KEEPING OUR DAYCARE COMMUNITY HEALTHY

WHAT TO DO WHEN YOUR CHILD IS SICK

Let an educator or the director know so the daycare can keep track of infections.

If a child has fever or vomiting, he/she must stay home until 24 hours have passed, symptom-free.

If a child has diarrhea, he/she must stay home until he/she has normal stool or no diarrhea for 24 hours.

A child should be kept home if he/she is unable to participate in activities.

During the day, parents will be called to collect their child if there is fever, vomiting or diarrhea, or if he/she is unable to participate in activities.

For policies on when a child can return to daycare after other illnesses (e.g. pink eye, chickenpox, roseola, impetigo, strep throat), see the Health Protocol on the website.

HOW TO PREVENT ALLERGIC REACTIONS

Do not bring to the centre any products that contain nuts.

If outside food is brought in for a child’s birthday celebration, an ingredient list must be posted outside the child’s classroom 24 hours in advance.

HOW TO DECREASE THE SPREAD OF INFECTION

Keep a sick child at home.

Wash hands thoroughly and often.

Cough and sneeze in the bend of your arm – and teach your child to do so too.

REMEMBER: Information about symptoms and treatment of various illnesses and the centre’s policies can be found in the Health Protocol on the CPE McGill website: www.mcgill.ca/daycare/

WE APPRECIATE YOUR COOPERATION! If sick children stay at home, everybody’s children and the educators will be healthier. This means fewer illnesses for parents too.