Updates

- The first McGill Summer Institute in School Psychology on June 16 and 17 was a big success. We had 175 attendees, impressed the dean and department chair, and set the tone for our Summer Institute being an annual event that will be a signature component of our program. Our own Marie Michelle Boulanger deserves much of the credit as the conference chair. This was a wonderful student team and we will soon be putting together the team for next year’s event.
- The letter of intent to the journal, *Health Psychology Reports*, was submitted and accepted. We will now be contributing an article on the open-source model and its effectiveness for improving medical regimen adherence for adolescents with diabetes. Lana Bergmame is the first author on this paper.
- Congratulations to Micah Tilley for successfully completing her Master’s thesis.
- Anthony Claro is scheduled to have his doctoral thesis defense on Monday, August 1st 2016 (Pre-Defence at 11:00 AM, Defense starting at 11:15 AM). I encourage folks to attend—to support your colleague and see exactly what a thesis defence looks like.
- Shout out to Maxime and Joseph. Before they have even started in the lab, they have made contributions. Maxime has met with CSPI to keep that project going and expand upon it. Joseph has explored several new opportunities for data collection sources based on his contacts and experience.

New Stuff

- The last two years of been extremely challenging for the lab. I have been absent a lot due to work towards CPA accreditation for the program and taking care of family issues. We now have successfully achieved CPA accreditation. Joyce’s long treatment regimen is nearing an end and she is doing well. The
lab has only had a bit of success due to the extremely hard work of students. I am ready to get back to work and be quite a bit more directive with leadership.

Here is our agenda and what we are working for: the goal of our work is to validate and publicize the open source and crowd sourced model of innovation and implementation for clinical interventions. The logic is that an open source and crowd sourced model results in far more rapid improvement than a traditional model. In addition, our open source model also has the advantage of improving theory development, addressing the reproducibility problem in psychology, enhancing evidence-based practice, and reconsidering how all clinical research is to be conducted. Therefore, our goal is no less than restructuring the way all clinical research is conducted. If this goes well, then we will all feel way in over our heads all of the time—and isn’t that cool?

A good model for the way I would like our idea to develop is to look at how self-determination theory grew and developed. Let’s do the same thing.

- All Masters projects and parts of some multi-manuscript PhD projects will involve developing and validating new material and constructs.
- All PhD projects will involve theory improvement and novel application of the open-source model.

For the next five years our lab has eight major attainable goals:

- Have 15 developed and validated sets of lesson plans
- Establish the theoretical groundwork in the scientific community for the open-source analogy model of implementation by publishing at least five theory-based papers
- Expand research partners to over 300 units (e.g., classrooms, counselling groups, coaching hospital units) and develop an open source community
- Serve as leaders, speakers, and consultants to policymakers, clinicians, school boards, and large units (e.g., ministries of education). This means a minimum of five professional development leadership, large-scale workshops, and consultation arrangements per year.
- Create mechanisms for funding that include research contracts with organizations, private fundraising, foundation awards, and research grants. An annual budget of $100,000 is the goal by year five.
- Inter-university collaboration where we collaborate with other researchers to expand the use of our model. We would like to share our research and have at least two other professors outside of McGill University doing research on the open-source analogy model.
- A book contract described in the open source analogy model in detail.
- Develop formal training and professional development models for business, medical training, teacher training, and psychologist training.