitoring. He also undertakes research into knowledge translation, specifically, information retrieval. Dr. Dawes has been a family physician since 1983, completing his PhD on weight gain in pregnancy in 1992. He is Chair of the Department of Family Medicine at McGill University.



Dr. Martin Fortin,
Université de Sherbrooke

Martin Fortin's work in primary care research has led him to study multiple chronic diseases and the relationship between multimorbidity and physical activity, among others. His collabora-

tions and findings have resulted in a number of publications, most recently on diabetes, metabolic syndrome and obesity. Dr. Fortin holds the CIHR's Applied Research Chair on Health Services and Politics of Chronic Illnesses in Primary Care. He is also Director of Research in the Family Medicine Department of Université de Sherbrooke.



Dr. France Légaré,
Université Laval

Research has taken France Légaré into a variety of areas: knowledge translation, community health and biostatistics, to name a few. Currently, she holds a Tier 2 Canada Research Chair in Implementation of Shared Decision Making in Primary Care. Her experience has led her to start the research program "Primary Care Providers: From knowledge brokers to decision brokers." A family physician in Quebec since 1990, Dr. Légaré is an Associate Professor with the Department of Family Medicine at Université Laval.



Dr. Simon de Lusignan,
St. George's Hospital Medical School

Simon de Lusignan has been a family physician in his Guildford, Surrey, UK practice for the last 22 years and is active in the local health community. He has also developed a career in academic general practice. His research interests lie in how technology and routinely collected data can be used as tools for quality improvement, both within and outside clinical consultation. Consequently, he has contributed to the development of national quality targets for the identification and management of people with chronic kidney disease from routinely collected computer data. Dr. de Lusignan is currently Head of General Practice at St. George's Hospital Medical School in London, U.K.

Round-table Dinner: Conversations with Researchers

As part of the McGill Family Medicine Summit, a select group of primary-care researchers have been invited to join in round-table discussions with students during the evening's McGill-sponsored dinner.

Good food and good conversation are part of the night's agenda! A live band will set the mood as we cap off this unique and stimulating day.

Invited Researchers:

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Preliminary Schedule: NAPCRG Conference Sunday, November 15

7:00 a.m.	Continental Breakfast / Roundtable Meetings Resident Panel: Finding a Family Medicine Fellowship Fellows Panel: Finding a Job in Family Medicine Research <i>Resident and Fellow Panels have breakfast at 6:45 a.m. and panel presentation from 7:00 - 7:45 a.m.</i>	4:15 – 5:45 p.m.	Workshops and Papers
		6:00 p.m.	Members Forum
		6:30 – 9:30 p.m.	Specialty Interest Group Meetings
		6:30 p.m.	Dine-out groups: Taking place at different Montreal restaurants, with one specific research topic per restaurant, to be discussed over dinner. Limited space, sign-up required. Sign-up sheets will be posted near the NAPCRG conference registration desk. Participants are responsible for their own meal costs. This is a great opportunity to connect with researchers!
		<i>Please consult the NAPCRG program for final event details.</i>	
8:00 a.m.	Plenary Session: “The Research Revolution in Family Medicine” Richard Wender, M.D. Thomas Jefferson University		
9:30 – 10:40 a.m.	Poster Session I		
10:45 – 11:45 a.m.	Distinguished Paper Presentations		
12:00 p.m.	Business Meeting Luncheon		
1:30 – 2:30 p.m.	ASK THE EXPERTS “Secrets of My Research Success” Valerie Gilchrist, M.D.; Larry Green, M.D.; Jane Gunn, Ph.D., FRACGP, MBBS; Michael Klein, M.D., CCFP		
2:30 – 4:00 p.m.	Breakout Sessions		
4:00 p.m.	Refreshment Break		
4:15 – 5:15 p.m.	“Reverse Mentoring Session: Web 2.0 and Social Media”		

The North American Primary Care Research Group is a multidisciplinary organization with members from around the globe working together to foster primary care research through various outstanding initiatives. NAPCRG annual meetings provide new and thought-provoking exchanges, as well as vital networking opportunities. **The McGill Family Medicine Summit offers an exclusive chance to be a part of this exciting experience!**

For more information on NAPCRG and its annual meeting, please visit: www.napcr.org.

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www.mcgill.ca/familymed

McGill Family Medicine Summit Organizing Committee

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Student Representative, Co-Leader
Family Medicine Student Interest Group, McGill University



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