

**International Opportunities in Public Health**  
**2nd announcement of 2\***

PERU: Nutrition, Health Promotion, Monitoring & Evaluation and/or Water & Sanitation In the High Andes, it is hard to grow crops, so the people eat guinea pig.

This organization has been ingenious in creating green houses to grow vegetables to increase the nutrition for the people.

They would like Nutritionists to augment their Nutrition program; and to Monitor & Evaluate the program.

They would also like Public Health students or professionals who can do health promotion/ prevention in rural villages, as well as Public Health people that can teach water & sanitation including how to purify water.

Spanish is essential; and if you can speak Quechua, a real plus.

This site is a great location for exploring Machu Picchu/ the Sacred Valley, Cuzco, Lake Titicaca and the Amazon.

EPIDEMIOLOGY & PROGRAM DEVELOPMENT - COMMUNICABLE DISEASE: Cameroon If you are interested in global health, this opportunity provides valuable experience.

85% of malaria deaths in Africa occur in children under five years of age. Every 30 seconds a child dies from malaria.

Work with Cameroonian director, a MPH, to assess and limit the spread of communicable diseases- malaria, TB, onchocerciasis (river blindness), schistosomiasis (bilharzia) and childhood diarrhea - by training the local population in prevention.

POPULATION & REPRODUCTIVE HEALTH/ FAMILY PLANNING: Ghana & Cameroon Due to the lack of family planning, more than half of the world's growth is expected to come from Africa by 2100.

One of our sites in Ghana and also in Cameroon have asked for help with family planning, contraception, sexual and reproductive health, including STD's and breast & cervical cancer.

The people of the community realize that they would not be so poor if they did not have 10 mouths to feed and 8 children's school fees to pay.

NUTRITION: Cameroon - different org

In the rural villages, people only have the food in their fields to feed themselves.

When their harvested food is all used up, they eat "bush meat."

Cameroon's most revered food is fermented cassava root, which is not very nutritious.

Come teach villagers what crops they could plant that would be higher in nutrition, e.g. moringa.

They grow peanuts. Teach them how to complement to make a complete protein.

Cameroon is a tropical country where tropical fruits grow without much coaxing, but the villagers do not take advantage of the fruits. Teach them the benefits.

NUTRITION: Ecuador

Work with the indigenous Andean communities to organize a demonstration garden .

and to identify the nutritional needs of its community members.

Experience with nutrition, agriculture and project management needed. Spanish fluency is a must.

**MATERNAL & CHILD HEALTH:** Cameroon clinic Maternity clinic would like public health students to help with ante natal and post natal care.

They would like to know why more high risk moms (e.g. with AIDS) do not come for ante natal care.

**NUTRITION:** Jordan - Syrian, Iraqi & Palestinian Refugees Busy clinic that serves Syrian, Iraqi & Palestinian refugees welcomes a nutritionist.

The Nutritionist must speak fluent Arabic so that they can do awareness sessions about diet and Nutrition, e.g. about diabetes and hypertension, and provide one-to-one consultations with refugees in Arabic.

You work side-by-side with Jordanian staff to assist their work.

**WATER & SANITATION:** Northern Uganda - challenging

1 million Sudanese have flooded into northern Uganda, the 2nd biggest refugee crisis in the world.

This Ugandan organization would like help teach good sanitation & hygiene and how to purify water.

This is more challenging because it is more remote & fledgling organization.

**ALCOHOL & DRUG ABUSE - ASSESSMENT & PROGRAM DESIGN:** Uganda This same organization in northern Uganda would like help assessing their community's alcohol/ drug problem and designing prevention and intervention programs that are sustainable on a very low or no budget.

Students, graduates and professionals in Public Health are all needed.

Both Bachelor's and Master's level accepted unless otherwise noted above.

Interested?

**HOW TO APPLY**

Please read NGOabroad website

<http://www.ngoabroad.com/>

and send BRIEFLY answered Questionnaire and resume to:

[info@NGOabroad.com](mailto:info@NGOabroad.com)

These are volunteer opportunities.

Applications are accepted on a rolling basis.

You can usually determine start date and duration of service.

**WHEN TO APPLY**

Immediately! It is smart to send your Questionnaire & resume before mid-February so you can finish application process by March so you have time to prepare to go to another country.

Our volunteer programs do not just run in June, July & August - that is simply when the most people can go.

Except primary & secondary schools that have school schedules to adhere to, most of our programs run year round.